



Issue 5 # 15

Shedding Endeavour's

10th May 2021

President – Doug Rowley endeavourhills.menshed@gmail.com

Secretary - Paul Morris paul_morris5@optusnet.com.au

Treasurer – John Thornton jthornto@bigpond.net.au

Vice President – Howard de Zylva hdezylva@hotmail.com

Almoner - Doug Rowley yelwor1946@gmail.com

<http://endeavourhillsmensshed.blogspot.com.au/>

FB - Endeavour Hills Men's Shed



Men's Activities

Guest Speakers.

We are now meeting at the new shed at Sydney Pargeter Reserve Endeavour Hills

10.00 –15.00 on Tuesdays, Wednesdays and Thursdays, soon to increase to Friday and Saturday.

This week we will meet at the New Shed on Tuesday at 10.00 am, after our meeting the setup of the workshop will continue.

Music Group

The Ukulele group will meet at the new shed from 12-2.00 pm on Tuesdays.

The guitar group will meet at the new shed from 12.30 – 3.00pm on Thursdays.

We will have a person on the door to ensure that you sanitize your hands and log in to the new identity QR check point using a mobile phone which is a compulsory requirement. Your number and first name will be recorded for 28 days in case there is a breakout, and you need to be contacted.

Note any breaches will result in 12 months suspension of the meetings for the Men's Shed.

(not just the offending member)

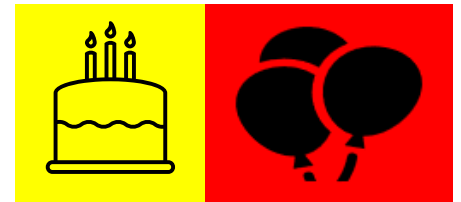
This week is a partners meeting, so that our better halves can see where we are and what we do in this wonderful new shed. Please bring a plate between you for everyone to share. The music group will entertain us.

Last week's notes

- Last weeks meeting was a partner's day with potential members and representatives from the Rotary Club of Greater Dandenong and Endeavour Hills including President Kam Pow and his wife.**
- President Doug acknowledged that we are on the land of Nerri Nerri and welcomed everyone to the first partners meeting at our New Mens Shed. He also welcomed John Cooper and his wife Julie.**
- Trevor Ratcliffe was invited to introduce the music group. This is one of our most successful groups with many members playing guitar, ukulele and drums.**
- The members of the music group played for the meeting including Peter Psaille and "at the local Men's Shed" which wrote specially for the occasion.**
- Golf day on 10th May Tony C to enquire and report, fee of \$10 per member.**

- **The Vice President of the Rotary Club of Greater Dandenong and Endeavour Hills presented a Paul Harris Fellowship to Trevor Ratcliff on behalf of the now merged Rotary Club of Endeavour Hills.**
- **Everyone brought a plate, and we then had a smorgasbord of homemade foods with tea and Coffee.**
- **The meeting was followed by an inspection of the workshop which is in the process of organization (No machines were operational at the time of inspection)**

- Paul Morris 15th May



Men's Shed grants open

The State Government is aiming to strengthen men's wellbeing and community connections across Victoria, with further funding to establish, expand or improve men's sheds.

Minister for Disability, Ageing and Carers Luke Donnellan opened applications for the 2021-22 men's shed grants round on Wednesday 21 April.

Men's sheds are safe and productive places where men can get together, work on common projects, form friendships and give back to their community.

Nearly \$900,000 will be available through the latest round of the men's sheds grants program.

"These grants will support men's sheds to expand, refurbish and grow their membership numbers as men's sheds carefully re-open across Victoria as restrictions

ease," Mr Donnellan said.

"Men's sheds can have extraordinary benefits for men's mental health and wellbeing by allowing them to build friendships and upskill in a welcoming environment."

Men's shed groups can apply for a grant of up to \$80,000 for the construction of a new men's shed or the extension or refurbishment of an existing shed.

The State Government provides \$1 million to support men's sheds each year, which includes \$128,000 to the Victorian Men's Shed Association.

There are currently more than 360 communities with men's sheds throughout Victoria.

For information about the 2021 Men's Shed Funding Program and how to apply, visit providers.dhhs.vic.gov.au/mens-shed-program.



