



Endeavour Hills Men's  
Shed

13<sup>th</sup> July 2020

Guest Speakers

Men's Activities

Issue 4 # 27

13<sup>th</sup> July 2020

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**VP and Almoner - Doug Rowley**

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<http://endeavourhillsmensshed.blogspot.com.au/>

Facebook search Endeavour Hills Mens Shed

**CLOSED due to Covid-19 Virus Threat**  
Keep isolating and keep safe. Regulations are changing  
watch this space. During the current lockdown we cannot meet  
in person.

ENDEAVOUR HILLS  
MEN'S SHED  
Closed due to Corvid -19 threat.

**This week we have a zoom meeting on Tuesday, our members meeting at 10.00am.**

**Meeting ID 856 1268 9272**

**Password 973610**

**A Committee held will be held on Monday and a report given on Tuesday.**

Last week we had 14 members attending plus 1 apology our virtual meeting, notes from the meeting are below:

- President Trevor reported that we have not received a response from council re the lease, the view of the EHMS is that we have a full lease, men's health is not a part time thing.
- President Trevor said should have a meeting with council and Minister Luke Donnellan
- A reply has been received from Montagues Orchard, they have suggested a small boat shed, fencing and landscaping as projects involving the EHMS.
- We discussed Angie's email re the communications cabinet, and we will ask for further information.
- New timber is advisable for school projects.
- The Kinder project was discussed, suggested that recycled timber may not be suitable for a school project. The outcome was that one unit be built and submitted for approval.
- The council equipment and training grant is open, we still have funds (approx. \$900) Colin Ferns will look at A3 printers and report back.
- Doug will contact Nicole at council re Essex Park (this was before the current lockdown).
- The DAA projects took 80 manhours for each project, donation tins and demonstration tubs
- When out of lockdown we need to purchase batteries and pads for the defibrillator.

## **2020-21 Fees**

Your Committee has recommended that the annual membership fee be kept the same as the current year which is \$50.00 per member. This will be an agenda item at the AGM. Treasurer John has now sent out invoices with your own identification, please use it when paying by 31<sup>st</sup> July.

## Our NEW Shed

- Our new shed is being built by:  
**More Building Group** <https://www.morebg.com.au/>

We have been advised that all our enquiries should be addressed to council and **NOT** the builder.  
**Please do not enter the worksite, big brother is watching.**

**We are still waiting for a reply from council re the lease for the new shed.**

Work continues, this picture was taken on 10<sup>th</sup> July 2020, the roof is on, and the builder has started on the colourbond sides.

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The copy on the next page relates to the putting together of packed furniture and a suggestion by a member of the public to contact a Men's Shed. Another idea for our services?



geoff bongartz • Pakenham East



Hello Manpreet, you might be able to get help if you contact the Mens Shed in your area. If you don't have any luck this week you can contact me next week. I live in pakenham and I... See more

19 hrs ago [Thank](#) [Reply](#)



Manpreet Minhas • Berwick



Thanks Geoff. I'll try Men's Shed

17 hrs ago [Thank](#) [Reply](#)

Message from our Almoner

### **Roll Call**

Checking up making sure everyone is fine.  
during these difficult times. I will be sending  
out a roll call every week or so to make sure  
all our shed members are coping with the times

### **Please reply with OK**

If things are not progressing as you wish  
And would like someone to talk with  
Please speak up so I or someone can help.

Regards Doug

### **The Montague Orchard Project**

An online Committee meeting will be held jointly with staff from Montagues.

Successful Grant application.

Thanks to President Trevor for all the work he does preparing and following up grant applications, the message below relates to his latest success.

We have just been advised that our 2020-2021 City of Casey Community Grant Application has been successful. We have been granted the full amount of \$5000 for the following items:

Pallet Lifter/Stacker (safety lifting) \$1,800 Palm Sander \$89 Welding accessories / Hand Tools \$190 Socket set / Spanner Set \$310 Step Ladders (2) \$478 Safety Floor Mats x (workstations) \$118 Thicknesser Blades / Hand Tools \$120 BBQ (for community events) \$1,895



The pictures are the first of four tables to be made for the Kindergarten project, at Howards place.



