



Issue 6 # 33

Shedding Endeavour's

5th September 2022

The Shed is open Tuesday - Saturday 10.00am – 3.00pm



Members Birthdays in September



1st September	Ian Cole	
11th September	Ronald Sterling	
15th September	Neil Bennet	
17th September	Tim Kuok	
17th September	Bruce Shaw	
19th September	Wayne Uhe	
30th September	John Wright	

Sick List

ALL GOOD

Cleaning Roster			
Today	Doug Rowley	Howard de Zylva	Peter Wallace
Next Week	Doug Rowley		



Events Calendar

September 2022						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1	2 Lysterfield Park Walk @11am for 45minutes	3	4 Father's Day
5	6 My Australian Citizenship – How I became an AUSSIE Tai Chi @ 11.45AM Music Group @Mdday	7 Leaving @ 9am Talk to HANS Future Drop saws A course with Paul @10.30am Photo Club 2pm	8 Cooking Class 10.30-11.30am Music Group @12.30pm	9 Lysterfield Park Walk @11am for 45minutes	10 Promotional table @ EHSC As per roster 9am - 2pm	11
12	13 "My Health Related Experience"-Sharing Time -John T. "My Toy Cars" – By Peter Who Builds Toys Tai Chi @ 11.45AM Music Group @Mdday	14	15 Music Group @12.30pm	16 Lysterfield Park Walk @11am for 45minutes	17 Australian Citizenship Day	18 DOVETON SHOW Myuna Farm 10am-4pm
19	20 Armchair Travel with Brian in the Philippines Tai Chi @ 11.45AM Music Group @Mdday	21 Leaving @ 9am Talk to HANS Committee Meeting @10am Photo Club 2pm	22 Music Group @12.30pm	23 Lysterfield Park Walk @11am for 45minutes	24	25
26	27 Vision of the Future A Thought-Provoking Video Tai Chi @ 11.45AM Music Group @Mdday	28	29 Music Group @12.30pm	30 Lysterfield Park Walk @11am for 45minutes Barefoot DC Bowling 5.30 - 8.30pm		

Changes may occur due to unplanned factors

Last Week's Meeting

- Apologies: Peter Wallace, Hans van Dyk, Ron Sterling, Geoff Brown, Neil Evans, Len Follett, John Grennan and Harry Hornstra.
- Bunnings profit from table, \$250+ in sales.
- Bunnings promo table, need to replace items for sale and supply pop ups.
- Photo group next week.
- New drop saw is difficult to use, consult before using.
- Doveton Show 18th September.
- Public Speaking now 7th September

- Art and Craft meeting deferred
- Cooking on 8th September
- Lysterfield lake walk Fridays 11.00am (see Robert Kay)
- Afghan group has left us and now meets at the Tennis Club.



Last Friday, President Doug Rowley, Graeme Seymour and Paul Morris attended the morning tea at the Narre Warren Golf Club hosted by Julian Hill MP. Also in attendance were Belinda Wilson Labour candidate for Narre Warren North in the coming State election. Together with representatives from aged care and the City of Casey. Doug was asked to present on the EHMS and did so with alacrity using his public speaking skills.

COOKING Classes

Up to 10 members are interested.



Starting with hygiene, equipment and food handling on 8th September.

Public Speaking Group



The third meeting of the group had the same disappointing attendance with 3 members present.

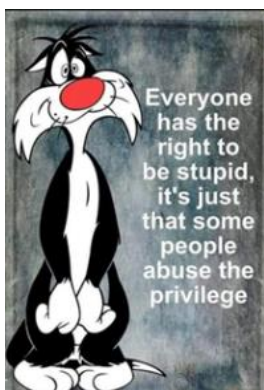
We need more members and an audience if we are to survive. Planned for Wednesday 7th September.



The music group needs a keyboard player – do you play see President Doug!

Dandenong Chess Club

The Dandenong Chess Club now meets at the Shed most Wednesday evenings. Any EHMS members, beginners or budding grand masters are invited to go along. Call Paul Huver on 0406 786 242 for information.



World Mental Health Day

Make mental health & well-being for all a global priority

The VMSA State-wide Forum and AGM will take place on October 10th to reinforce and celebrate our commitment to positive Mental Health

The overall objective of World Mental Health Day is to raise awareness of mental health issues around the world and to mobilize efforts in support of mental health.



Think Tank

A few ideas:

- Attractions on a different day
- Food demos John T and Kam Pow RC
- Karaoke
- Darts
- Vehicle servicing
- Trivia
- **Comedy Club**
- **Movie Shorts**
- **You tube channel**

If you have an idea do something about it!!!

Stay up to date on COVID-19 information Here:

<https://www.coronavirus.vic.gov.au/staying-safe>

COVID-19 vaccine rates in Victoria

Data last updated Sunday 14 August 2022.

96.2% of 12+ eligible Victorians first dose

94.7% of 12+ eligible Victorians second dose

69.5% of 16+ eligible Victorians third dose

COVID-19 data in Victoria

Data last updated Sunday 4th September 2022

293 cases in hospital

9 cases in ICU

8 lives lost

Covid Safe Gatherings from State Government Website

When organising or attending gatherings, consider ways to reduce the risk of getting and spreading COVID-19. Take extra precautions if someone has a higher chance of developing severe illness or complications from COVID-19 (including those not up to date with their vaccinations).

If after attending a gathering you learn you have COVID, or that someone you were with had COVID, follow the [COVID Checklist](#) to help keep yourself and others safe.

Checklist for attending a gathering

Follow these steps before and while you attend a small or large gathering:

- ensure you are up to date with your COVID-19 vaccination
- take a rapid antigen test if you are visiting someone who is at a high-risk of severe illness from COVID-19
- stay home if you are sick or experiencing COVID-19 symptoms
- maintain a physical distance of 1.5m from each other
- wear a face mask in a space (indoor or outdoor) where you cannot physically distance
- spend more time outdoors than indoors. Avoid poorly ventilated spaced, crowded indoor settings and prolonged contact with others
- clean your hands with soap and water regularly. Carry a hand sanitiser with you
- always cover your cough and sneeze into a tissue or a bent elbow
- keep a note of people you have visited in a gathering so you can contact them in case you get COVID-19.



President – Doug Rowley endeavourhills.menshed@gmail.com

Secretary - Paul Morris paul_morris5@optusnet.com.au

Treasurer – John Thornton jthornto@bigpond.net.au

Vice President – Howard de Zylva hdezylva@hotmail.com

Almoner - Doug Rowley yelwor1946@gmail.com

Endeavour Hills Men's Shed Committees

Program

BBQ

Management

Andras Jakab	Stan Ashley Neil Evans Graeme Seymour	Doug Rowley Howard de Zylva Paul Morris John Thornton Bob Daly	Tony Brosinsky Hans van Dyk Laurie Canfield Peter Wallace Lauren Gordyn
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Working with Children Checks held by:

John Grennan	Neil Bennett
Geoff Brown	Andras Jakab
Doug Rowley	Harry Hornstra
Howard DeZylva	Brian Ashworth
Stan Ashley	Hans van Dyk
Paul Morris	Robert Kay
Gordon Harris	Will Beattie
Peter Wallace	Len Follett
Neil Evans	John Thornton
David Robinson	Garrick Williams
Tony Brosinsky	Vin Wragg
Laurens Gordyn	
Max Brockbank	

First Aiders.

Trevor Ratcliffe
Paul Morris
Doug Rowley
John Thornton
Brian Ashworth
Neil Bennett
Tony Cannata
Howard De Zylva
Garrick Williams
Stan Ashley
Neil Evans