

'Men Make It Happen'

Issue 8 # 50

## Shedding Endeavors

17th December 2024

Shed is open Mon to Sat 10.00am to 3.00pm

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#### **December Birthdays**

18<sup>th</sup> Alan Spenser 21<sup>st</sup> Pierre Monty 22<sup>nd</sup> Ole Koksvik 24<sup>th</sup> Sam Noblet 28<sup>th</sup> Louis Zaharopoulis

#### January Birthdays

7<sup>th</sup> AJ
7<sup>th</sup> Tony Rotunno
9<sup>th</sup> Wal Bristowe
16<sup>th</sup> Rod James
23<sup>rd</sup> Lachlan Dwyer
24<sup>th</sup> Derek Perry
30<sup>th</sup> Aaron Zong
31<sup>st</sup> Paul Stevenson

#### **Cleaning Roster**

Michael/Garrick

17<sup>th</sup> December Howard De Zylva/Laury Gordyn

# Shed will be closed from 17<sup>th</sup> December to 6<sup>th</sup> January.

I have 15 shedders busts to distribute next Tuesday.

General Happenings. Neil Bennett is incapacitated with a broken ankle. Laury Gordyn is busy with his construction works. No word from Simon.

The Christmas function at Bunnings was a disappointment, the boys sold around \$130.00 and not a lot of people attending.

Just a pertinent point regarding a throwaway line during the report regarding "(spot the Aussie)"!

Now I believe the shed has a non-bullying policy in place, does it have a racist policy as well?

If you looked around the members last Tuesday, you could easily say the same.

It's way past the time for these comments to be accepted in public.

The Wednesday Community BBQ at the Endeavour Hills S/C was a great success, (free food)!

Stan reported on future Bunnings BBQ's and arranging volunteers.

Ian C reported on the Ambulance Museum scheduled for next year and the upcoming shed Christmas party at Myuna Farm this coming Thursday. We're up to 93 attendees.

Dates for maintenance (I can't seem to get an answer)

The Trump syndrome?

Derek Perry was presented with the Trump excellence award.



We need to display the shed address, maybe on the Kitchen door to enable clear information when calling for an Ambulance.

Rogue of the Week. Steve



Wal and Ron popped into Myuna Farm on Friday morning to check with our hosts of any concerns. Myuna Farm offers their support for community groups to hold out of hours Christmas breakups and this includes preparing the facilities such as toilets and general cleaning. Our EHMS workers cleaned up after Thursday night's function, so Wal and Ron caught up with manager Steve.

Steve is here offering a few tweaks for our next visit! During 2024 Shedders helped restore several farm and home implements and Steve is hoping to convert a small building for the display of these items.

Thanks to our boys who have been involved in this great project and more to come next year

"Bull in a tin"

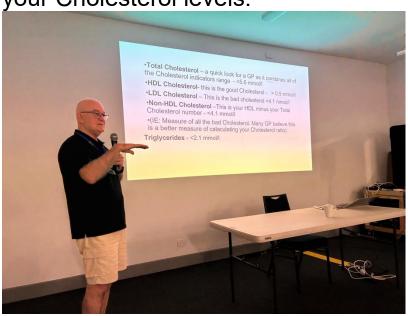
Thursday night was a great success on many fronts. Having our own band was a highlight. Really underlined the variety of activities developing in our shed. Congratulations to all involved.

Attendees commented on the quality of the meat especially, so a free and unsolicited plug for Marco's IGA in Narre North who supplied the pork and beef on time, ready to go and superbly cooked. They also provided a generous discount and loads of free gravy. Nice people. Special mention to fellow Naughty Boy Ian who planned the logistics of the event. Probably the biggest catered gathering in the sheds history and although many members helped prior and during the event, it was lan's planning that put it all together. Topped off with some very interesting awards that again require time and effort but added to the fun of the night.

