

# ENDEAVOR SHEDDER

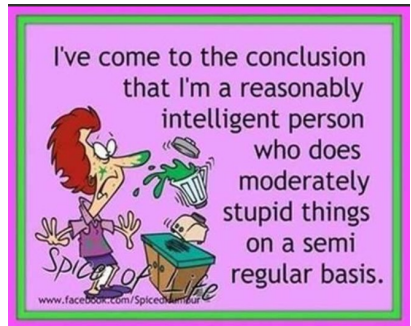
OFFICIAL NEWSLETTER OF THE ENDEAVOR

## Index

- [Coolart Gardens Report](#)
- [Mothers Day](#)
- [Easter Workshop](#)
- [Modelers Corner](#)
- [Score Airshow](#)
- [The Lexophile](#)
- [Tools](#)
- [Walking Football](#)
- [Crosswords](#)
- [Jigsaws](#)
- [Health Report](#)
- [Music of our Lives](#)
- [VicPol Historical](#)
- [RACV](#)
- [EHMS Wanders](#)



*To all members' wives and partners who are mothers and/or grandmothers*



Endeavour Hills Men's Shed Sydney Pargeter Reserve Open Mon to Sat 10am -3pm

[Endeavour Hills Men's Shed Website](#)



# CALENDAR

## May 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 AGC	5 TBA	6 PG	7 NB&WF	8	9
10	11 AGC	12 Roger	13 CM	14 NB&WF	15	16
17	18 AGC	19 CFA	20	21 Terry Dowell Museum Visit	22	23
24	25 AGC	26 Len	27 PG	28 NB&WF	29 BFB	30
31						

Mother's Day

Catered Lunch  
Cost \$10.00

- AGC
- NB
- M
- PG
- CM
- BFB
- WF

- Art&Coin collecting
- Naughty Boys
- Music Group
- Photography
- Committee Meeting
- Bare Foot Bowling
- Walking Football

[EHMS Cleaning Roster](#)

### Historic Events of May

Year	Event
1707	The Act of Union takes effect, joining England and Scotland.
1851	Queen Victoria opens The Great Exhibition in London.
1805	Lewis and Clark first see the Rocky Mountains.
1954	The French Indochina War ends with the fall of Dien Bien Phu.
1945	VE Day (Victory in Europe) marks the end of WWII in Europe.
1796	Dr. Edward Jenner develops the smallpox vaccine.
1942	The Australian designed fighter plane the Boomerang makes it's first flight
1906	The Wright brothers receive a patent for their flying machine.
1961	President Kennedy announces the goal of landing a man on the Moon.
1977	<i>Star Wars: A New Hope</i> is released in theaters.



[Return](#)

# President's Perspective

## President's Perspective

*Or, Stop Laughing, this is Serious!*

Recent illnesses and the general accumulation of time in office, has impacted severely our Shed's key personnel in everyday operation, through to management including meeting our legal requirements as a not for profit organisation.

Whilst we have an ever-growing general membership, the percentage of "leaders and doers" is becoming an ever decreasing percentage of that membership. Many of the "doers" have been associated with the Shed for a long period and it is easy to sit back and excuse ourselves from involvement by listing all the reasons we cannot be personally involved. All of our current doers have outside commitments and restraints but give some time for the Shed.

Our committee has endorsed a policy (not a rule of our constitution) that executive positions should be for one or two years duration. Unfortunately that policy will fall down if there are no members willing to step up, even for one year, and not for ever.

In recent times we have serious illnesses to our secretary (of 9 years service), assistant treasurers (both) of cancer and heart attack, an ageing president, hospitalised past president and highly pressurised treasurer. Have I missed anyone?

I recommend we consider the following ideas (and any others you may have) so that in the near future (August is AGM) we can meet both the lawful requirements of the Shed and the proper management and operation of a great local resource for men and families of Endeavour Hills and Casey.

1. Actively recruit new members who are recent retirees. We may need to offer changes to our programs but presently a large proportion of the attendees are "long term" retired. Newly retired members may want to continue their recent managerial experience in the workforce. How can we attract such possible newbies?
2. Outsourcing. At present I know most of the "doers" are actively supported by their partners and this is the reason that they can put in the time. In the near future we will need competent finance support, which could be done outside the Shed either by a partner or someone who can donate time, or, as a last resort, by a paid commercial provider (at cost to the shed).
3. Encourage all existing members to attend the Tuesday meeting and not just come to activities such as Music or the Workshop. By attending the Tuesday meeting you gain the opportunity to talk to fellow members, share experiences, and perhaps join some of the operation of the Shed.

