

Issue 5 # 16

Shedding Endeavour's

17th May 2021

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Almoner - Doug Rowley yelwor1946@gmail.com

http://endeavourhillsmensshed.blogspot.com.au/

FB - Endeavour Hills Men's Shed



Men's Activities Guest Speakers.

We are now meeting at the new shed at Sydney Pargeter Reserve Endeavour Hills

10.00 –15.00 on Tuesdays, Wednesdays and Thursdays, soon to increase to Friday and Saturday.

This week we will meet at the New Shed on Tuesday at 10.00 am, after our meeting the setup of the workshop will continue.

Music Group

The Ukulele group will meet at the new shed from 12-2.00 pm on Tuesdays.

The guitar group will meet at the new shed from 12.30 – 3.00pm on Thursdays.

We will have a person on the door to ensure that you sanitize your hands and log in to the new identity QR check point using a mobile phone which is a compulsory requirement. Your number and first name will be recorded for 28 days in case there is a breakout, and you need to be contacted.

Note any breaches will result in 12 months suspension of the meetings for the Men's Shed.

(not just the offending member) – State government rules may it compulsory to sign in with the QR code, please do so and we if you can't advise Paul or Doug who will sign you in.

(That is if Doug can use his new phone). Note we still need to sign in and out of the attendance record for OHS and insurance.

Last week's notes

- Welcome to our three new members, Bruce Latham, Cliff Pritchard, and Louis Zaharopoulos.
- The committee will further discuss membership criteria concerning impaired/disabled using the social are and workshop.
- The promotional table was at the EH Shopping Centre will a good response.
- The PDF of our information sheet will be sent to Luke Donnellan's office for printing.
- The proposed community ukulele group will need insurance if non shed members attend.

- Members medical information forms will be available at the attendance desk and from Paul Morris.
- Domain names were discussed, EHMS.org.au is available, the computer committee will make a recommendation.
- Bookings of the social area need a separate email account.
- Treasurer John reported the club financials.
- A project manager will be considered by the committee.
- Gordon Harris reported on the use of the social area, Treasurer John stressed that the bond must be in our bank prior to using the facility and should not be released until an inspection is made.
- An excellent presentation by Vin on scale models followed.

Happy Birthday to Robert Kay 19th May





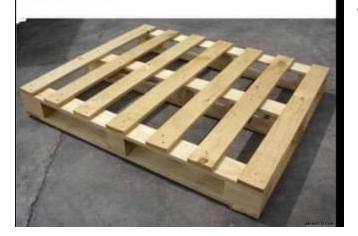
Laurie C has made a booking at the Sporting Shooters
Association Victoria range: for 3 PM Thursday the 3rd of
June.

Please contact Laurie to book

To comply with SSAV Covid-19 rules Laurie will need to conform the number of participants ASAP, to give us priority for spacing etc. Participants should note that only 2 people at a time are allowed in the entrance foyer to sign in.

The SSAV restaurant will be open should anyone wish to have a meal after the event.

Took me all day yesterday but finally finished. A pallet I made from an old coffee table.



The person who posted this to facebook has been invited to join the EHMS he obviously has the talent and skills required.

Presentation by Vin Wragg on Scale Modelling











The Future of Scale Modelling

Thanks Vin, for the presentation, going back to ancient modelling by Archimedes and Leonardo Da Vinci, 1930's injection molding kits, Airfix in 1939 though to air brushing and 3D printing.



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"Men Make It Happen"

In the past 3 years we have:

- Assisted Parks Victoria with the repair of outdoor furniture at Cardinia Reservoir and at Churchill National Park;
- Installed shelving at the Andrews Centre (emergency relief) working with the Rotary Club of Endeavour Hills (our founders, together with the City of Casey);
- Formed a partnership with the Endeavour Hills Library, giving presentations to help children and adults with various projects;
- Made and delivered outdoor play equipment for local kindergartens;
- Made and delivered possum boxes for a local primary school; and
- † Tested and tagged electrical appliances for a local Op Shop and for Disaster Aid Australia.
- Formed a partnership with the Endeavour Hills Library, giving presentations to help children and adults with various projects;
- Made and delivered outdoor play equipment for local kindergartens;
- Made and delivered possum boxes for a local primary school; and
- Tested and tagged electrical appliances for a local Op Shop and for Disaster Aid Australia.

What DO we do?

- Health Forums and Information
- Social Activities
- Guest Speakers
- Walks
- Bike Rides
- Fishing, Factory Tours & Excursions
- Workshop Projects personal and collective
- Community Work Schools, Kinders, Parks Victoria,
 Community Organisations, Endeavour Hills Library
- Films
- **†** Fundraising BBQ's
 - Music: Guitar & Ukulele Sessions
 - Jigsaws

We also:

- Share Ideas
- Look for New Things to Do
- Meet Other Blokes and Do Stuff
- Get Out of The House
- Do What Blokes Want to Do
- Help each other.

Tuesday—Saturday

10:00am—3:00pm

Sydney Pargeter Reserve

Endeavour Hills

Contact: Paul— (0418) 313 395

Roll Call - Checking up making sure everyone is fine.

during these difficult times. I will be sending.

out a roll call every week or s/o to make sure.

all our shed members are coping with the times.

Please reply with OK

If things are not progressing as you wish

And would like someone to talk with

Please speak up so I or someone can help – Regards Doug



MEN'S HEALTH

Has the increased pressure I am under impacting my partner of family?

Have I ever scared my partner of family?

Have I been putting my partner of family down, or calling them names?

Has my partner ever said they feel controlled, threatened, or scared by me?

Am I concerned with how my behaviour is impacting my kids or family?

If you answered yes to any of the above

Call the Men's referral line on 133 766 49

www.mrs.org.au

A CONVERSATION COULD CHANGE A LIFE



Got a feeling that someone you know or care about it isn't behaving as they normally would? Perhaps they seem out of sorts? More agitated or withdrawn? Or they're just not themselves. Trust that gut instinct and act on it. Learn more about the signs and when it's time to ask R U OK? here.

By starting a conversation and commenting on the changes you've noticed, you could help that family member, friend or workmate open up. If they say they are not ok, you can follow our conversation steps to show them they're supported and help them find strategies to better manage the load. If they are ok, that person will know you're someone who cares enough to ask.

Endeavour Hills Men's Shed Committees

Program BBQ Management

Graeme Seymour	Stan Ashley	Doug Rowley	John Grennan
Andras Jakab	Ivan Stiglic	Howard de Zylva	Neil Evans
Neil Bennett	Graeme Seymour	Paul Morris	Laurie Canfield
John Grennan		John Thornton	Harry Hornstra
		Robert Kav	

Working with Children Checks held by: First Aiders.

John Grennan	Tony Phillips	Trevor Ratcliffe
Geoff Brown	Neil Bennett	Paul Morris
Doug Rowley	Andras Jakab	Doug Rowley
Howard DeZylva	Harry Hornstra	John Thornton
Stan Ashley	Brian Ashworth	Brian Ashworth
Paul Morris	Hans van Dyk	Neil Bennett
Gordon Harris	Robert Kay	Tony Cannata
Geoff Lacey	Will Beattie	Howard De Zylva
Neil Evans	Len Follett	Garrick Williams
David Robinson	Joe Psaila	Stan Ashley
Tony Brosinsky	Garrick Williams	Neil Evans
		Vin Wragg