



Issue 6 # 10

Shedding Endeavour's

22nd March 2022

The Shed is open Tuesday - Saturday 10.00am – 3.00pm

Members must be double vaccinated to attend. If you have already provided proof, that's great. Otherwise, you may be present it to the Secretary, President, or Treasurer.

Members Birthdays in March



2nd March	Peter Spry
8th March	Lawrence Canfield
11th March	Doug Rowley
19th March	Jim Hall
21st March	Geoff Brown
21st March	Harry Hornstra
30th March	Gus de Hoogd

Speedy Recovery to those off colour

All at home

John Thornton

Trevor Ratcliffe

Robert Kay

Endeavour Hills Men's Shed March Calendar





Events Calendar

March 2022						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	 Official Opening Day of EHMS	 Leaving @ 9am Talk to HANS Photo Club 2pm	 Guitar Group @ 12.30pm			 CLEAN UP AUSTRALIA Clean up Bees by arrangement
7 Labour Day (Mon)	8 Light Exercise @ 9.30AM "My Health Related Experience" Member's Sharing Time - Vin Ukulele at midday		10  Guitar Group @ 12.30pm	11	12 Promotional table @ EHSC As per roster 9am - 2pm	13
14	15 Light Exercise @ 9.30AM Newbie's Self-Introduction Meaning of St. Patrick's Day Roger's tell time Ukulele at midday	16  Leaving @ 9am Talk to HANS Committee Meeting @ 10am Photo Club 2pm	17  HAPPY ST PATRICKS DAY  Guitar Group @ 12.30pm	18	19	20 Int'l. Day of Happiness
21 Harmony Day	22 Light Exercise @ 9.30AM Pottery in the Library - EUROPE Ukulele at midday	23	24  Guitar Group @ 12.30pm	25  Barefoot Bowling 5 - 8.30pm	26	27  Bunnings BBQ 8.30am - 4.30pm Shifts as per Arrangement
28	29 Light Exercise @ 9.30AM Newbie's Self-Introduction Ukulele at midday	30	31  Guitar Group @ 12.30pm			

Changes may occur due to unplanned factors

Start your morning at the EHMS with Stan's Exercise Class



Last Week's Meeting

- Apologies Harry H, Vito O, Rudi O and John G.
- Bowling at the DC 25th March.
- Bunnings BBQ on 27th March and 9th April.
- Marquee for Montagues trial run of erecting it needed next week.
- Stan Ashley awarded Honorary International Judo Referee.
- EHMS to write to RCGD&EH re the Car Show.
- Committee Meeting on Friday at 10.00 am.
- 3 Projects to be considered by the Committee

- ST Pauls School visit next Wednesday (WWC required) Doug and Len + 2
- Promotional table at EH Shopping Centre was successful.

FIRST AID COURSE



Both sessions of first Aid Courses have now been completed. Certificates for the second course will be available next Tuesday.

First Aid training for members has cost \$1600.

Thanks to Delene Lynex from Lynex First Aid for the excellent tuition.

Computer Lessons

For members who may be interested in learning about email, spreadsheets, the www, and word, we have a computer available in the office with assistance from Paul and others where required. This will be discussed on Tuesday.

Think Tank



New Group – Photography

Other think tank ideas

Artistic painting – tutor required

Cars

Gardening

3D Modelling

History

3D Printing

Walking

Montagues Orchard Harvest Festival



Following discussion at last week's meeting Howard and Paul attended a morning tea at Montagues to discuss their Harvest Festival on 2nd and 3rd April 2022. Other groups attending were CFA, Lysterfield sailing group and Parks Victoria.

We will have a promotional table with our marquee and selling barometers and other items.

The following members volunteered to man the stand:

John Grennan Roger Bartlett Paul Morris

Howard de Zylva Graeme Seymour Doug Rowley

We will need the 3m x3m marquees, table chairs, flyers, pictures, donation tin and items to sell.

A trial erecting the marquee is needed prior to use.



Dandenong Chess Club

The Dandenong Chess Club now meets at the Shed most Wednesday evenings. Any EHMS members, beginners or budding grand masters are invited to go along. The flyer below was prepared by Brian Ashworth for a donation.

Workshop and social area etiquette.

- If you make a mess, it is your responsibility to clean it up.
- If you need assistance just ask.
- If you spill anything wipe it up.
- The 240 litre bins are not for timber disposal
- Only bottles and cans in the recycling bin, everything else in the waste bin.

Signing in

Shed supervisors should not have continually check up on members attendance registration.

Please remember:

1. Enter your entry and departure time on the manual sheet.
2. Remember your \$2 for tea, coffee, water and biscuits.

EHMS tool policy

Tools are not to be removed from the workshop for member's private use.

Tools required for approved projects may be signed out and taken to site for use and then returned and sign in.

Double Vaccinated All members must be double vaccinated to enter the Shed.

Workshop training

The workshop committee now asks that any member who wants training on individual tools contact the trainer directly and arrange a mutually convenient time to have the training. Remember members must be trained to the satisfaction of the trainer on each tool before they can use it.

A list of tools and trainers is given below.

Tools and trainers

Grinders and finishers	Tony Brosinsky and Bob Daley
Lathes	John Graham
Table saw, band saw, docking saw and coping saw.	Bob Daley
Thickeners, planer and router	Bob Daley
Pedestal Drills	Tony Brosinsky and Bob Daley
Metal Saw	Tony Brosinsky
Shears and Benders	Laurens Gordyn
3 in 1 Folder, bender and guillotine	Tony Brosinsky
Welder	Laurens Gordyn
Forklift	Tony Brosinsky

A record of your attendance and training will be kept.

