



Issue 5 # 46

Shedding Endeavour's

6th December 2021

The Shed is open.

Members must be double vaccinated to attend. If you have already provided proof, that's great. Otherwise, you may be present it to the Secretary, President, or Treasurer.

Members Birthdays in December

10th December Joe Psaila



Speedy recovery to those off colour: All are at home.

John Thornton

Trevor Ratcliffe

Robert Kay



Endeavour Hills Men's Shed Calendar





Endeavour Hills Men's Shed Inc.
Men Make It Happen!

Events Calendar

December 2021						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
		1 World AIDS Day	2  Guitar Group @12.30pm	3	4	5
6	7 Light Exercise @ 9.30AM  Flashlight History by Vin The 80th Anniversary of Pearl Harbour  Terry Valentine alias Trevor Cooper author. A well-researched book what based on personal experience Ukulele at midday	8	9  Guitar Group @12.30pm  Sport Shooting 2.45pm at SSAA 3pm - 4pm Princess Hgw., Springvale \$35pp (very reasonable) Bunnings Community Support art. B&B promotion 6-8pm Contact Stan	10 Fishing in Western Port Bay 1.30pm – 5pm  \$90 pp Carpool at 12pm	11	12
13	14 Light Exercise @ 9.30AM  Clinical Dietitian, Tracey Eppel Est WHI, Est Healthy Last General Meeting in 2021 With a Special Break Up Meal	15  Committee Meeting @ 10am  Photo Club 2pm	16  Guitar Group @12.30pm	17	18 - Workshop - Last Open Day	19
20	21	22	23	24 Christmas Eve <small>(NT/BA)</small>	25 Merry Christmas	26 Boxing Day
27 Boxing Day Holiday	28	29	30	31 New Year's Eve <small>(NT/BA)</small> Happy New Year	We will see you again on 18.01.2022	

Changes may occur due to unplanned factors

Last week at the shed:

- President Doug opened the meeting.
- Bunnings on 9th December 6-8 pm information table John Grennan and Neil Evans, members wanted to supervise toy making.
- Bicycle maintenance program at EH Library Stan and Hans other members needed.
- Howard needs volunteers for fitting the gate.
- Supervisors required for Fridays and Saturdays
- Tony B has projects, and we have a new project coordinator – Bob Daley thanks Bob.
- Council will visit at 9.00am on Wednesday 16th December.
- Changes required for the project form.
- Trevor has sold another 7 scoreboards for \$100 each, about 25 left out of 100 well done Trevor.
- John Grennan introduced the Shed Australis Newsletter.
- Laurie C has organised shooting for 9th December meet in the car park at 2.45, \$35 pp.
- Rudi wants to organise board games
- AJ spoke about fishing, board games, dart board stand and the Christmas break
- Tony Phillips is in Cedar Nursing home in Ashwood.
- John Thornton is recovering it was good to see him at the meeting.

Photographic Group



Vin and Garrick are doing a great job starting off this group.

The next meeting for the group is 14th December and Vin has published an exercise list (below).

Photography Exercisers Unit 1

Aperture:

- Close up shot with at F5.6, ISO 200-250, Shutter Speed Automatic
- Landscape shot at F11, ISO 400, Shutter Speed Automatic

Shutter Speed

- Photograph flowing water Shutter Speed 1/250th of a second, ISO 200-250, Aperture set to automatic

