



Shedding Endeavour's

27th May 2024

Shed is open Mon – Sat 10.00am - 3.00pm

Members birthdays in May

15th May	Paul Morris
19th May	Robert Kay
25th May	Jay Khawari

Sick List

Howard de Zylva has been in hospital and undergone surgery we wish him well.



Events Calendar

May 2024						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1	2 Music Group @12.30pm	3	4	5
6	7 "My Heath Related Experience" Member's Sharing Time : David T. Tai Chi @ 11.45AM Music Group @ Mdday	8 Photo Club 10a	9 Mother's Day Family Night SUNSHINE WAREHOUSE MADRID FUNDRAISER 5-7pm Music Group @12.30pm	10	11 Promotional table @ EHSC As per roster 9am - 2pm	12 Happy Mother's Day!
13	14 Len : What makes me Happy Tai Chi @ 11.45AM Music Group @ Mdday	15 Committee Meeting @ 10am	16 Chef Rodney Cooks Irish Stew Music Group @12.30pm	17	18	19
20	21 Distracted Driver Presentation A must-see video presentation Tai Chi @ 11.45AM Music Group @ Mdday	22 Photo Club 10am	23 Cacao Roasters & LUNCH @ CORNISH Music Group @12.30pm	24	25	26
27	28 A newbie's self intro Tai Chi @ 11.45AM Music Group @ Mdday	29	30 Music Group @12.30pm	31 Barefoot Bowling 5 - 7pm		

Changes may occur due to unplanned factors

Cleaning Roster				
Today 28th May	Doud Rowley		Bruce Latham	Graeme Seymour
Next Week June 4th	Doug Rowley		Howard de Zylva	Laurens Gordyn

2024 AGM of the Endeavour Hills Mens Shed will be held on 6th August.

Last week

Apologies: Brian Ashworth, Peter Spry, Bruno Volpe, Louis Zaharopoulos, and Roger Bartlett.

- Dandenong Primary School project completed.
- The toilet doors have been changed.
- \$2000 Grant received from the Federal Government.
- Thanks to Ron. Rodney, Simon and Carmel for putting the pool table together.
- John Grennan has 8 used solar panels available.
- Bowling at the DC on 31/5 see Rodney James.
- Trip to the chocolate factory this Thursday.
- 3D Printing group Friday mornings.
- Myuna farm project Rommie to coordinate with AJ assisting.



WORRIED SOMEONE MIGHT BE SUICIDAL?

Contact **Lifeline** for crisis support. If life is in danger, call **000**

Lifeline 13 11 14



www.mensline.org.



Visit to the coffee roaster was a great day out. Thanks to the boys for organising it.



New member Simon works on a tray watched by Robert (Left) and AJ seems enthusiastically showing something to TONY B and new member Jay.

International Mens Health Week

International Men's Health Week celebrates its 30th anniversary this year and takes place from Monday, June 10, to Sunday, June 16, 2024. This year, our focus is on Men's Health Checks.

Men's Health Week is a great opportunity for organisations, workplaces, and communities to focus on some of the different ways we can keep men and boys healthier. One way you can do this is by taking advantage of our free Know Your Man Facts toolkits on a range of men's health topics, such as Men's Mental Health, Men's Heart Health, Exercise and Men's Health, and Mateship and Men's Health.

You can also watch for our new Know Your Man Facts toolkit on Men's Health Checks, which we will launch in time for Men's Health Week 2024.

Learn more about the Know Your Man Facts campaign on our website.

Check out the events section of our website for Men's Health Week activities. If you have a specific Men's Health Week event to showcase, you can upload it to our website or contact kim@amhf.org.au for help.

For more ideas about celebrating Men's Health Week 2024, visit the Centre for Male Health, which leads in promoting Men's Health Week in Australia and chooses a different theme to focus on each year.

To find out more about what's happening internationally during Men's Health Week, visit the Global Action for Men's Health website.

More from the coffee visit.



Had a nice lunch, on the other side of the street, at The Cornish Arms after.

Nice day, good company and good food.



President – Doug Rowley	president@ehms.org.au
Secretary - Paul Morris	secretary@ehms.org.au
Treasurer – John Thornton	treasurer@ehms.org.au
Vice President – Laurens Gordyn	lwgordyn@gordyn.com.au
Almoner - Doug Rowley	yelwor1946@gmail.com

Endeavour Hills Men's Shed Committees

Program	BBQ	Management	
Andras Jakab	Stan Ashley Graeme Seymour Bruno Volpe	Doug Rowley Rodney James Paul Morris John Thornton Bob Daly	Tony Brosinsky Brian Oates Vacancy Peter Wallace Lauren Gordyn

Working with Children Checks held by:

John Grennan	Laurie Canfield
Geoff Brown	Neil Bennett
Doug Rowley	Andras Jakab
Howard de Zylva	Harry Hornstra
Stan Ashley	Brian Ashworth
Paul Morris	Hans van Dyk
Gordon Harris	Robert Kay
Peter Wallace	Will Beattie
David Robinson	John Thornton
Tony Brosinsky	Garrick Williams
Laurens Gordyn	Vin Wragg
Max Brockbank	Graeme Seymour
Rodney James	Peter Spry
Brian Oates	Ron Hall
Bob Daly	

First Aiders.

Tony Brosinsky
Paul Morris
Doug Rowley
John Thornton
Brian Ashworth
Peter Wallace
Lois Zaharopoulos
Howard de Zylva
Len Follett
Ross Blackwood
Rom Martin