



Issue 5 # 13

Shedding Endeavour's

26th April 2021

President – Doug Rowley endeavourhills.menshed@gmail.com

Secretary - Paul Morris paul_morris5@optusnet.com.au

Treasurer – John Thornton jthornto@bigpond.net.au

Vice President – Howard de Zylva hdezylva@hotmail.com

Almoner - Doug Rowley yelwor1946@gmail.com

<http://endeavourhillsmensshed.blogspot.com.au/>

FB - Endeavour Hills Men's Shed



Men's Activities

Guest Speakers.

We are now meeting at the new shed at Sydney Pargeter Reserve Endeavour Hills

10.00 –15.00 on Tuesdays, Wednesdays and Thursdays, soon to increase to Friday and Saturday.

This week we will meet at the New Shed on Tuesday at 10.00 am, after our meeting the setup of the workshop will continue.

Music Group

The Ukulele group will meet at the new shed from 12-2.00 pm on Tuesdays.

The guitar group will meet at the new shed from 12.30 – 3.00pm on Thursdays.

We will have a person on the door to ensure that you sanitize your hands and log in to the new identity QR check point using a mobile phone which is a compulsory requirement. Your number and first name will be recorded for 28 days in case there is a breakout, and you need to be contacted.

Note any breaches will result in 12 months suspension of the meetings for the Men's Shed.

(not just the offending member)

A reminder that next week's meeting on the 4th May is a partner's day.

Last week's notes come from President Doug.

- **27 in attendance**
- **5 Apologies**
- **3 phase outlets being arranged next Wednesday**

- **Promotion table arranged for Saturday 8 May Stan John G Robert & Will**
- **All hire documents are now in order.**
- **12 couples have RSVP for 4th May.**
- **Hans waiting on new signs.**
- **Internet still waiting on Telstra.**
- **Trevor spoke on grant for kitchen supplies the grant is for \$1000 goods cost \$2000 for a setting for 92 Gus put his hand up to cover all costs.**
- **Len Follett gave a talk.**
- **Vin did a short presentation on Anzac Day.**
- **Geoff Lacey will help Trevor out in tagging new equipment (as per Stan)**
- **Fishing looks like being cancelled again due to weather.**
- **Tony B and Gordon are on the safety committee with Laurens.**
- **Workshop should be completed set up by end May.**

- Vin Wragg's birthday on 26th April, Happy Birthday Vin



From treasurer John:

As I get older, I've come to realise the following 10 things:

- 1. I talk to myself because I sometimes I need expert advice.**
- 2. Sometimes I roll my eyes out loud.**
- 3. I don't need anger management. I need people to use a bit of common sense and stop being so silly.**
- 4. My people skills are just fine. It's my tolerance for stupidity that might need some work.**
- 5. The biggest lie I tell myself is "I don't need to write that down, I'll remember it!"**
- 6. When I was a child, I thought nap time was punishment. Now, it's like a mini vacation.**
- 7. The day the world runs out of wine is just too terrible to think about.**
- 8. Even duct tape can't fix silly, but it can muffle the sound.**
- 9. Wouldn't it be great if we could put ourselves in the dryer for 10 minutes; come out wrinkle free and three sizes smaller?**

'Getting lucky' means walking into a room and remembering why I am there

New signs



Endeavour Hills Men's Shed
"Men Make it Happen"

OPEN 10am - 3pm
 Tuesday - Saturday

Phone: 0418 313 393

Sydney Pargeter Reserve
 289 Power Rd
 Endeavour Hills



Endeavour Hills Men's Shed
"Men Make it Happen"

Moved to -

Sydney Pargeter Reserve
 289 Power Rd
 Endeavour Hills

Phone: 0418 313 393



Men's Shed
"Men Make it Happen"

OPEN 10am - 3pm
 Tuesday - Saturday

Sydney Pargeter Reserve
 289 Power Rd. Endeavour Hills

EHMS activities



Endeavour Hills Mens Shed players John Grennan and Roger Bartlett. 232391



Uke players Peter Spry, John Grennan, Trevor Ratcliffe, Roger Bartlett and Doug Rowley. 232391
 Pictures: STEWART CHAMBERS

Ukelele club makes the sweet sound of friendship

A strumming, bellowing band of ukelele players is singing out for more to join the melody.

Up to six Endeavour Hills Mens Shed members strum along each Tuesday to past and modern tunes, such as 'Sweetest Waste of Time' by Australian country musician Kasey Chambers.