Laurie C has made a booking at the Sporting Shooters Association Victoria range: for 3 PM Thursday the 3rd of June.

Please contact Laurie to book

To comply with SSAV Covid-19 rules Laurie will need to conform the number of participants ASAP, to give us priority for spacing etc. Participants should note that only 2 people at a time are allowed in the entrance foyer to sign in.

The SSAV restaurant will be open should anyone wish to have a meal after the event.

Trevor Ratcliffe is awarded a Paul Harris Fellow Award

Past President of the Rotary Club of Endeavour Hills Martin Pater presented a Paul Harris Fellow Award to Trevor Ratcliffe for his work as the Inaugural President of the Endeavour Hills Men's Shed.



The Rotary Club of Endeavour Hills has since merged to become the Rotary Club of Greater Dandenong and Endeavour Hills, President Kam Pow and his wife also attended, as did the Chairman of the Rotary Committee that formed the EHMS, John Cooper and his wife Julie.

Rotary was founded by Paul Harris, a lawyer, and three business associates in Chicago on 23 February 1905.

In his honour since 1957, Paul Harris Fellows have been recognised to express appreciation for contributions to the humanitarian and educational programs of The Rotary Foundation. Those programs include an array of projects that save and invigorate the lives of people around the world and enhance international friendship and understanding. These projects are funded, implemented, and managed by Rotarians and Rotary clubs around the world.



Email: endeavourhills.mensshed@gmail.com

Reg. Address: 3 Corker Close Narre Warren VIC 3185

ABN: 20212080319

“Men Make It Happen”

In the past 3 years we have:

- ‡ Assisted Parks Victoria with the repair of outdoor furniture at Cardinia Reservoir and at Churchill National Park;
 - ‡ Installed shelving at the Andrews Centre (emergency relief) working with the Rotary Club of Endeavour Hills (our founders, together with the City of Casey);
 - ‡ Formed a partnership with the Endeavour Hills Library, giving presentations to help children and adults with various projects;
 - ‡ Made and delivered outdoor play equipment for local kindergartens;
 - ‡ Made and delivered possum boxes for a local primary school; and
 - ‡ Tested and tagged electrical appliances for a local Op Shop and for Disaster Aid Australia.
-
- ‡ Formed a partnership with the Endeavour Hills Library, giving presentations to help children and adults with various projects;
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What DO we do?

- ♫ Health Forums and Information**
- ♫ Social Activities**
- ♫ Guest Speakers**
- ♫ Walks**
- ♫ Bike Rides**
- ♫ Fishing, Factory Tours & Excursions**
- ♫ Workshop Projects – personal and collective**
- ♫ Community Work – Schools, Kinders, Parks Victoria, Community Organisations, Endeavour Hills Library**
- ♫ Films**
- ♫ Fundraising BBQ's**

♫ Music: Guitar & Ukulele Sessions

♫ Jigsaws

We also:

- ♫ Share Ideas**
- ♫ Look for New Things to Do**
- ♫ Meet Other Blokes and Do Stuff**
- ♫ Get Out of The House**
- ♫ Do What Blokes Want to Do**
- ♫ Help each other.**

Tuesday—Saturday

10:00am—3:00pm

Sydney Pargeter Reserve

Endeavour Hills

Contact: Paul— (0418) 313 395

Roll Call - Checking up making sure everyone is fine.

during these difficult times. I will be sending.

out a roll call every week or s/o to make sure.

all our shed members are coping with the times.