Shed is about to wind down for Christmas so last chance for some Manly Companionship this Tuesday. After that it's Rellies and Such so get down on Tuesday and wish your mates a Happy Christmas and you're not-Mates a Happy New Year and New Beginnings. Cheers, Ron Sterling

David T gave an enjoyable and informative presentation on Cholesterol, the types and dangers.

Get a regular blood test and ask your GP for a test on your Cholesterol levels.

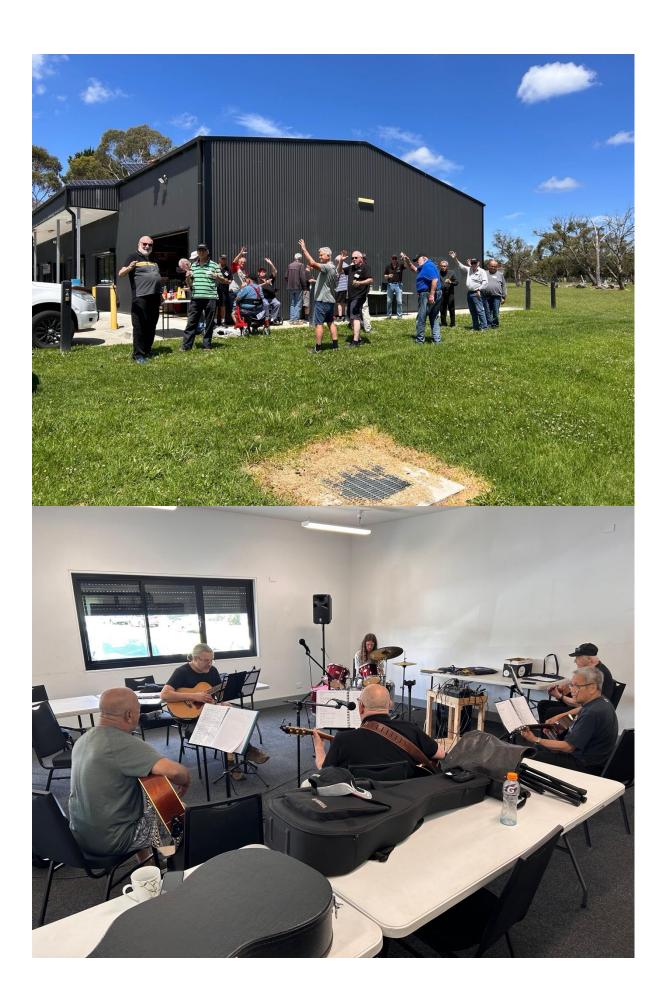






Exercising with Derek!







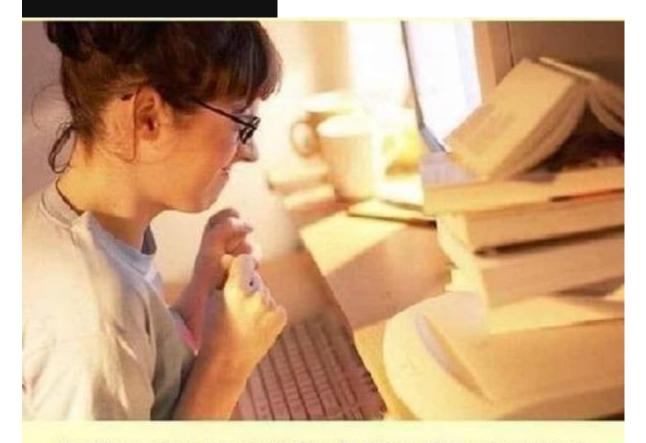


Changes may occur due to unplanned factors





### **WHEN I GROW UP** I'D LIKE TO BE A **RETIRED LOTTERY** WINNER.



A college class was told they had to write a short story in as few words as possible. The instructions were: The short story had to contain the following three things:

(1) Religion (2) Sexuality (3) Mystery

Below is the only A+ short story in the entire class.

"Good God, I'm pregnant; I wonder who did it."

