



Issue 5 # 12

Shedding Endeavour's

19th April 2021

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Secretary - Paul Morris paul_morris5@optusnet.com.au

Treasurer – John Thornton jthornto@bigpond.net.au

Vice President – Howard de Zylva hdezylva@hotmail.com

Almoner - Doug Rowley yelwor1946@gmail.com

<http://endeavourhillsmensshed.blogspot.com.au/>

FB - Endeavour Hills Men's Shed



Men's Activities

Guest Speakers.

We are now meeting at the new shed at Sydney Pargeter Reserve Endeavour Hills

10.00 –15.00 on Tuesdays, Wednesdays and Thursdays, soon to increase to Friday and Saturday.

This week we will meet at the New Shed on Tuesday at 10.00 am, after our meeting the setup of the workshop will continue.

Music Group

The Ukulele group will meet at the new shed from 12-2.00 pm on Tuesdays.

The guitar group will meet at the new shed from 12.30 – 3.00pm on Thursdays.

We will have a person on the door to ensure that you sanitize your hands and log in to the new identity QR check point using a mobile phone which is a compulsory requirement. Your number and first name will be recorded for 28 days in case there is a breakout, and you need to be contacted.

Note any breaches will result in 12 months suspension of the meetings for the Men's Shed.

(not just the offending member)

- Apologies from Max Brockbank, Tony Phillips and Doug Rowley (President Doug is having a cataract operation and we wish him well).**
- Paul will be away from 14-28th April inclusive (stop that cheering!).**
- The first hire of the social area took place on Sunday night with an Afghani group. All went and thanks to Gordon Harris for his work with the group and producing the hire schedule.**
- Fishing trip was cancelled due to bad weather, the group will now look at options.**
- Tony Cannatta will supervise the shed on Wednesday and Thursday due to absences.**
- Stan gave details of the Bunnings BBQ on 9th May.**
- Andras took numbers for the Dandenong Club Bowling session (this time we need to turn up to save our reputation).**
- Andras set a tentative date of 25th May to begin members training on equipment.**
- Paul contacted Telstra business as requested by the committee and is awaiting a reply.**
- Bob Daly gave presented his icebreaker which described his life in the UK and Australia. Attending the Agriculture College in Dookie (Shepperton), 3 years in the WA Nickel mines and his furniture business - Thanks for a great presentation Bob.**

- Vin Wragg's birthday on 26th April, Happy Birthday Vin



EHMS activities



Endeavour Hills Mens Shed players John Grennan and Roger Bartlett. 232391



Uke players Peter Spry, John Grennan, Trevor Ratcliffe, Roger Bartlett and Doug Rowley. 232391

Pictures: STEWART CHAMBERS

Ukelele club makes the sweet sound of friendship

A strumming, bellowing band of ukelele players is singing out for more to join the melody.

Up to six Endeavour Hills Mens Shed members strum along each Tuesday to past and modern tunes, such as 'Sweetest Waste of Time' by Australian country musician Kasey Chambers.

President Trevor Ratcliffe, who for many

years had wanted to take up a musical instrument, says he prefers the slower songs with melody and meaning. After a frustrating try at piano, he took up the uke. With two less strings than the guitar, it's a relatively easy-to-learn option, Mr Ratcliffe says.

"No musical instrument is completely easy but this is one of the easiest to learn.

"I enjoy being able to do it because my ex-

perience with the piano wasn't a very happy one."

The singalong group is seeking to set up a ukelele club for the broader community. Anyone with an interest in music is invited to join.

"The mens shed is about involving the community. And this is an initiative arising from that," Mr Ratcliffe said.

"Endeavour Hills is a suburb that was initially left to its own devices and without a lot of social infrastructure.

"It is still lacking that now and that creates other problems like social isolation, anonymity and a lack of identity."

To join the group, contact trevor.ratcliffe001@gmail.com

Roll Call - Checking up making sure everyone is fine.

during these difficult times. I will be sending.

out a roll call every week or s/o to make sure.

all our shed members are coping with the times.

Please reply with OK

If things are not progressing as you wish

And would like someone to talk with

Please speak up so I or someone can help – Regards Doug



Settling in Our Shed

April 2021

Mon	Tue	Wed	Thu	Fri	Sat	Sun
			1 Guitar Group @ 1pm	2 Good Friday	3 Easter Saturday	4 Easter Sunday
5 Easter Monday	6 Easter Tuesday (TAS) Ukulele group at midday Walking with Probus Lysterfield Park at 10.30am Lunch at Stella's Kitchen at Montague Orchard at 12pm	7 World Health Day	8 Guitar Group @ 1pm	9 Fishing in Western Port 12.30pm – 4.30pm Boarding at Yarringa Boat Harbour Carpool at 11 am \$80pp	10 Natl. Siblings Day	11
12	13 Newby's Time New Members Self-intro Ukulele group at midday	14	15 Guitar Group @ 1pm	16	17	18
19 Bike Riding Tour from EHMS 10 km to Jells Park Talk to Hans	20 Newby's Time New Members Self-intro Ukulele group at midday	21	22 Earth Day Guitar Group @ 1pm	23 World Book Day	24	25 Anzac Day
26	27 Newby's Time New Members Self-intro Ukulele group at midday	28	29 Guitar Group @ 1pm	30 Barefoot Bowling 5 - 8.30pm		

MEN'S HEALTH

Has the increased pressure I am under impacting my partner or family?

Have I ever scared my partner or family?

Have I been putting my partner or family down, or calling them names?

Has my partner ever said they feel controlled, threatened, or scared by me?

Am I concerned with how my behaviour is impacting my kids or family?

If you answered yes to any of the above

Call the Men's referral line on 133 766 49

www.mrs.org.au

A CONVERSATION COULD CHANGE A LIFE



Got a feeling that someone you know or care about isn't behaving as they normally would? Perhaps they seem out of sorts? More agitated or withdrawn? Or they're just not themselves. Trust that gut instinct and act on it. Learn more about the signs and when it's time to ask R U OK? [here](#).

By starting a conversation and commenting on the changes you've noticed, you could help that family member, friend or workmate open up. If they say they are not ok, you can follow our conversation steps to show them they're supported and help them find strategies to better manage the load. If they are ok, that person will know you're someone who cares enough to ask.

Diary Note

On the 4th May is our partners day meeting, we will give our partners an insight into what we do at the shed (not too much).

The morning will include a session by our popular music group.

Any ideas call or email Paul.

Endeavour Hills Men's Shed Committees

Program

Graeme Seymour
Andras Jakab
Neil Bennett
John Grennan

BBQ

Stan Ashley
Ivan Stiglic
Graeme Seymour

Management

Doug Rowley
Howard de Zylva
Paul Morris
John Thornton
Robert Kay
John Grennan
Neil Evans
Laurie Canfield
Harry Hornstra

Working with Children Checks held by:

John Grennan
Geoff Brown
Doug Rowley
Howard DeZylva
Stan Ashley
Paul Morris
Gordon Harris
Geoff Lacey
Neil Evans
David Robinson
Tony Phillips
Neil Bennett
Andras Jakab
Harry Hornstra
Brian Ashworth
Hans van Dyk
Robert Kay
Will Beattie
Len Follett
Joe Psailia

First Aiders.

Trevor Ratcliffe
Paul Morris
Doug Rowley
John Thornton
Brian Ashworth
Neil Bennett
Tony Cannata
Howard De Zylva
Garrick Williams
Stan Ashley
Neil Evans
Vin Wragg