**Ron**

PS Google: Stan Cross "Stop laughing, this is Serious" for some early Australian Humour.



[Return](#)

# Mothers Day



Mothers Day is a day to both celebrate our mothers or remember them. In Australia it is celebrated in May. Normally a lunch or dinner is held in the mothers honor with gifts given to her. People also use this as a time to visit cemeteries to lay flowers in memory of their mothers. Journeys are made and family get together are organized for mum.

It is also a time to remember the work and sacrifice that goes into motherhood. Birth and pregnancy are dangerous periods in a women's life, even with nations like Australia where the medical system is sophisticated and well organized.

Charities for issues like Breast and Ovarian Cancer use this time to raise funds for much needed research. Giving to these charities is an investment in women's health.

All in all, use this time to ensure that mothers in all families feel valued and loved. Remember mum if you don't have her anymore.



# THE AUSTRALIAN MODEL EXPO

# 2026

THE AUSTRALIAN OPEN  
PLASTIC & SCALE MODEL CHAMPIONSHIPS



6-8 JUNE 2026 KING'S BIRTHDAY WEEKEND

## WHAT IS MODEL EXPO 2026?

Model Expo 2026 is a showcase of everything that encompasses plastic modelling. A national open plastic model competition is conducted during the Expo and covers all categories including aircraft, military models, cars, trucks, and sci-fi. Junior and intermediate modellers are also catered for. Kit distributors and retailers will show latest releases along with model demonstrations and club displays.

- OVER 80 CATEGORIES
- 2 CLASSES – OUT-OF-BOX & OPEN
- 3 DIVISIONS – JUNIOR, INTERMEDIATE & SENIOR
- TROPHIES, CERTIFICATES & KITS TO BE WON
- CLUB DISPLAYS ■ MODEL RETAIL SHOPS

## VENUE

Sandown Entertainment Centre,  
Sandown Racecourse, Princes Highway,  
Springvale, Melbourne 3171  
Melway Map 80, Ref C10.  
Entry is from Princes Highway.



## COMPETITION ENTRIES

Friday, 5 June 4:00 pm – 9:00 pm  
Saturday, 6 June 9:00 am – 3:00 pm  
Adults – \$15.00 first model, then \$2.00 for each additional model, no cap on number of models.  
Junior/Intermediate – \$3.00 per model  
Trophy presentations – 3:00 pm Monday, 8 June

## PUBLIC VIEWING TIMES

Saturday, 6 June 9:00 am – 5:00 pm  
Sunday, 7 June 9:30 – 5:00 pm  
Monday, 8 June 9:30 am – 4:00 pm

## ADMISSION

Adults – \$20.00  
Children (under 17)/Concession – \$10.00  
Family (two adults, one or more children) – \$40.00  
Competitors/children under 5 – Free entry  
AMPLE FREE PARKING

## SWAP AND SELL

Monday, 8 June from 10:00 am – 12:00 noon  
Set up time for traders is 8:45 am – 10:00 am  
Tables may be hired at \$50.00 each. No retailers or club bookings.  
Swap & Sell Admission – \$10.00  
Bookings: (bookings close 1/6/2026)  
swapseel22@modelexpo.com.au

## INFORMATION

The Australian Model Expo  
PO Box 812, Niddrie, Victoria 3042  
Laurence Farrugia 0438 726 176 AH  
Mc Bradshaw 0402 597 906 AH  
www.modelexpo.com.au



# MODEL RAILWAY EXHIBITION 2026



**KING'S BIRTHDAY WEEKEND**  
**BRANDON PARK COMMUNITY CENTRE**  
649 Ferntree Gully Road, Glen Waverley  
(Opposite Brandon Park Shopping Centre)

**Saturday June 6th • 10 am – 5 pm**  
**Sunday June 7th • 10 am – 5 pm**  
**Monday June 8th • 10 am – 4 pm**

**Layouts, Demonstrations, Trade Stands**  
**Second-Hand Stall**  
**Children's U-Drive**



Enquiries: 0409 024 322 – [exhibitions@waverleymrc.org.au](mailto:exhibitions@waverleymrc.org.au)  
Admission: Adults \$15, Children \$6, Family \$35.  
Waverley Model Railway Club – Men's Shed



# Coolart Gardens Visit Report

By Ron Sterling



Great turnout of members and partners on Thursday to visit the historic homestead Coolart and adjacent farm set in wetlands bordering Western Port Bay. Weather threatened but the visit was not spoiled and our visit was led by two volunteers from Friends of Coolart who had extensive knowledge of the property and its historical links to prominent Victorian families who established the holding as an 1890s weekender. Arriving by train or sometimes steamers the homestead catered for weekend parties for society of the day. Following the closure of the homestead in the late 1970s it was gifted to Victoria and is now administered by Parks Victoria.