This is overkill! I mean, really, come on! Who needs 2 nets?  $\fill$ I HAD A PREGNANCY TEST TODAY! WERE THE OUESTIONS HARD?

They used to use urine to tan animal skins, so families used to all pee in a pot & then once a day it was taken & sold to the tannery. If you had to do this to survive you were "piss poor."

But worse than that were the poor folk who couldn't even afford to buy a pot; they "didn't have a pot to piss in" & were the lowest of the low.

The next time you are washing your hands & complain because the water temperature isn't just how you like it, think about how things used to be. Here are some facts about the 1500s.

Most people got married in June because they took their yearly bath in May, and they still smelled pretty good by June. Since they were starting to smell, however, brides carried a bouquet of flowers to hide the body odour. Hence the custom today of carrying a bouquet when getting married.

Baths consisted of a big tub filled with hot water. The man of the house had the privilege of the nice clean water, then all the other sons and men, then the women, and finally the children. Last of all the babies. By then the water was so dirty you could actually lose someone in it ... hence the saying, "Don't throw the baby out with the Bath water!" Houses had thatched roofs-thick straw-piled high, with no wood underneath. It was the only place for animals to get warm, so all the cats and other small animals (mice, bugs) lived in the roof. When it rained it became slippery and sometimes the animals would slip and fall off the roof, resulting in the idiom, "It's raining cats and dogs."

There was nothing to stop things from falling into the house. This posed a real problem in the bedroom

where bugs and other droppings could mess up your nice clean bed, therefore, a bed with big posts and a sheet hung over the top afforded some protection. That's how canopy beds came into existence. The floor was dirt. Only the wealthy had something other than dirt, leading folks to coin the phrase "dirt poor."

The wealthy had slate floors that would get slippery in the winter when wet, so they spread thresh (straw) on floor to help keep their footing. As the winter wore on, they added more thresh until, when you opened the door, it would all start slipping outside. A piece of wood was placed in the entranceway, subsequently creating a "thresh hold."

In those old days, they cooked in the kitchen with a big kettle that always hung over the fire. Every day they lit the fire and added things to the pot.

They ate mostly vegetables and did not get much meat. They would eat the stew for dinner, leaving leftovers in the pot to get cold overnight and then start over the next day. Sometimes stew had food in it that had been there for quite a while, and thus the rhyme, "Pea's porridge hot, peas porridge cold, peas porridge in the pot nine days old."

Sometimes they could obtain pork, which made them feel quite special. When visitors came over, they would hang up their bacon to show off. It was a sign of wealth that a man could, "bring home the bacon." They would cut off a little to share with guests and would all sit around and "chew the fat."

Those with money had plates made of pewter. Food with high acid content caused some of the lead to leach onto the food, causing lead poisoning death.

This happened most often with tomatoes, so for the next 400 years or so, tomatoes were considered poisonous.

Bread was divided according to status. Workers got the burnt bottom of the loaf, the family got the middle, and guests got the top, or the "upper crust." Lead cups were used to drink ale or whisky. The combination would sometimes knock the imbibers out for a couple of days. Someone walking along the road would take them for dead and prepare them for burial.. They were laid out on the kitchen table for a couple of days and the family would gather around and eat and drink and wait and see if they would wake up, creating the custom of holding a wake. England is old and small, and the local folks started running out of places to bury people. So, they would dig up coffins and would take the bones to a bonehouse and reuse the grave. When reopening these coffins, 1 out of 25 coffins were found to have scratch marks on the inside and they realized they had been burying people alive, so they would tie a string on the wrist of the corpse, lead it through the coffin and up through the ground and tie it to a bell. Someone would have to sit out in the graveyard all night (the graveyard shift.) to listen for the bell; thus, someone could be, saved by the bell or was considered a dead ringer.

And that's the truth.

Thank you, John and those shedders with their contributions.

Ron, Ross and Tony B and Howard

The following are some photos from our Christmas









For more photos either contact Vin Wragg or else visit the EHMS Facebook page.

Compliments of the season to all!