Dental health in Australia

Dental health in Australia has improved over the last 25 to 30 years. Changes such as adding fluoride to drinking water have helped to reduce tooth decay in children and adults.

But there is still room to improve. [Dental health statistics](#) show that in Australia:

- 3 in 10 people delay or avoid seeing a dentist because of the cost
- 1 in 4 children (aged 5 to 10) have untreated decay in their baby teeth
- 1 in 25 people (aged 15 and over) have no natural teeth left.

To help improve dental health, state and territory governments provide public dental services.

To see if you're eligible, visit the website of your state or territory dental service – you can find the links at [dental health initiatives](#).



The Australian volunteer spirit is just incredible, isn't it? We've seen it in spades these past few weeks in flood-impacted communities. And we saw it across the country with an [awesome response to Clean Up Australia Day](#) – with over 7,400 registered sites and more than 560,000 volunteers signed up.

And although our national day of action is done and dusted for the year that's not it for us - we'll help you [Clean Up Australia any day](#). That's right - we're not just about doing the right thing once a year - we'll support you 365! Our waste challenges aren't solved in just one day and we're proud to work with communities, schools and business throughout the whole year to [improve the Australian environment](#) and tackle waste at its source.

So you don't have to wait for the first Sunday in March 2023 before you get out again...register online with us now and [create a Clean Up at a time and date that suits you](#) and we'll send out all the materials you need - and you can breathe easy, cos you'll be covered by our insurance.

Oh and by the way - if you need to [reschedule a Clean Up](#), just follow [these instructions](#) or contact our office...

Australian Men's Shed Association and Justice Connect

The AMSA team has a wealth of experience working in and for the benefit of Men's Sheds – all over the country, and the world. Looking ahead, we've joined forces with Justice Connect's Not-for-profit Law program to bring you a unique combination of Men's Shed insights and not-for-profit law experience. We're working together to help you navigate the laws that impact your Men's Shed including in the following areas:

- Roles and responsibilities of running the Shed
- Seeking funds and holding events
- Important agreements
- Reporting to government
- Insurance and risk
- Tax
- Disputes and conflict
- Working with other organisations

Together, AMSA and Justice Connect are here to assist you with information, education and practical advice when it comes to your Shed and the law. If you require assistance or advice on any not-for-profit legal issues, contact us at amsa@mensshed.net or 1300 550 009 so we can assess whether Not-for-profit Law can assist.

Covid 19

Key changes

- Checking-in is no longer required at retail venues, schools, childcare and many workplaces where there is no vaccination requirement
- Density limits removed at hospitality and entertainment venues
- International arrivals permit is no longer required to enter Victoria
- International arrivals are only required to quarantine for 7 days
- Indoor dancefloors permitted



Going out

There are no capacity limits or density limits on venues.

Indoor dancefloors are permitted.

Venues you can attend if you have had at least two vaccination doses include:

- food and drink venues (e.g. restaurants and pubs)
- nightlife venues (e.g. bars and nightclubs)
- entertainment venues (e.g. cinemas, zoos)
- events (e.g. festivals, fun runs and conferences)
- tourism venues (e.g. walking tours, buses)
- casinos/gaming venues and adult entertainment venues

If you don't meet the vaccination requirements, you can't enter these venues. Vaccination requirements don't apply to food and drink venues operating for takeaway only.

Only check-in with the Service Victoria app if you have to show you have had at least two vaccination doses to gain entry, like at restaurants and theatres.

Top ten tips to prepare ahead

1. Get the next dose of your COVID-19 vaccine as soon as you are eligible. [Book today](#)
2. Always have basic medical supplies like a thermometer, pain relief and your regular medications available
3. Make sure you have enough face masks, hand sanitiser and gloves if you have to isolate
4. Plan ahead for who can safely deliver supplies if you have to isolate
5. Plan ahead for home activities to keep you entertained if you have to isolate
6. Plan ahead for who can look after children or pets if you have to go to hospital
7. Check for symptoms regularly and [get tested](#) as soon as they develop
8. Have [Rapid antigen tests](#) in your house and know your [COVID checklists](#) in advance
9. Keep your home well ventilated (windows open) and have gatherings outdoors
10. Have an emergency contact list with important phone numbers - including your GP



President – Doug Rowley endeavourhills.menshed@gmail.com

Secretary - Paul Morris paul_morris5@optusnet.com.au

Treasurer – John Thornton jthornto@bigpond.net.au

Vice President – Howard de Zylva hdezylva@hotmail.com

Almoner - Doug Rowley yelwor1946@gmail.com



FBEndeavour Hills Men's Shed

Endeavour Hills Men's Shed Committees

Program	BBQ	Management	
Graeme Seymour	Stan Ashley	Doug Rowley	Tony Brosinsky
Andras Jakab	Laurie Canfield	Howard de Zylva	Neil Evans
Neil Bennett	Graeme Seymour	Paul Morris	Laurie Canfield
John Grennan	Tony Cannata	John Thornton	Harry Hornstra
		Robert Kay	Lauren Gordyn

Working with Children Checks held by:

John Grennan	Tony Phillips
Geoff Brown	Neil Bennett
Doug Rowley	Andras Jakab
Howard DeZylva	Harry Hornstra
Stan Ashley	Brian Ashworth
Paul Morris	Hans van Dyk
Gordon Harris	Robert Kay
Peter Wallace	Will Beattie
Neil Evans	Len Follett
David Robinson	Joe Psaila
Tony Brosinsky	Garrick Williams
Laurens Gordyn	Vin Wragg
Max Brockbank	John Thornton

First Aiders.

Trevor Ratcliffe
Paul Morris
Doug Rowley
John Thornton
Brian Ashworth
Neil Bennett
Tony Cannata
Howard De Zylva
Garrick Williams
Stan Ashley
Neil Evans