



Shedding Endeavour's

10th June 2024

Shed is open Mon – Sat 10.00am - 3.00pm

Members birthdays in June

5th June	Stan Ashley
9th June	Ray Stewart
12th June	Hans van Dyk
15th June	Vito Occhipinti
19th June	Cheong Koo
19th June	Brian Oates
24th June	Bob Daly

Ivan (Mr. Sausage) Stiglic was a member of the EHMS.

Funeral Notice

A Service to Celebrate the Life of Ivan Stiglic will be held in the Renowden Chapel, Springvale Botanical Cemetery on Thursday June 13th, 2024, commencing at 10:30am
Following the service Ivan will be laid to rest in the cemetery gardens.

<u>Cleaning Roster</u>				
<u>Today 11th June</u>	<u>Doud Rowley</u>		<u>Len Follett</u>	<u>Louis Zaharopoulos</u>
<u>Next Week June 18th</u>	<u>Doug Rowley</u>		<u>Peter Wallace</u>	<u>Tony Brosinsky</u>

2024 AGM of the Endeavour Hills Mens Shed will be held on 6th August.





**Endeavour Hills
Men's Shed Inc.**
"Men Make It Happen"

Events Calendar

June 2024							
Mon	Tue	Wed	Thu	Fri	Sat	Sun	
					1	2	
3	<p>A newbie's self intro Rom</p> <p>Stroke – Awareness by AJ</p> <p>Tai Chi @ 11.45AM</p> <p>Public Speaking with Paul</p> <p>Music Group @ Mdday</p>	5	<p>10am – WINTER WARMER with the Naughty Boys</p> <p>Pool – Carpet Bowls- Card games</p> <p>Luch with excellent company</p> <p>MD- Music Group</p>	7	<p>Promotional table @ EHSC</p> <p>As per roster</p> <p>9am - 2pm</p>	<p>BUNNINGS BBQ</p> <p>8.30am – 4.30pm</p> <p>As per Shifts</p>	
10	<p>Glen's Motor Car Restorations</p> <p>Tai Chi @ 11.45AM</p> <p>Music Group @ Mdday</p>	12	<p>Photo Club 10am</p> <p>10am – WINTER WARMER with the Naughty Boys</p> <p>Pool – Carpet Bowls- Card games</p> <p>Luch with excellent company</p> <p>MD- Music Group</p>	14	15	16	
17	<p>D Day by Vin</p> <p>Tai Chi @ 11.45AM</p> <p>Music Group @ Mdday</p>	19	<p>Committee Meeting @ 10am</p> <p>Public Speaking with Paul as per consent</p> <p>20am – WINTER WARMER with the Naughty Boys</p> <p>Pool – Carpet Bowls- Card games</p> <p>Luch with excellent company</p> <p>Rodney's Milestone Soup</p> <p>MD- Music Group</p>	21	22	23	
24	<p>Brian A. Travelling Techniques</p> <p>Tai Chi @ 11.45AM</p> <p>Music Group @ Mdday</p>	26	<p>Photo Club 10am</p> <p>27am – WINTER WARMER with the Naughty Boys</p> <p>Pool – Carpet Bowls- Card games</p> <p>Luch with excellent company</p> <p>MD- Music Group</p>	28	<p>Barefoot Bowling 5 - 7pm</p>	29	30

Changes may occur due to unplanned factors

Last week

Apologies: Brian Ashworth, Hans van Dyk, Will Beattie, Stan Ashley, Simon Welch and Louis Zaharopoulos.

- Endeavour Hills Men's Shed AGM will be held on 6th August.
- Pool table cover completed thanks to Aaron and his wife.
- Christmas in July to be at the Dandenong RSL at lunchtime partners welcome, Wednesday 17th July.
- Public Speaking group to restart Wednesday June 19th at 12 noon.
- Promotional table at the EH Shopping Centre on Saturday.
- Bunnings BBQ Sunday 9th June
- Thursday was a good day this week lunch by President Doug soup and garlic bread.
- Brian Oates introduced a new Andrews centre project.
- AJ spoke on presentations.

Meeting Etiquette

INTERRUPTIONS TO SPEAKERS Speakers may only be interrupted by other members in the following circumstances: ! On a point of order ! On a call for a quorum ! To move 'That the motion be put.' ! To move a time limit motion for the current speaker ! To move a motion for the meeting to go in camera. This is an excerpt from page 11 of Apex Club rules I found on line. As a former member of Apex they work well and stop multiple people speaking at same time. Regards, Garrick



WORRIED SOMEONE MIGHT BE SUICIDAL?

