



Issue 6 # 1

Shedding Endeavour's

17th January 2022

The Shed is open.

Members must be double vaccinated to attend. If you have already provided proof, that's great. Otherwise, you may be present it to the Secretary, President, or Treasurer.

Members Birthdays in December

7th January
Andras Jakab
19th January
Colin Ferns



Speedy recovery to those off colour: All are at home.

Paul Morris (in isolation)

John Thornton

Trevor Ratcliffe

Robert Kay



Endeavour Hills Men's Shed Calendar


Men Make it Happen

Events Calendar

January 2022						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
						
3	4	5	6	7	8	9
10	11	12	13	14	15  8.30am - 4.30pm Shifts as per Arrangement	16
17	18 Welcome Back  We've Missed You Ukulele at midday	19	20 Guitar Group @12.30pm	21	22	23
24	25 Light Quizzes @ 9.30AM Ukulele at midday	26 Happy Australia Day 	27 Guitar Group @12.30pm	28	29	30
31						

This year marks the beginning of the 6th year since we opened the Endeavour Hills Men's Shed at Essex Park Drive EH.

Last meeting at the shed on 14/12/21:

- First meeting in 2022 will be on 18th January
- Laurens Gordyn is working on a security spread sheet system
- Tony B spoke on projects and help needed during the break.
- Stan reported on BBQ's, Supercheap Auto BBQ went well \$850 profit thanks to Tony B Graeme and Neil E
- Bunnings BBQ 15/12 on Boxing Day and 15th January 2022.
- Breville Juicer donated to the shed by Geoff Brown – Thanks Geoff.

EHMS The next committee meeting is on the Thursday 20th January 2022.



Kelly a local resident visited the shed, by appointment, and requested us to make feet for her buffet, Tony Brosinsky and Rudi Oost discussed her requirements in detail.

Tony made and delivered the feet for Kelly over the break and delivered them. Kelly donated \$100 to our shed, thanks Kelly and well-done Tony.

EHMS tool policy

Tools are not to be removed from the workshop for member's private use.

Tools required for approved projects may be signed out and taken to site for use and then returned and sign in.

Double Vaccinated All members must be double vaccinated to enter the Shed.

Workshop training

The workshop committee now asks that any member who wants training on individual tools contact the trainer directly and arrange a mutually convenient time to have the training.

Remember members must be trained to the satisfaction of the trainer on each tool before they can use it.

A list of tools and trainers is given below.

Tools and trainers

Grinders and finishers	Tony Brosinsky and Bob Daley
Lathes	John Graham
Table saw, band saw, docking saw and coping saw.	Bob Daley
Thickeners, planer and router	Bob Daley
Pedestal Drills	Tony Brosinsky and Bob Daley
Metal Saw	Tony Brosinsky
Shears and Benders	Laurens Gordyn
3 in 1 Folder, bender and guillotine	Tony Brosinsky
Welder	Laurens Gordyn
Forklift	Tony Brosinsky

A record of your attendance and training will be kept.

[EHMS Website and Facebook page](#)

Think tank



New Group – Photography

Other think tank ideas

Artistic painting – tutor required

Cars

Rifle Shooting – Laurie Canfield to organise

Gardening

3D Modelling

History

3D Printing

Walking

EHMS Workshop



Members (lead by Tony B) have built new stands and tidied up the workshop over the holidays.



Barometers housed in the workshop and now for sale.