ISO

- Night photo at F8, ISO 1600, shutter speed set to automatic

Australian Men's Shed Association

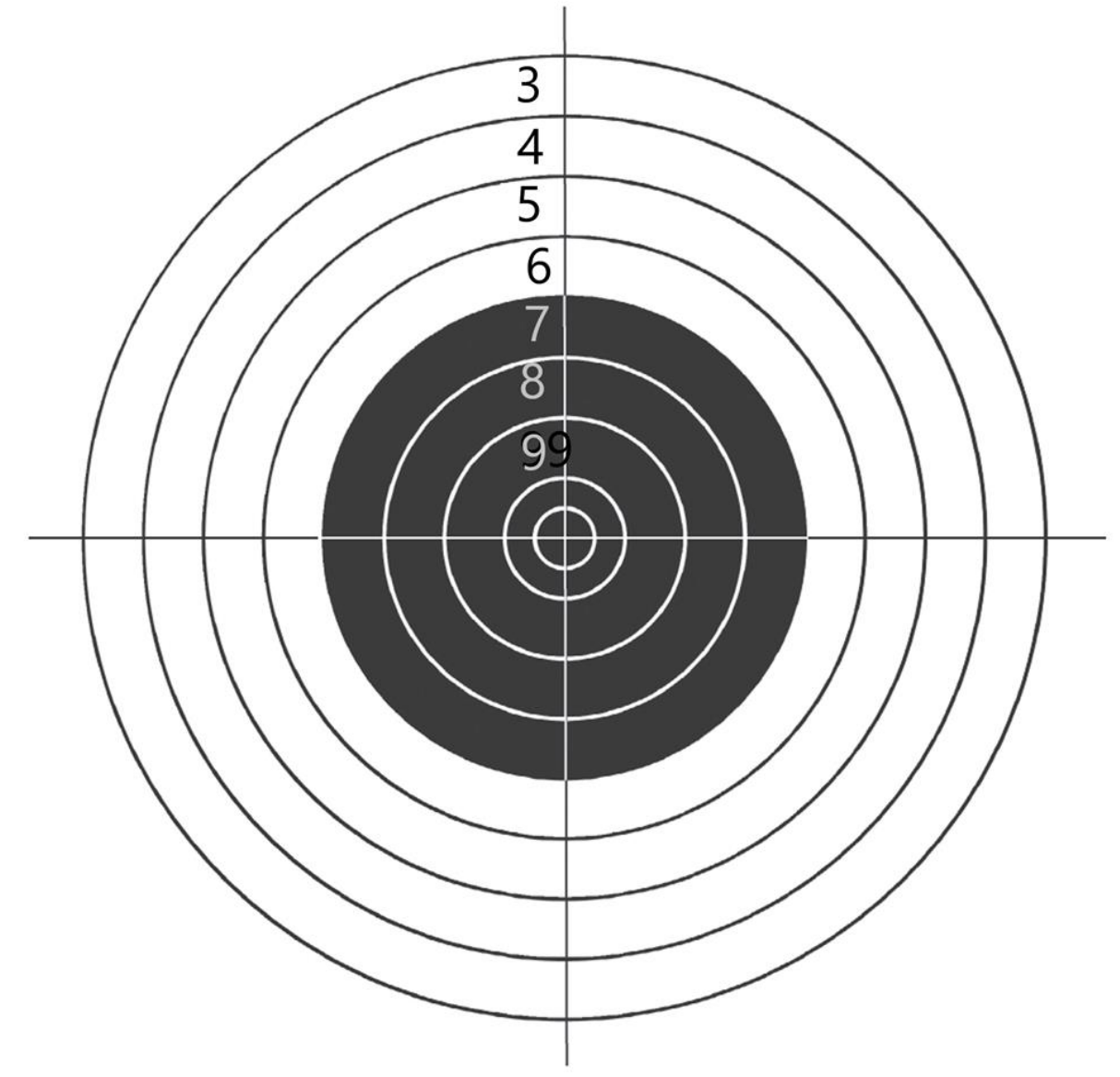


The AMSA sent out a calendar, our certificate (left), a flyer on ladder safety, a chronic pain chart and information on the dangers of prescription opiates (which I am a regular and frequent user of).

All of this will be available on Tuesday.

For any information about the EHMS please call Paul on 0418313395.

SIMPLIFIED TARGET SCORING



- Shots in or touching the bullseye count as 10
- Shots in the smaller centre ring count as 11 in case of a tie.
- Shots in the nine ring count as 9 (unless touching the 10 ring), and so on.
- My woeful 2019 score of 476/500 was made up of 28x10's, 20x 9's and 2x8's.

(The above is based on the 50 metre rimfire target used by SSAV to assess eligibility to cull feral animals in the Farmer Assist Program.)

I use this at 120 metres to sight in my personal rifle, periodically checking deviation between different ammo's , then always purchase the brand and velocity which performs best in my rifle. Laurie C.

Editors Note Laurie's target sheet must have been full of holes

EHMS tool policy

Tools are not to be removed from the workshop for member's private use.

Tools required for approved projects may be signed out and taken to site for use and then returned and sign in.

Double Vaccinated All members must be double vaccinated to enter the Shed.

Workshop training

The workshop committee now asks that any member who wants training on individual tools contact the trainer directly and arrange a mutually convenient time to have the training.

Remember members must be trained to the satisfaction of the trainer on each tool before they can use it.

A list of tools and trainers is given below.