[More photos](#)

[Return](#)

# The Drive

Featuring interesting vehicles owned by EHMS members



Stan Ashley's 1967  
Daimler

Daimler



The Daimler 2.5 V8/V8-250 is a four-door saloon which was produced by The Daimler Company Limited in the United Kingdom from 1962 to 1969. It was the first Daimler car to be based on a Jaguar platform, the first with a unit body, and the last to feature a Daimler engine after Jaguar bought the company from the Birmingham Small Arms Company in 1960. The 2.5 V8 was Daimler's most popular model. The engine is the hemispherical head V8 designed by Edward Turner and first used in the Daimler SP250 sports car.

[Return](#)



## Roadside Assistance ~ Flexibility and Options



### RACV Total Care explained

RACV has recently updated its Total Care roadside assistance package to offer classic and historic vehicle owners more options.

To clarify the changes, two AOMC representatives attended a round-table briefing at RACV Noble Park, where the revised scheme was explained in detail. A copy of RACV's presentation has been provided and is now available here for members seeking further information.

As of April 2026, RACV Total Care remains a premium roadside assistance package with several key inclusions:

- Towing coverage: Up to 100 km in both metropolitan and regional areas.
- Remote breakdown support: Up to \$2,400 for accommodation, transport, or rental vehicle costs when more than 100 km from home.
- Vehicle eligibility: Covers electric, petrol, diesel vehicles, as well as caravans and trailers.
- Multi-vehicle flexibility: Ability to nominate up to five vehicles under one membership, including shared driver access and up to 15 CPS vehicles.
- Additional services: Assistance for flat batteries, tyre issues, and lockouts.

AOMC encourages members to review the updated information carefully to understand how the changes may apply to your vehicles and usage.

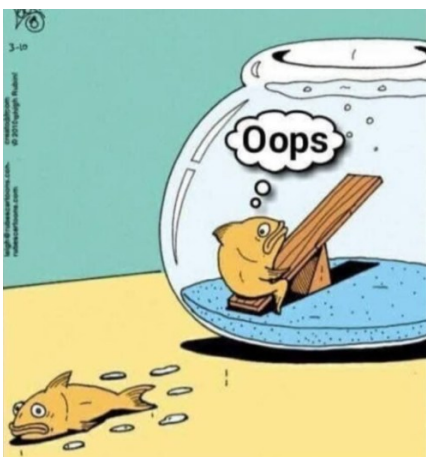
The RACV are aware some vehicles marques are not listed on the drop-down list and are working to rectify the issue. Anyone with concerns should phone the RACV Total Care team, who are very helpful.

We hope to have a RACV representative at a future AOMC delegates meeting.

Clubs can download the PowerPoint presentation for club meetings.

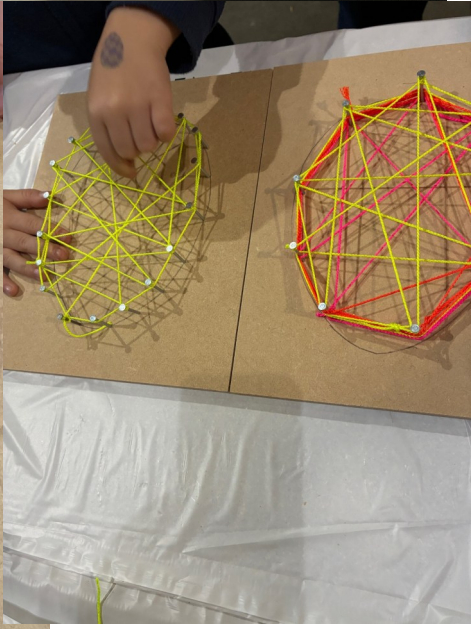
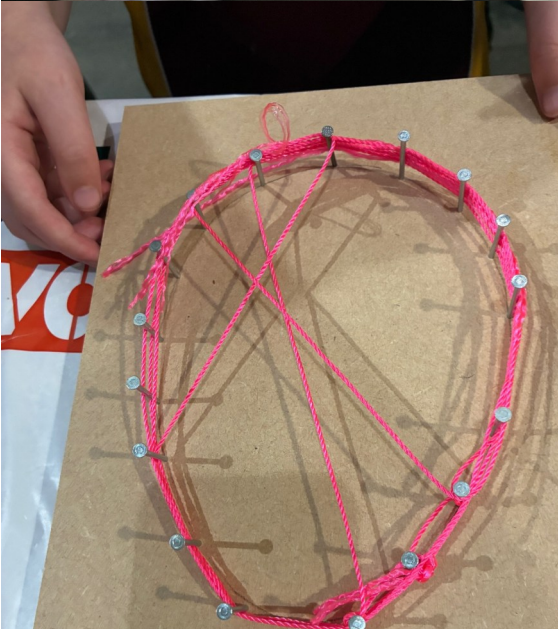
[Click Here](#) to download Presentation