Projects

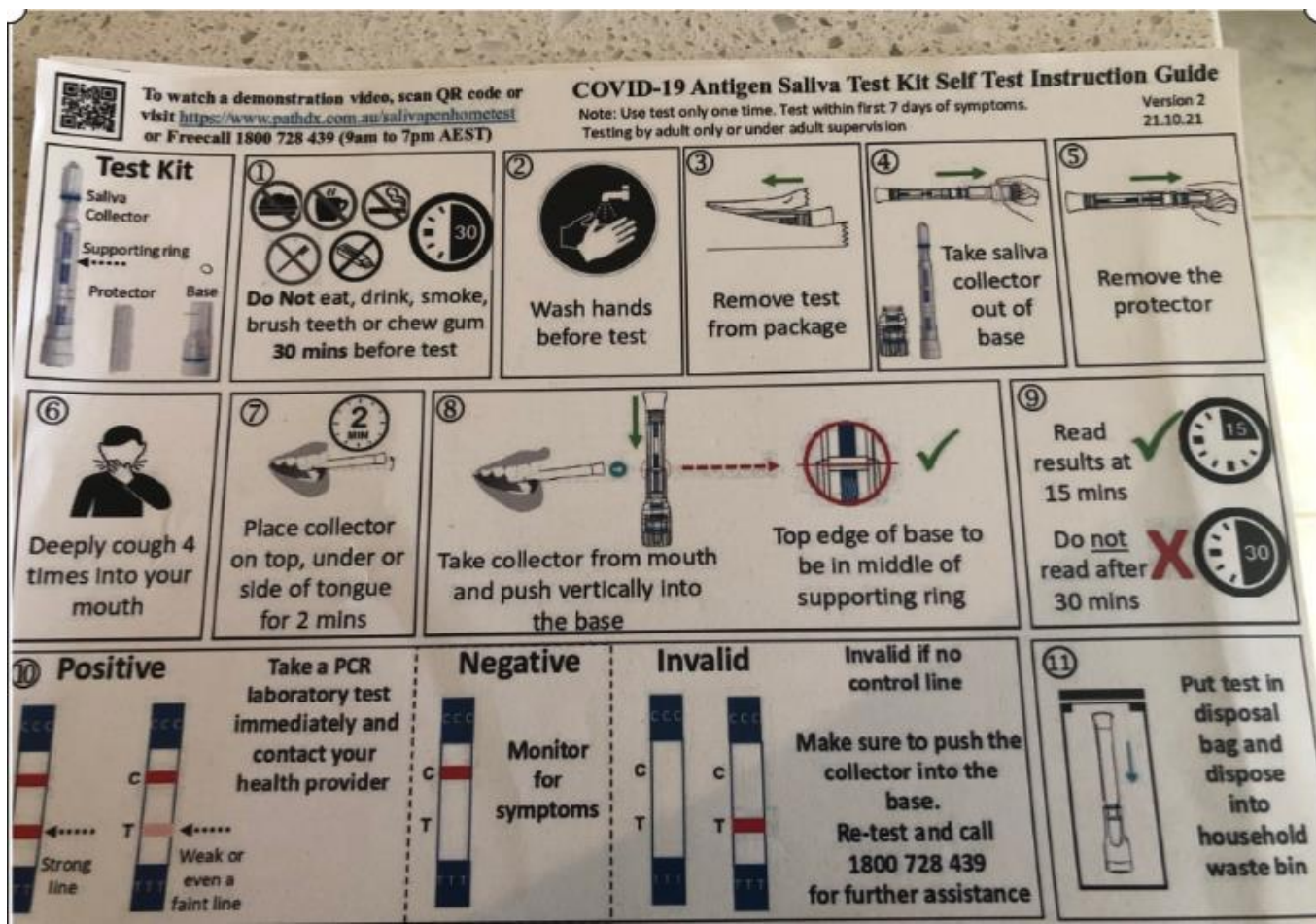


Neil Evans is working on refurbishment of these cricket scoreboards for the Monash University Cricket Club.

David Robinson had a long and successful career 228 matches, 359 wickets (fourth highest career wickets) and is a legend at the club.



Covid Rapid Antigen Test



Checklist for COVID contacts

Household or household-like contacts

- You have spent more than four hours with someone who has COVID-19 inside a house, accommodation or care facility.
- You must quarantine for 7 days.
- You must get tested on Day 1 of quarantine (or as soon as possible) and get tested again on Day 6 of quarantine - with a rapid antigen test, or a PCR test if you can't access a rapid antigen test.
- If you test positive on a rapid antigen test, you must report your result. Visit [Reporting your result](#) page for more information.
- Household or household-like contacts are also referred to as *close contacts*.

All other contacts

- Someone who has COVID-19 has informed you that you are their social contact, or a workplace or education facility has informed you that you are a workplace or education contact.
- If you have symptoms, you must use a rapid antigen test, or get a PCR test if you can't access a rapid antigen test.
- If you don't have symptoms, you are recommended to use a daily rapid antigen test for 5 days.

