



'Men Make It Happen'

Issue 8 # 37

Shedding Endeavor

17th September 2024

Shed is open Mon-Sat 10.00 am to 3.00 pm

President – Doug Rowley

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Vice President – Ronald Sterling

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Secretary - Paul Morris

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Treasurer – John Thornten

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Almoner – Dug Rowley

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Apologies: Vin Wragg, Laurens Gordyn, Ian Cole and Bruce Latham.

General Business:

Public Speaking 1st Wednesday in October.

Projects

Vale Joe Psaila

Thursday Outing to Mordialloc

Committee meeting now 25th September

EH Community party, BBQ 4th December 2-5pm

Howard Project

Thursday Lunches referred to committee

Bunnings BBQ's Sat 26th October, Sat 23rd November, Sat 28th December and Sat 18th January.

This Saturday @ EH 9.30-11.30 JG/GB. 11.30-1.30pm WB/TR

Brian Ashworth spoke about traveler's status points.

Tony B induction Hand Tools

Rodney's visitors

Dennis King name tag

Len Follett reported on a development in City of Casey

John Grennan EH Car Wash

My Public Speaking-student training

3D Printing with David

Derek-Light exercise

Music Group

19th Naughty Boys-corned beef, cabbage & mash.

22nd Doveton Show

September Birthdays.

1st Ian Cole

5th Bernard Lamberty

11th Ronald Sterling

15th Neil Bennett

17th Bruce Shaw

17th Tim Kuok

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October Birthdays

1st Bruno Volpe

3rd Rudi Oost

4th Leigh Martin

6th Mark Currie

6th Laurens Gordyn

9th Tony Brosinsky

12th David Robinson

15th Pritam Virdee

22nd Tomasi Mocevakaca

28th Kevin O'Neill

31 Garrick Williams

"Rogues Gallery"



Our weekly Rogues review is a double header special edition. Last Tuesday our first ever grand final Pool Competition concluded when Romy defeated Tony after a close tussle watched by some of the crew at our weekly meeting. Battling the table peculiarities and the comments of the onlookers was half the battle, and some great shots were played. As well as some ordinary shots and accidental potting of opponent's balls. Now we have the table-what next, perhaps some inter shed competition? Congratulations Rom the gold cup will be presented next Tuesday, an expensive trophy donated by Rodney J.

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This is why you always wake up at the same time each night. Sleeping through the night without waking up is something many people struggle with. Experts say that there is a reason why so many people always wake up at the same time every night.

Sleep expert Dr. Michael Breus says the reason is “your body is out of fuel. “If you eat dinner at 6.30pm and always wake up around 3.30am you’ve gone nine hours without eating. Going this long without eating can affect your blood sugar levels and your sleep.

The experts suggest eating a teaspoon of raw honey about 30 mins. Before bed. This will keep your blood sugar levels stable throughout the night.



Behind every great man there is a great woman 🍷



	13-Aug	20-Aug	27-Aug	3-Sep	10-Sep	17-Sep	24-Sep	1-Oct
Bruce Latham								
Simon/Garrick								
Graeme Seymour								
Howard de Zylva								
Lauren Gordyn								
Len Follett								
Louis Zharopoulos								
Peter Wallace								
Tony Brosinsky								
Tony Rotunno								
In Wragg								



Gentlemen,
 Start your engines...the race is on to the Doveton Show to be held
 Sunday 22 September 2024!!!!

Don't be left in the pits, now is your opportunity to put your name forward for this prestigious event!

The start time is 9.30am and the finish line closes at 4pm...even lunch and drinks will be provided, along with Tea/Coffee and cakes in the Signal Box.

We are to provide manpower for two gates (Main & Side) for which we need ten (10) handsome, alert or scruffy & dull volunteers.

We also require two people for two shifts at the Stall (9.30-4pm).

That's a total of (14) so there's room for all, don't be left at the start line; it's only two Sundays away.

Should you be willing to participate in this eye-watering spectator sport, please reply by return email, stating your preference for gates or Stall.

Don't miss the start, get your engines revving now.