Item sourced from AOMC Bulletin 15th of April 2026, supplied by Ian Cole

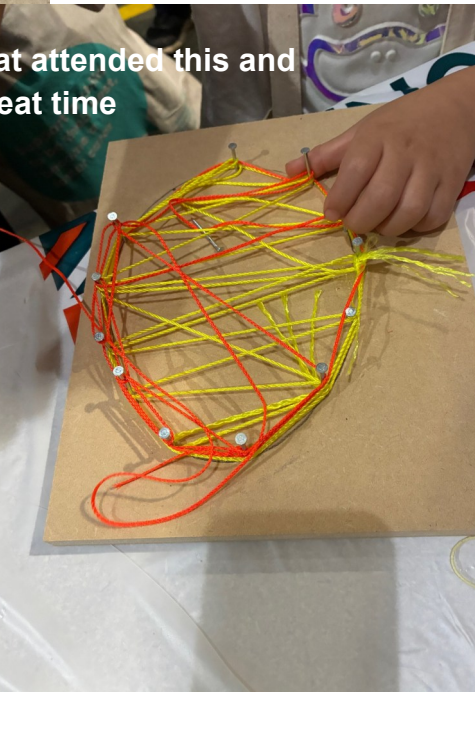
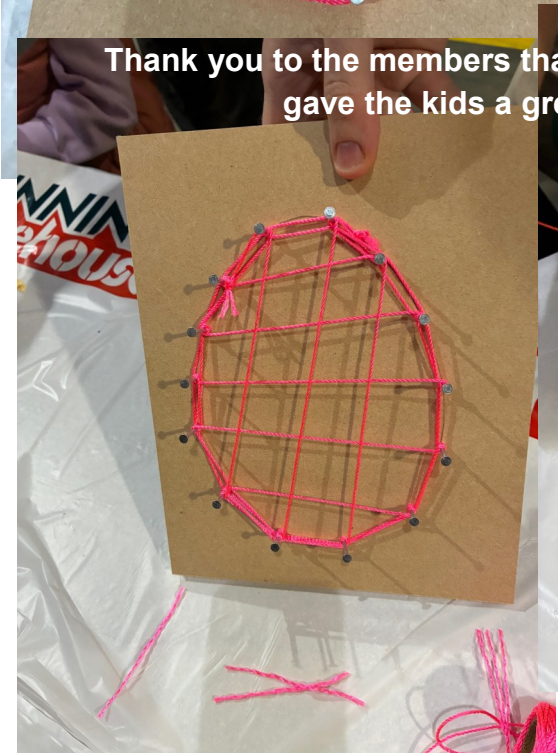


# Easter Workshop at Bunnings

Members helping youngster celebrate Easter



Thank you to the members that attended this and gave the kids a great time



# Modelers Corner



Ross Balderson's  
Newcastle 1899  
Model Rail Layout



This model rail layout is in N scale and is displayed at the Newcastle Museum/ Highly detailed and expansive it takes an hour or so to really appreciate the detail and workmate-ship in this layout



[Return](#)

# War Birds over Scone Airshow

## Report



I travelled to the Central NSW town of Scone. Scone is normally known for horse breeding, but on the weekend of the 28th and 29th of March, it became the aviation capital of Australia with the War Birds over Scone Airshow. The show boasted the largest collection of War Birds in the Nation's history. A large variety from all over Australia. Local residents formed the volunteer army. The event was very well organized and staged with almost all believing the long trip was well worth it. More photographs on this [link](#).

[Return](#)




This is a good one to start your day.

"**Lexophile**" is a word used to describe those that have a love for words, such as "you can tune a piano, but you can't tuna fish", or "to write with a broken pencil is pointless."