Tools and trainers

Grinders and finishers	Tony Brosinsky and Bob Daley
Lathes	John Graham
Table saw, band saw, docking saw and coping saw.	Bob Daley
Thickeners, planer and router	Bob Daley
Pedestal Drills	Tony Brosinsky and Bob Daley
Metal Saw	Tony Brosinsky
Shears and Benders	Laurens Gordyn
3 in 1 Folder, bender and guillotine	Tony Brosinsky
Welder	Laurens Gordyn
Forklift	Tony Brosinsky

A record of your attendance and training will be kept.

EHMS Website and Facebook page

At last week's meeting there was discussion about our facebook page, blog and proposed website.

A committee has been formed to oversee the new website and existing facebook account and to consider the future of the blog. Hans, Peter Vin, Will and Trevor have volunteered.



New Group – Photography

Other think tank ideas

Artistic painting – tutor required

Cars

Rifle Shooting – Laurie Canfield to organise

Gardening

3D Modelling

History

3D Printing

Walking

Funnies



**Paddy goes for a job at a
chemical factory.**
Keep Calm And Oh Feck It Enjoy Some Craic
**The factory manager asks,
"Have you worked with
chemicals before?"**
"Yes!" Paddy replies.
**The manager asks,
"Can you tell me what
nitrate is?"**
**Paddy replies,
"I'm hoping its going to be
time and a half"**



Remember the EHMS has an Almoner Doug Rowley and over 50 Members Committed to each and to Men's Health all you need do is pick up the phone.

Call for support If you are feeling less connected because of coronavirus (COVID-19) you can call the Coronavirus Hotline (1800 675 398) and press 3. You will be connected to a volunteer from the Australian Red Cross who can link you with local supports.

Don't forget these important organisations that are there to help in these difficult times.
REMEMBER TO CALL A MATE.

Beyond Blue	1300 224 636
Lifeline	131 114
MensLine	1300 789 978
Suicide Call Back Service Veterans Line	1300 659 467
Veterans Line	1800 011 046
Grief Line - 12-3pm 7 days:	03 9935 7400
Pain Management Line	1300 340 357
Sane Australia	1800 18 7263
Mind Australia Carer Helpline	1300 554 660
Men's Referral Service for help to avoid domestic violence:	1300 766 491

International Men's Shed Associations

While we are all locked down, and you may be looking for something to do, you may want to check out International Men's Shed sites for ideas. Here are the links:

- The UK Men's Shed Association website is: <https://menssheds.org.uk/>
- The Irish Men's Shed Association website is: <https://menssheds.ie/>
- The Welsh Men's Shed Association facebook page is: <https://www.facebook.com/MensShedsCymru/>
- The Scottish Men's Shed Association website is: <https://scottishmsa.org.uk/>
The Scottish Shedder Magazine is well produced
- The Canadian Men's Shed Association website is: <http://menssheds.ca/>
- The New Zealand Men's Shed Associations website is: <https://menzshed.org.nz/>
- The USA Men's Shed Association website is: <https://usmenssheds.org/>



President – Doug Rowley endeavourhills.menshed@gmail.com

Secretary - Paul Morris paul_morris5@optusnet.com.au

Treasurer – John Thornton jthornto@bigpond.net.au

Vice President – Howard de Zylva hdezylva@hotmail.com

Almoner - Doug Rowley yelwor1946@gmail.com



FBEndeavour Hills Men's Shed

Endeavour Hills Men's Shed Committees

Program	BBQ	Management	
Graeme Seymour	Stan Ashley	Doug Rowley	Tony Brosinsky
Andras Jakab	Laurie Canfield	Howard de Zylva	Neil Evans
Neil Bennett	Graeme Seymour	Paul Morris	Laurie Canfield
John Grennan	Tony Cannata	John Thornton	Harry Hornstra
		Robert Kay	Lauren Gordyn

Working with Children Checks held by:

John Grennan	Tony Phillips
Geoff Brown	Neil Bennett
Doug Rowley	Andras Jakab
Howard DeZylva	Harry Hornstra
Stan Ashley	Brian Ashworth
Paul Morris	Hans van Dyk
Gordon Harris	Robert Kay
Peter Wallace	Will Beattie
Neil Evans	Len Follett
David Robinson	Joe Psaila
Tony Brosinsky	Garrick Williams
Laurens Gordyn	Vin Wragg
Max Brockbank	John Thornton

First Aiders.

Trevor Ratcliffe
 Paul Morris
 Doug Rowley
 John Thornton
 Brian Ashworth
 Neil Bennett
 Tony Cannata
 Howard De Zylva
 Garrick Williams
 Stan Ashley
 Neil Evans