Contact **Lifeline** for crisis support. If life is in danger, call **000**

Lifeline 13 11 14



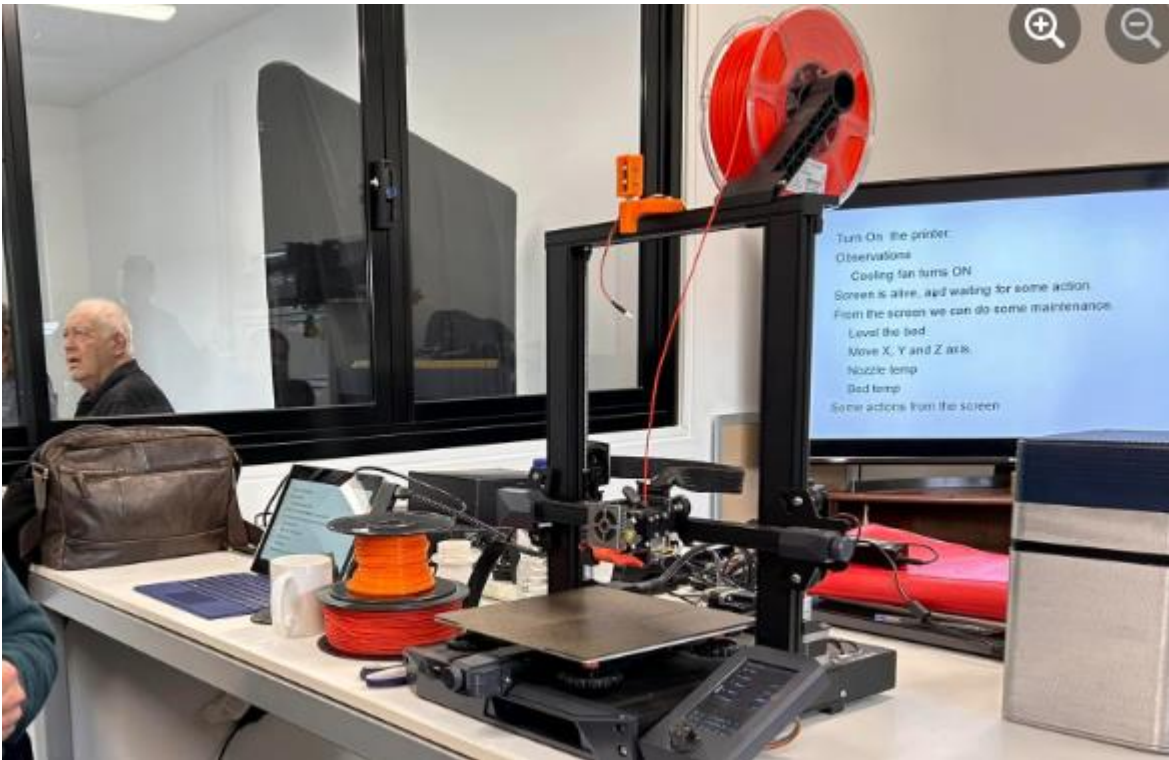
www.mensline.org.

Tuesday 4th June 2024 at the EHMS.

Special thanks to Aaron's talented wife for making the billiard table cover with the club's logo on it. Plenty going on, enjoyed the planning of projects, a lesson in stroke prevention by AJ, BBQ lunch and many doing carpentry projects while the music group practiced.

Drop in this Thursday for special morning activities planned by the Naughty Boys and partaking in Doug's homemade special soup and garlic bread for lunch.

David Taylor presented the second session on 3D Printing bringing along his own printer to demonstrate the finer points.



International Mens Health Week

International Men's Health Week celebrates its 30th anniversary this year and takes place from Monday, June 10, to Sunday, June 16, 2024. This year, our focus is on Men's Health Checks.

Men's Health Week is a great opportunity for organisations, workplaces, and communities to focus on some of the different ways we can keep men and boys healthier. One way you can do this is by taking advantage of our free Know Your Man Facts toolkits on a range of men's health topics, such as Men's Mental Health, Men's Heart Health, Exercise and Men's Health, and Mateship and Men's Health.

You can also watch for our new Know Your Man Facts toolkit on Men's Health Checks, which we will launch in time for Men's Health Week 2024.

Learn more about the Know Your Man Facts campaign on our website.

Check out the events section of our website for Men's Health Week activities. If you have a specific Men's Health Week event to showcase, you can upload it to our website or contact kim@amhf.org.au for help.

For more ideas about celebrating Men's Health Week 2024, visit the Centre for Male Health, which leads in promoting Men's Health Week in Australia and chooses a different theme to focus on each year.

To find out more about what's happening internationally during Men's Health Week, visit the Global Action for Men's Health website.



Pictured above are layouts at the model rail exhibition held a Brandon Park.



President – Doug Rowley	president@ehms.org.au
Secretary - Paul Morris	secretary@ehms.org.au
Treasurer – John Thornton	treasurer@ehms.org.au
Vice President – Laurens Gordyn	lwgordyn@gordyn.com.au
Almoner - Doug Rowley	yelwor1946@gmail.com

Endeavour Hills Men's Shed Committees

Program	BBQ	Management	
Andras Jakab	Stan Ashley Graeme Seymour Bruno Volpe	Doug Rowley Rodney James Paul Morris John Thornton Bob Daly	Tony Brosinsky Brian Oates Vacancy Peter Wallace Lauren Gordyn

Working with Children Checks held by:

Rommie Alday	Rodney James
Stan Ashley	Robert Kay
Brian Ashworth	Cheong Koo
Will Beattie	Bruce Latham
Max Brockbank	Paul Morris
Tony Brosinsky	Joe Psaila
Geoff Brown	Doug Rowley
Michael Clark	John Thornton
Bob Daly	Hans van Dyk
Howard de Zylva	Peter Wallace
Laurens Gordyn	Garrick Williams
John Grennan	Vin Wragg
Harry Hornstra	
Andras Jakab	

First Aiders.

Tony Brosinsky
Paul Morris
Rom Martin
Doug Rowley
John Thornton
Brian Ashworth
Lois Zaharopoulos
Howard de Zylva
Len Follett
Ross Blackwood