A competition to see who can come up with the best lexophiles is held every year and here are this year's winning submissions:

- ... When fish are in schools, they sometimes take debate.
  - ... A thief who stole a calendar got twelve months.
  - ... When the smog lifts in Los Angeles U.C.L.A.
  - ... The batteries were given out free of charge.
  - ... A dentist and a manicurist married. They fought tooth and nail.
  - ... A will is a dead giveaway.
  - ... With her marriage, she got a new name and a dress.
  - ... A boiled egg is hard to beat.
  - ... When you've seen one shopping centre you've seen a mall.
  - ... Police were summoned to a day care centre where a three-year-old was resisting a rest.
  - ... Did you hear about the fellow whose entire left side was cut off? He's all right now.
  - ... A bicycle can't stand alone; it's just two tired.
  - ... When a clock is hungry it goes back four seconds.
  - ... The guy who fell onto an upholstery machine is now fully recovered.
  - ... He had a photographic memory which was never developed.
  - ... When she saw her first strands of grey hair she thought she'd dye.
  - ... Acupuncture is a jab well done. That's the point of it.
- And finally:
- ... Those who get too big for their britches will be totally exposed in the end.

*Supplied by Ian Cole*

 <b>Lexophile Techniques</b>		
Technique	Short Definition	Simple Example
● <b>Polyseme</b>	One word with multiple related meanings used in different contexts	<b>The chicken</b> was afraid to eat.
● <b>Multi-Polyseme</b>	Several polysemes layered together in one construction	<b>He lost interest in being a banker so checked-out.</b>
● <b>Homophone</b>	Different words that sound the same but have different meanings	pair / pear / pare
● <b>Oronym / Segmentation</b>	A phrase or word re-parsed into another by sound grouping	<b>ice cream vs I scream</b>
● <b>Idiom</b> (Literalized or Flipped)	A fixed phrase whose figurative meaning is played against a literal	<b>kick the bucket</b> (die vs actually kicking a bucket)
● <b>Capitonym</b>	Meaning changes based on capitalization	<b>Polish</b> (from Poland) vs <b>polish</b> (shine)
● <b>Portmanteau</b>	Two words blended into one new word	<b>smog</b> (smoke + fog)
● <b>Rhyme / Phonetic Patterning</b>	Wordplay based on repeated sound structures	<b>cat in a hat, funny money</b>

# Music of our lives



Submitted by Brian Asworth:

“The Entertainer (music from The Sting) We went to the film as a first date 52 years ago.”

Thank you Brian.

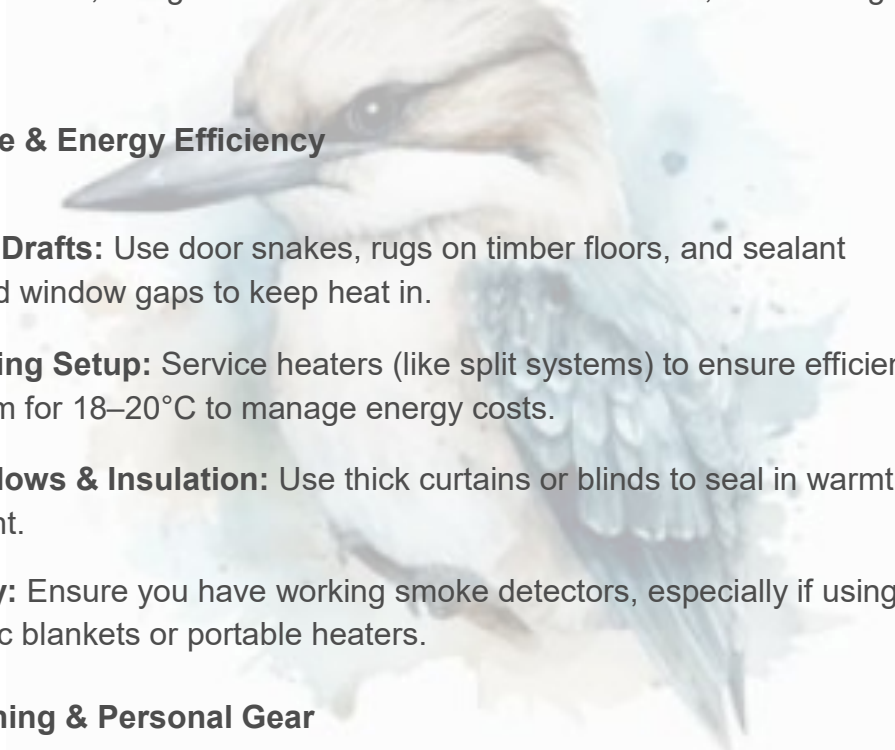


[Return](#)

# Preparing for Winter

## Preparing for Winter

Preparing for an Australian winter (June–August) involves sealing home drafts, layering clothing with wool or fleece, and ensuring heating systems are serviced. Key steps include checking for gaps in windows/doors, using electric blankets or hot water bottles, maintaining



### Home & Energy Efficiency

- Seal Drafts:** Use door snakes, rugs on timber floors, and sealant around window gaps to keep heat in.
  - Heating Setup:** Service heaters (like split systems) to ensure efficiency. Aim for 18–20°C to manage energy costs.
  - Windows & Insulation:** Use thick curtains or blinds to seal in warmth at night.
- Safety:** Ensure you have working smoke detectors, especially if using electric blankets or portable heaters.