Please reply with OK

If things are not progressing as you wish

And would like someone to talk with

Please speak up so I or someone can help – Regards Doug



Events Calendar

May 2021						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
					1 May Day	2
3 walking for health in Endeavour Hills 11am from EHMS Enq. Howard	4 Open Day for Partners 10am	5 Bike Riding Tour from EHMS 10am Tour De EH Talk to Hans	6 Guitar Group @ 12.30pm	7	8 Promotional Table at EHSC 9am - 120pm	9 Mother's Day SUNNINGS Warehouse SARGAS SIZZLE FUNDRAISER 8.30am – 4.30pm Shifts per Arrangement
10 Golf @ Churchill Park 10am Talk to Tony C.	11 Scale Modelling by Vn <u>Newbie's Self-Intro .</u> Ukulele at midday	12	13 Guitar Group @ 12.30pm	14	15	16
17	18 Tony B. Beekeeping <u>Newbie's Self-Intro .</u> Ukulele at midday	19 Bike Riding Tour from EHMS 10am Tour De EH Talk to Hans	20 Guitar Group @ 12.30pm	21	22	23 SUNNINGS Warehouse SARGAS SIZZLE FUNDRAISER 8.30am – 4.30pm Shifts per Arrangement
24	25 Intro to Machines & OH&S Session I. by the Safety Committee <u>Newbie's Self-Intro .</u> Ukulele at midday	26	27 Guitar Group @ 12.30pm	28 Barefoot Bowling 5 - 8.30pm	29	30
31						

Changes may occur due to unplanned factors

MEN'S HEALTH

Has the increased pressure I am under impacting my partner or family?

Have I ever scared my partner or family?

Have I been putting my partner or family down, or calling them names?

Has my partner ever said they feel controlled, threatened, or scared by me?

Am I concerned with how my behaviour is impacting my kids or family?

If you answered yes to any of the above

Call the Men's referral line on **133 766 49**

www.mrs.org.au

A CONVERSATION COULD CHANGE A LIFE



Got a feeling that someone you know or care about isn't behaving as they normally would? Perhaps they seem out of sorts? More agitated or withdrawn? Or they're just not themselves. Trust that gut instinct and act on it. Learn more about the signs and when it's time to ask R U OK? [here](#).

By starting a conversation and commenting on the changes you've noticed, you could help that family member, friend or workmate open up. If they say they are not ok, you can follow our conversation steps to show them they're supported and help them find strategies to better manage the load. If they are ok, that person will know you're someone who cares enough to ask.

Are you a glutton for puns?

Turning vegan would be a big missed steak.

Crushing pop cans is soda pressing.

I have a chicken proof lawn - it's impeccable.

I ate a frozen apple – hard core!

When the smog lifts in California – UCLA.

I hate the snow! No wait, I love the snow! Signed Bi-Polar Bear.

Beer nuts for sale \$1.25 per bag. Deer nuts are under a buck.

I'm terrified of elevators and I'm taking steps to avoid them.

Drink wine, it isn't good to keep things bottled up.

People are making apocalypse jokes like there's no tomorrow.

Cows have hooves because they lactose.

Huge fight at local seafood diner – battered fish everywhere!

I'm friends with 25 letters of the alphabet – I don't know Y.

For chemists, alcohol is not a problem – it's a solution.

My relationship with whisky is on the rocks.

Puns about communism aren't funny unless everyone gets them.

Whenever I try to eat healthy, a chocolate bar looks at me & snickers.

Electricians have to strip to make ends meet.

Well, to be frank, I'd have to change my name.

Dogs can't operate MRI scanners, but catscan.

Our mountains aren't just funny, they're hill areas.

Life and beer are very similar – chill for best results.

Cow stumbles into pot field – the steaks have never been higher.

Double negatives are a no-no in English.

Endeavour Hills Men's Shed Committees

Program

Graeme Seymour
Andras Jakab
Neil Bennett
John Grennan

BBQ

Stan Ashley
Ivan Stiglic
Graeme Seymour

Management

Doug Rowley
Howard de Zylva
Paul Morris
John Thornton
Robert Kay
John Grennan
Neil Evans
Laurie Canfield
Harry Hornstra

Working with Children Checks held by:

John Grennan
Geoff Brown
Doug Rowley
Howard DeZylva
Stan Ashley
Paul Morris
Gordon Harris
Geoff Lacey
Neil Evans
David Robinson
Tony Brosinsky
Tony Phillips
Neil Bennett
Andras Jakab
Harry Hornstra
Brian Ashworth
Hans van Dyk
Robert Kay
Will Beattie
Len Follett
Joe Psaila
Garrick Williams

First Aiders.

Trevor Ratcliffe
Paul Morris
Doug Rowley
John Thornton
Brian Ashworth
Neil Bennett
Tony Cannata
Howard De Zylva
Garrick Williams
Stan Ashley
Neil Evans
Vin Wragg