- If you test positive on a rapid antigen test, you must report your result. Visit [Reporting your result](#) page for more information.
- If you don't have symptoms and cannot access a rapid antigen test then monitor for symptoms and get tested if symptoms emerge.

Your checklist if you have tested positive

1. STEP 1: FOCUS ON YOUR HEALTH AND GET HELP IF YOU NEED IT

- COVID-19 can be a serious illness. Call a doctor if your COVID-19 symptoms worsen. Go to hospital if it's an emergency.

2. STEP 2: REPORT YOUR RESULT AND IMMEDIATELY ISOLATE FOR 7 DAYS

- If you tested positive using a rapid antigen test, you must report your result [online](#), or call [1800 675 398](#). You don't need to report your result if you tested positive from a PCR test. Read [Reporting your result](#) for more information.
- You must isolate at home or in private accommodation for 7 days. If you're living with others, isolate away from them as much as possible.
- You and your family may be eligible for [food and financial assistance](#) during this period.

3. STEP 3: TELL YOUR HOUSEHOLD AND HOUSEHOLD-LIKE CONTACTS - THEY MUST ISOLATE FOR 7 DAYS

- You must tell your household and household-like contacts you have tested positive for COVID-19. They are people you have spent more than four hours with in a house, care facility or accommodation.
- They must immediately isolate for 7 days.
- They must get tested on Day 1 of their isolation period or as soon as possible with:
 - a [rapid antigen test](#), or a PCR test if they can't access a rapid antigen test.
- They must get tested again on Day 6 of their isolation period with:
 - a [rapid antigen test](#), or a PCR test if they can't access a rapid antigen test.
- They can leave isolation on Day 7 if they received a negative result from the Day 6 test.
- If they get symptoms at any time during isolation, they must use a rapid antigen test, or get a PCR test if they can't access a rapid antigen test. They are strongly recommended to use rapid antigen tests on other days of their isolation period.

4. STEP 4: TELL YOUR SOCIAL CONTACTS - THEY MUST GET TESTED IF THEY HAVE SYMPTOMS

- You must tell your social contacts you have tested positive for COVID-19. Your social contacts are people who you have had 15 minutes of face-to-face contact with, or spent 2 hours with, in the same indoor space.
 - Your social contacts are not people from home, your workplace or school.
- If they develop symptoms, they must use a [rapid antigen test](#), or get a PCR test if they can't access a rapid antigen test.
- If they do not have symptoms, they are strongly recommended to use a daily rapid antigen test for 5 days.

- People who are your household or household-like contacts cannot follow this advice. They must isolate for 7 days.

5. **STEP 5: TELL YOUR WORKPLACE AND/OR EDUCATION FACILITY**

- If you worked onsite while infectious, you must tell your employer/workplace you have tested positive to COVID-19.
- Your employer/workplace will tell other staff who are workplace contacts that they must:
 - use a **rapid antigen test** if they have symptoms, or get a PCR test if they can't access a rapid antigen test
 - strongly recommend using a daily rapid antigen test for 5 days if they don't have symptoms.
- If you or your child attended an education facility (school, childcare or early childhood) while infectious, you must tell the education facility you have tested positive for COVID-19. The education facility will tell other students and staff who are education contacts that they must get:
 - use a **rapid antigen test** if they have symptoms, or get a PCR test if they can't access a rapid antigen test
 - strongly recommend using a daily rapid antigen test for 5 days if they don't have symptoms.

After so much serious stuff on Covid have a read of this funny provided by

Gentleman John Grennan

Due to the current financial situation caused by the slowdown in the economy, the Government has decided to implement a scheme to put workers of 50 years of age and above on early, mandatory retirement, thus creating jobs and reducing unemployment.

This scheme will be known as RAPE (Retire Aged People Early). Persons selected to be RAPED can apply to the Government to be considered for the SHAFT program (Special Help After Forced Termination).

Persons who have been RAPED and SHAFTEDED will be reviewed under the SCREW program (System Covering Retired-Early Workers).