### Clothing & Personal Gear

- Layering:** Focus on a thermal base layer, a warm mid-layer (fleece or wool), and a wind/waterproof outer layer.
  - Accessories:** Don't forget beanies, scarves, gloves, and thick socks.
  - Footwear:** Invest in waterproof, insulated boots.
- Budget Shopping:** Look for items at thrift shops (Salvos) or retailers like Kmart or Target.

### Health & Wellness

- Vaccines:** Get the flu shot, which is free for eligible people (kids, pregnant, 65+, indigenous) under the National Immunisation Program.
  - Hygiene:** Prioritize hand hygiene to prevent winter cold/flu.
  - Dry Skin Care:** Use moisturizers to manage dry skin caused by cold air and heating.
- Stay Active:** Keep moving to stay warm, and ensure social connection to maintain mental wellness during shorter, darker days.

### Regional Tips

- Outback/Deserts:** Be prepared for very cold nights despite warm

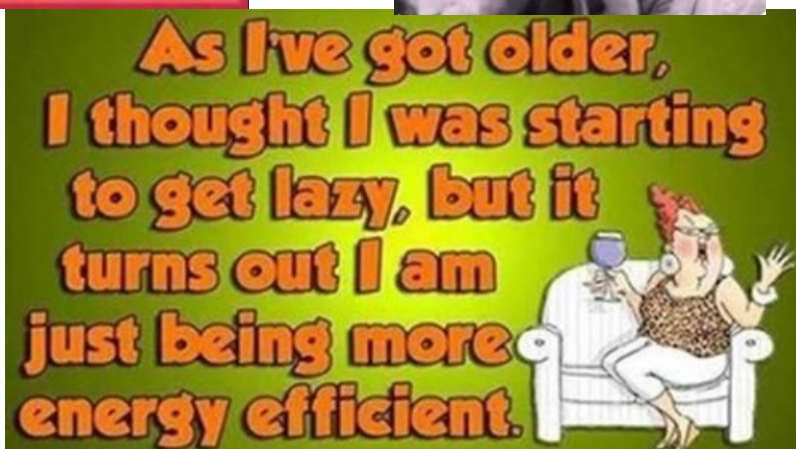
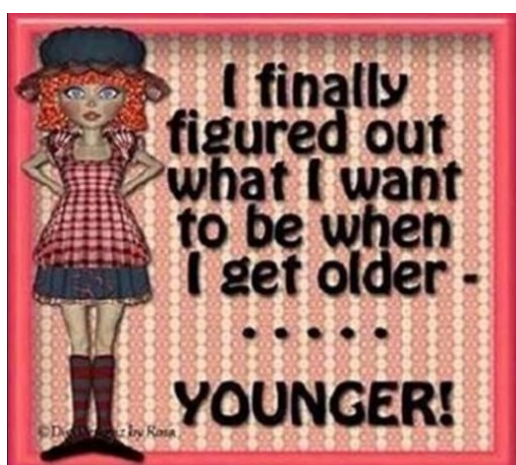
# If my body were a car

*A poem supplied by Ian Cole*

If my body were a car, this is the time I would be thinking about trading it in for a newer model. I've got bumps and dents and scratches in my finish and my paint job is getting a little dull. But that's not the worst of it.

My headlights are out of focus...and it's especially hard to see things up close. My traction is not as graceful as it once was. I slip and slide and skid and bump into things even in the best of weather. My whitewalls are stained with varicose veins.

It takes me hours to reach my maximum speed. My fuel rate burns inefficiently. But here's the worst of it. Almost every time I sneeze, cough or sputter, either my radiator leaks or my exhaust backfires!



# Tools



What is a circular saw video

## Safe use of a Circular Saw

### Essential Safety Equipment (PPE)

- Eye Protection:** Always wear safety goggles or a face shield.
- Hearing Protection:** Use earplugs or earmuffs during extended operation.
- Dust Protection:** Wear a respirator or dust mask, especially when cutting materials that produce fine particles.

**Appropriate Clothing:** Avoid loose clothing, jewelry, or hanging hair that could become entangled in the blade.

### Pre-Operation Checklist

- Check the Guard:** Ensure the lower retracting blade guard moves freely and snaps back instantly to cover the teeth.
  - Inspect the Blade:** Use only sharp, undamaged blades appropriate for the material. Check for missing or cracked teeth.
  - Set Depth:** Adjust the blade depth so no more than **1/8 to 1/4 inch (3–6mm)** of the tooth extends past the bottom of the material.
- Clear Hazards:** Remove all nails and screws from the material before cutting. Keep the power cord away from the cutting path. **Use Two Hands:** Maintain full control by keeping both hands on the saw handles.