The Red flag is up

There's an incident at the first bend:

We have just been notified that Volunteers and Stall operators will require a WWCC, hopefully you already have them if not action is required, please advise if this affects you.

- A reminder to all stall holders that if you have outstanding paperwork, you must return all required documents in order to keep your position on show day. Our child safe policy dictates that all stall holders, volunteers and employees must have valid WWCC. Each stall holder is responsible for providing us with the WWCC of anyone working your stall on show day.

Hopefully you're still in the race.

Stan Ashley

S_ashley1@bigpond.com

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Hi Gents,

Details of Joe Psaila's Funeral Wednesday 18th September.

St John Vianney's Church, 23 Police Rd Mulgrave.

Viewing; 10.30-10.40

Rosary; 10.40 & Mass; 11.00am

Rodney



After retiring, I went to the Social Security office to apply for social Security. The woman behind the counter asked me for my Driver's License to verify my age. I checked my pockets and realised that I had left my wallet at home. I told the woman that I was very sorry, but I would have to go home and come back later.

The woman said, "Unbutton your shirt".

So, I opened my shirt revealing my curly silver hair.

She said, “that hair on your chest is proof enough for me” and she processed my application.

When I got home, I excitedly told my wife about my experience at the office.

She said, “you should have dropped your pants. You might have got disability too”

And then the fight started.....

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For all Bunnings BBQ dates, please visit our website.



Wall Unit Free to a good or (otherwise) home
See Wal Bristowe 0409 423 284

AMAZING PIE RESULTS AT THURSDAY TASTING!

Well not really, but we’ve got your attention.
The Thursday Naughty Boys program at the shed includes a light lunch prepared by the attending members in turn.

What happens when nobody volunteers?

The Great Pie Taste is held. Sixteen shedders devoured the provided pies which were cut up into quarters to give bite size portions and each tester was given 6 different pies to sample. The subjective criteria for judging were “scoffability” of a frozen meat pie of reasonable cost, one that you could scoff whilst holding a “coldie” in your other hand. Unfortunately, we did not provide coldies due to our contractual arrangements with the City of Casey. Oh well, we could always dream or remember! We gave the first pie which was the cheapest (Aldi Elmsbury 4pk @\$5 or \$1.25 per pie) an arbitrary rating of “5” and then each following pie, points against this benchmark.

All the pies were frozen, all were meat pies, all under \$4 per pie-so basic pies from the fridge, ready to heat and eat. Scoffability was the perception of the participants and not based on scientific measurement or research.

Of the 6 pies tasted our averages were:

1. Aldi Slow Cooked Chunky Sous @ \$3.25 ea. 6.53 score (best but dearest)
2. Aldi Elmsbury Chunky @ \$1.50ea. 5.6 score (best value for taste?)
3. Woolworths Home Brand @ \$1.37ea. 5.27 score.
4. Four and Twenty Meat @ \$2.25ea. 5.20 score (2nd dearest pie)
5. Aldi Elmsbury Meat @ \$1.25ea. 5 score (benchmark, cheapest pie)
6. Coles Home Brand Meat @ \$1.37ea. 4.80 score

The activity was a lot of fun but hard work for Wal who had to cut up 96 quarters and found that cutting a pie in half is easy but in half again, not so easy.

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Thursday Naughty Boys returns this Thursday after a successful trip to Mordialloc by members and partners this week with an enjoyable lunch and tippie at Mordialloc Cellar Door which is operated by Peter Follett, Len's son.

Send your Mordi photos to the Editor of the Bulletin as one photographer will receive a curated wine from Mordi Cellars.



Our top two pies are featured here so you can identify them when shopping. (only at Aldi)

1. Best pie slow cooked Sous Beef @ \$6.50 a pack of 2 or \$3.25 each.
2. Best value pie Elmsbury chunky beef for \$6.00 or 4 for \$1.50 each.

Ron S

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HOME SICK.

I saw a car parked outside Woolies with a bumper sticker that said, "I miss Alice Springs".

So, I smashed the windows, stole the radio, let the tyres down and left several empty VB cans on the back seat with a note saying, I hope this helps!



I must say the minutes are taking days to arrive. Are they trying to hide something from us?

Editor:

Rod James

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