President Trevor Ratcliffe, who for many

years had wanted to take up a musical instrument, says he prefers the slower songs with melody and meaning. After a frustrating try at piano, he took up the uke. With two less strings than the guitar, it's a relatively easy-to-learn option, Mr Ratcliffe says.

"No musical instrument is completely easy but this is one of the easiest to learn.

"I enjoy being able to do it because my ex-

perience with the piano wasn't a very happy one."

The singalong group is seeking to set up a ukelele club for the broader community. Anyone with an interest in music is invited to join.

"The mens shed is about involving the community. And this is an initiative arising from that," Mr Ratcliffe said.

"Endeavour Hills is a suburb that was initially left to its own devices and without a lot of social infrastructure.

"It is still lacking that now and that creates other problems like social isolation, anonymity and a lack of identity."

To join the group, contact trevor.ratcliffe001@gmail.com

Roll Call - Checking up making sure everyone is fine.

during these difficult times. I will be sending.

out a roll call every week or s/o to make sure.

all our shed members are coping with the times.

Please reply with OK

If things are not progressing as you wish

And would like someone to talk with

Please speak up so I or someone can help – Regards Doug




Events Calendar

Settling In Our Shed

April 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1  Guitar Group @ 1pm	2 Good Friday	3 Easter Saturday	4 Easter Sunday
5 Easter Monday	6 Easter Tuesday (TAS)  Ukulele group at midday <i>Walking with Probus</i> Lysterfield Park at 10.30am Lunch at Stella's Kitchen at Montague Orchard at 12pm	7 World Health Day	8  Guitar Group @ 1pm	9 Fishing in Western Port 12.30pm – 4.30pm <i>Boarding at Yarringa Boat Harbour</i>  \$80pp Carpool at 11 am	10 Natl. Siblings Day	11
12	13 Newby's Time New Members Self-intro  Ukulele group at midday	14	15  Guitar Group @ 1pm	16	17	18
19 Bike Riding  Tour from EHMS 10 km to Jellie Park Talk to Hans	20 Newby's Time New Members Self-intro  Ukulele group at midday	21	22 Earth Day  Guitar Group @ 1pm	23 World Book Day	24	25 Anzac Day
26	27 Newby's Time New Members Self-intro  Ukulele group at midday	28	29  Guitar Group @ 1pm	30  Barefoot Bowling 5 - 8.30pm 		

MEN'S HEALTH

Has the increased pressure I am under impacting my partner or family?

Have I ever scared my partner or family?

Have I been putting my partner or family down, or calling them names?

Has my partner ever said they feel controlled, threatened, or scared by me?

Am I concerned with how my behaviour is impacting my kids or family?

If you answered yes to any of the above

Call the Men's referral line on **133 766 49**

www.mrs.org.au

A CONVERSATION COULD CHANGE A LIFE



Got a feeling that someone you know or care about isn't behaving as they normally would? Perhaps they seem out of sorts? More agitated or withdrawn? Or they're just not themselves. Trust that gut instinct and act on it. Learn more about the signs and when it's time to ask R U OK? [here](#).

By starting a conversation and commenting on the changes you've noticed, you could help that family member, friend or workmate open up. If they say they are not ok, you can follow our conversation steps to show them they're supported and help them find strategies to better manage the load. If they are ok, that person will know you're someone who cares enough to ask.

Endeavour Hills Men's Shed Committees

Program

Graeme Seymour
Andras Jakab
Neil Bennett
John Grennan

BBQ

Stan Ashley
Ivan Stiglic
Graeme Seymour

Management

Doug Rowley
Howard de Zylva
Paul Morris
John Thornton
Robert Kay

John Grennan
Neil Evans
Laurie Canfield
Harry Hornstra

Working with Children Checks held by:

John Grennan
Geoff Brown
Doug Rowley
Howard DeZylva
Stan Ashley
Paul Morris
Gordon Harris
Geoff Lacey
Neil Evans
David Robinson

Tony Phillips
Neil Bennett
Andras Jakab
Harry Hornstra
Brian Ashworth
Hans van Dyk
Robert Kay
Will Beattie
Len Follett
Joe Psaila

First Aiders.

Trevor Ratcliffe
Paul Morris
Doug Rowley
John Thornton
Brian Ashworth
Neil Bennett
Tony Cannata
Howard De Zylva
Garrick Williams
Stan Ashley
Neil Evans
Vin Wragg