## Safe Operation Techniques

**Secure the Work:** Always clamp the material to a stable surface like a Workbench or sawhorse. Never hold the piece in your hand or across your lap.

•**Power Up First:** Let the saw reach full speed before the blade touches the material.

**Follow Through:** Finish the cut completely and release the trigger. Wait for the blade to **stop rotating** before lifting it or setting the saw down.

## Critical Precautions

•**Prevent Binding:** Ensure the "offcut" (waste side) can fall away freely. Supporting both ends of a board while cutting in the middle causes it to sag and pinch the blade, leading to kickback.

•**Never Pin the Guard:** Do not tie or wedge the lower guard open; this is a common cause of serious injury.

•**Disconnect Power:** Always unplug the saw or remove the battery before changing blades or making adjustments.

## Walking Football Report

Walking Football is every Thursday at 10 until 11 at the sheds.

It has been very gentle exercise which is fine, though I was expecting us to be playing matches. We kick a ball about - dribbling, passing and finally having shots for goal. Imagining we are superstars!

We have moved from very near the sheds to the nearest cricket oval, but with winter approaching(dew and frosts) we are now moving indoors into the main area of the Men's Shed. It is very inclusive and (for me anyway) very enjoyable.



Members get involved in the action

Article reproduced from the CCCV March BOWTIE club newsletter with kind permission from **Marty Fleming** ( CCCV Committee Member ) ahead of a presentation by the Victoria Police Historical Society. Article has been supplied by **Ian Cole**.

## Victoria Police Historical Society – Clubrooms Visit

We were fortunate as a group to have a visit from members of the Victoria Police Historical Society at our March general members meeting. Ian Meates (President of the VPHS and Ex-Victoria Police Detective Inspector) presented a collage of photographs of vehicles used by Victoria Police dating from 1921 to 2001. Ian detailed in length how and when the vehicles were utilised and how additions such as the first emergency blue lights and sirens were included on the Victoria Police fleet vehicles. Interestingly, in 1923 Victoria Police was the first policing service worldwide to trial wireless radio communication in their cars. That entailed the use of morse code initially but moved to radio voice communication in 1937. Ian had various pics of Chevrolet vehicles used by Victoria Police prior to General Motors establishing GM-Holden at which time government fleet vehicles moved to locally branded purchasing. Ian was careful to minimise the mention of the 'blue oval' vehicles also used by police and he tried to quickly flick past any photos displaying same during his presentation (which was a little hard for

him as he had previously meticulously restored an older Ford with a full police fit-out some years ago but had since sold it on). We didn't hold that against him, after all he did move it on....

Two other members of the VPHS, Jordan Psathias and Tim Oakes were kind enough to bring in their historically restored Victoria Police vehicles into the clubrooms as show cars. They provided a run-down of how they came to purchase the vehicles and what work they had overseen to present the cars in such pristine condition. There are regular requests for them to attend all nature of motoring events and the odd highlight to provide their cars for use by film makers who require period police cars. Certainly brought back some wonderful memories for club members and maybe some not so great memories of traffic stops / tickets as well. At the conclusion of the presentation Ian, Jordan and Tim were each presented with a set of CCCV 50th Year coasters as a thank you.



[Return](#)

# DID I READ THAT SIGN RIGHT?

## **In an office:**

\*TOILET OUT OF ORDER..... PLEASE USE FLOOR BELOW\*

## **In a Laundromat:**

\*AUTOMATIC WASHING MACHINES: PLEASE REMOVE ALL YOUR CLOTHES WHEN THE LIGHT GOES OUT\*

## **In a London department store:**

\*BARGAIN BASEMENT UPSTAIRS\*

## **In an office:**

\*WOULD THE PERSON WHO TOOK THE STEP LADDER YESTERDAY PLEASE BRING IT BACK OR FURTHER STEPS WILL BE TAKEN\*

## **In an office:**

\*AFTER TEA BREAK STAFF SHOULD EMPTY THE TEAPOT AND STAND UPSIDE DOWN ON THE DRAINING BOARD\*

## **Outside a second hand shop:**

\*WE EXCHANGE ANYTHING - BICYCLES, WASHING MACHINES, ETC. WHY NOT BRING YOUR WIFE ALONG AND GET A WONDERFUL BARGAIN?\*

## **Notice in health food shop window:**

\*CLOSED DUE TO ILLNESS\*



*Thank you to Ian Cole for supplying these items*

# EHMS Rustless Wanders Report

**On Thursday 21st May we are off to Trydel** on the Beaconsfield / Emerald Rd in what I think is Dewhurst either way it is the old Equestrian Centre on the East Side of the Rd

If you own a classic car this is the visit to give it a run as I will be doing with the 50 Chev. ( if it starts that is )

There is a \$20 p.p. charge here which I believe goes to charity.