**A message from Ray Stewart who remains a member of EHMS and now lives in NSW:**

“Shelley and I are now well settled here on the mid-north coast of NSW. Next month it will have been two years since we moved and we really enjoy the lifestyle ... and the weather (sorry!)

I have continued reading the despatches over recent, difficult and challenging months with great interest.

The story leading to the commencement of your building has been interesting, and inspirational. And now, seeing it in the various stages is amazing – the drone segment particularly. You should all be immensely proud of how much you have achieved.

I carry an abiding memory of being on the information stand at Endeavour Hills Shopping Centre (with Peter Faulkner) handing out brochures when the Men’s Shed was not yet even a lusty infant. A quiet day, and in the distance, from Coles, a lady, probably in her late 50s came towards us, smiling broadly. “Would you like a brochure?” we asked.

And then she said something along these lines, “Boys, I don’t need a brochure, thank you. I just had to come down and wish you well. Now, please do not be upset with what I am about to say, but in my heart I *know* that had there been a Men’s Shed here a few short years ago, my husband would still be alive.” Still smiling, she said, “go well, thank you, bye-bye”, turned and walked away.

Not a dry eye in the house, as they say.

So, keep up the good work. One day – one day – I hope to visit and see the results of your committed efforts, as well as a few faces of course.

Kind regards to all – Ray”

### **Members and Public Liability Insurance**

We have been advised that our public liability insurance **does not** cover group walking or bicycle riding (nor as individuals). The Committee therefor suggests that you should consider obtaining individual accident insurance cover.

### **Covid -19**

The Federal Government's Department of Health has a free on-line Covid 19 Symptom Checker which members might find useful at:

<https://www.healthdirect.gov.au/symptom-checker/tool/basic-details>

As we become more 'socially isolated' and as time progresses, we need to ensure that we also care for and maintain healthy relationships with those who share our space. Some timely deep breathing exercises might be helpful. No evictions are permitted in this 'game'.

### **Veggie Gardens**

Episode 1 - What to grow now and how to start

These ongoing episodes are available online.

The link was too big to publish if anyone wants it please email the editor and I will send it to you.

Episode 2 - How to setup your veggie beds the easy way



## Ten ways to reduce your risk of coronavirus

- **WASH** hands often with soap and running water, for at least 20 seconds. DRY with paper towel or hand dryer.
- **TRY** not to touch your eyes, nose or mouth.
- **COVER** your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- **ISOLATE** yourself at home if you feel sick. If you take medication ensure you have adequate supplies.



- **PHONE** your GP first if you need medical attention. They will tell you what to do.
- **CONTINUE** healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.
- **DON'T** wear a face mask if you are well.
- **BUY** an alcohol-based hand sanitiser with over 60 per cent alcohol.
- **GET** the flu shot (available April).
- **SHAKING HANDS** is optional!



Find out more  
[www.dhhs.vic.gov.au/coronavirus](http://www.dhhs.vic.gov.au/coronavirus)

If you are concerned, call the

**Coronavirus hotline 1800 675 398 (24 hours)**

Please keep Triple Zero (000) for emergencies only



## Endeavour Hills Men's Shed Committees

### Program

Graeme Seymour  
Andras Jakab  
Neil Bennett  
John Grennan

### BBQ

Stan Ashley  
Ivan Stiglic  
Graeme Seymour

### Management

Trevor Ratcliffe	John Grennan
Doug Rowley	Neil Bennett
Paul Morris	Laurie Canfield
John Thornton	Neil Evans
	Robert Kay

### Working with Children Checks held by:

John Grennan  
Geoff Brown  
Doug Rowley  
Howard DeZylva  
Stan Ashley  
Paul Morris  
Gordon Harris  
Geoff Lacey  
Neil Evans  
David Robinson

Tony Phillips  
Neil Bennett  
Andras Jakab  
David Taylor  
Brian Ashworth  
Hans van Dyk  
Robert Kay  
Will Beattie  
David Taylor  
Harry Hornstra

### First Aiders

Trevor Ratcliffe  
Paul Morris  
Doug Rowley  
John Thornton  
Brian Ashworth  
Neil Bennett  
Tony Cannata  
Howard De Zylva  
Garrick Williams  
Stan Ashley  
Neil Evans  
Vin Wragg