A person may be RAPED once, SHAFTEDED twice and SCREWED as many times as the Government deems appropriate.

Persons who have been RAPED could get AIDS (Additional Income for

Dependents & Spouse) or HERPES (Half Earnings for Retired Personnel Early Severance).

Obviously persons who have AIDS or HERPES will not be SHAFTEDED or SCREWED any further by the Government.

Persons who are not RAPED and are staying on will receive as much SHIT (Special High Intensity Training) as possible. The Government has always prided themselves on the amount of SHIT they give our citizens. Should you feel that you do not receive enough SHIT, please bring this to the attention of your Member of Parliament, who has been trained to give you all the SHIT you can handle.

Sincerely,

The Committee for Economic Value of Individual Lives (E.V.I.L.)

PS - Due to recent budget cuts and the current market conditions, the Light at the End of the Tunnel has been turned off.



Remember the EHMS has an Almoner Doug Rowley and over 50 Members Committed to each and to Men's Health all you need do is pick up the phone.

Call for support If you are feeling less connected because of coronavirus (COVID-19) you can call the Coronavirus Hotline ([1800 675 398](tel:1800675398)) and press 3. You will be connected to a volunteer from the Australian Red Cross who can link you with local supports.

Don't forget these important organisations that are there to help in these difficult times.

REMEMBER TO CALL A MATE.

Beyond Blue	1300 224 636
Lifeline	131 114
MensLine	1300 789 978
Suicide Call Back Service Veterans Line	1300 659 467
Veterans Line	1800 011 046
Grief Line - 12-3pm 7 days:	03 9935 7400
Pain Management Line	1300 340 357
Sane Australia	1800 18 7263
Mind Australia Carer Helpline	1300 554 660
Men's Referral Service for help to avoid domestic violence:	1300 766 491

International Men's Shed Associations

While we are all locked down, and you may be looking for something to do, you may want to check out International Men's Shed sites for ideas. Here are the links:

- The UK Men's Shed Association website is: <https://menssheds.org.uk/>
- The Irish Men's Shed Association website is: <https://menssheds.ie/>
- The Welsh Men's Shed Association facebook page is: <https://www.facebook.com/MensShedsCymru/>
- The Scottish Men's Shed Association website is: <https://scottishmsa.org.uk/>
The Scottish Shedder Magazine is well produced
- The Canadian Men's Shed Association website is: <http://menssheds.ca/>
- The New Zealand Men's Shed Associations website is: <https://menzshed.org.nz/>
- The USA Men's Shed Association website is: <https://usmenssheds.org/>



President – Doug Rowley endeavourhills.menshed@gmail.com

Secretary - Paul Morris paul_morris5@optusnet.com.au

Treasurer – John Thornton jthornto@bigpond.net.au

Vice President – Howard de Zylva hdezylva@hotmail.com

Almoner - Doug Rowley yelwor1946@gmail.com



FBEndeavour Hills Men's Shed

Endeavour Hills Men's Shed Committees

Program

Graeme Seymour
Andras Jakab
Neil Bennett
John Grennan

BBQ

Stan Ashley
Laurie Canfield
Graeme Seymour
Tony Cannata

Management

Doug Rowley	Tony Brosinsky
Howard de Zylva	Neil Evans
Paul Morris	Laurie Canfield
John Thornton	Harry Hornstra
Robert Kay	Lauren Gordyn

Working with Children Checks held by:

John Grennan
Geoff Brown
Doug Rowley
Howard DeZylva
Stan Ashley
Paul Morris
Gordon Harris
Peter Wallace
Neil Evans
David Robinson
Tony Brosinsky
Laurens Gordyn
Max Brockbank

Tony Phillips
Neil Bennett
Andras Jakab
Harry Hornstra
Brian Ashworth
Hans van Dyk
Robert Kay
Will Beattie
Len Follett
Joe Psaila
Garrick Williams
Vin Wragg
John Thornton

First Aiders.

Trevor Ratcliffe
Paul Morris
Doug Rowley
John Thornton
Brian Ashworth
Neil Bennett
Tony Cannata
Howard De Zylva
Garrick Williams
Stan Ashley
Neil Evans