Thanks goes to Bob for his contact with the owner.

Lunch will be at the CARDINIA PARK HOTEL in Beaconsfield.

Times will be penciled in next month.

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**On Thursday 18th June we are off to Bunnings** , U.S.A. Foods and Fat Bobs virtually all in Cochranes Rd Moorabbin.

This is flexible and there is a plan B but still a burger bar for lunch.

Watch this space after Shed discussion because it may change

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**On Thursday 16th July we will celebrate “CHRISTMAS IN JULY”** at the old mushroom factory in Pearcedale.

Mushroom Factory is its local handle however; it is many years since mush-

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Trydel Auto Museum

# Health Report








Both Doug Rowley and Ingrid Wragg appeared to be either on the road to recovery or fully recovered. Please inform the Newsletter Editor via this link if you know of any health issues in the Shed.

Rodney James's treatment is continuing and Paul Morris is in hospital.

[Report Health Issue](#)



## How to Use a Defibrillator

- 1** Switch on the defib and follow the voice instructions 
- 2** Apply the defib pads 
- 3** Defib will analyse casualty's heart rhythm 
- 4** Defib will deliver shock if required or ask you to press the button 
- 5** When instructed, return to the casualty and continue CPR 

## STROKE SYMPTOMS

Remember, recognize and act fast



**F**

Face drooping



**A**

Arm weakness



**S**

Speech difficulties



**T**

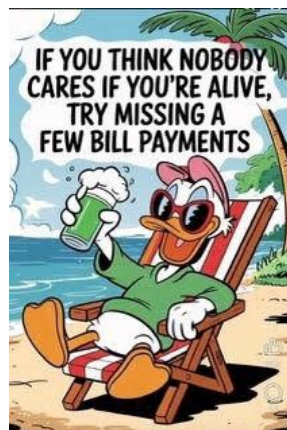
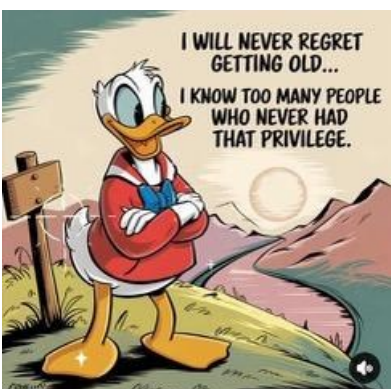
Time to call

[Return](#)

# Members on Duty



One of these members will be on duty when the Shed is open. They will assist you with inquires and explanations regarding Endeavour Hills Men's Shed.



## ***EHMS Contact Details***

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### **President**

Ronald Sterling

email: [principalservices@gmail.com](mailto:principalservices@gmail.com)

### **Vice President**

Bob Daly

email: [lock-wood@bigpond.com](mailto:lock-wood@bigpond.com)

### **Secretary**

Paul Morris

email: [secretary@ehms.org.au](mailto:secretary@ehms.org.au)

### **Treasurer**

John Thornton

email: [treasurer@ehms.org.au](mailto:treasurer@ehms.org.au)

### **Almoners:**

Doug Rowley, Stan Ashley, Howard de Silva

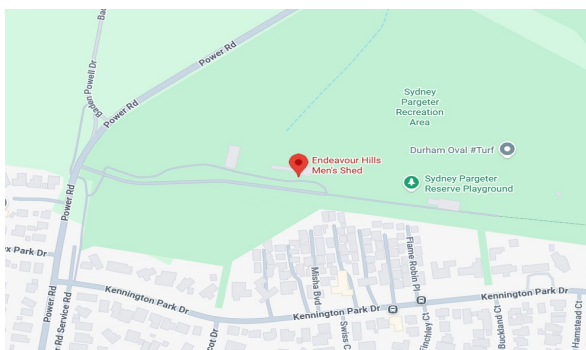
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## ***Location***

### ***Open Hours***

Every weekday 10am - 3pm

Saturday 10am - Noon



## **Or Follow us on Facebook**

[EHMS Facebook](#)



[Inquires to the Newsletter Editor](#)

All submissions to the Newsletter to be made by the 25th of the month

[Return](#)