

'Men Make It Happen'

# 24<sup>th</sup> May 2020

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CLOSED due to Covid-19 Virus Threat Keep isolating and keep safe.

Endeavour Hills Men's Shed

24<sup>th</sup> May 2020

**Guest Speakers** 

Men's Activities

Issue 4 # 20

ENDEAVOUR HILLS

MEN'S SHED

Closed due to Corvid -19 threat.

This week we have two zoom meetings on Tuesday, our members meeting at 10.00am and for those involved an Equip4Life meeting at 11.15am organised by AJ.

### **Our NEW Shed**

Wonderful news the contract for the project has been awarded to the:
 More Building Group https://www.morebg.com.au/

We have been advised that all our enquiries should be addressed to council and  $\underline{\text{NOT}}$  the builder. Taken on the 14<sup>th</sup> May 2020.

Thanks to Howard and Garrick for the pictures.



Work continues, still working on the membrane - a lot of sealing to be done on the corners of each of the sand blocks.

### COVID 19

My suggestions are for everyone to increase their fitness level so that in the event of illness (whatever it might be) their resistance and recovery will be as good as it can be.

An outcome which is consistent with our Health policy

#### **Trevor**

### **Latest news from the State Government**

Premier Danial Andrews has announced that as at 1<sup>st</sup> June 2020 community groups of up to 20 people (including Men's Sheds) can meet. President Trevor has asked the City of Casey whether we can resume meetings and if so, what the restrictions will be.

### **Getting online**

All members need is a computer with a microphone and webcam or a smartphone.

If anyone needs assistance getting online, please contact me and I will try and get some help for them. Our aim is to have every member able to contribute to the online meeting just as though they were driving to our shed.

### **Meeting Protocols**

Thanks to all for meeting the protocol requirements outlined last week. If we continue with the improvement ongoing, we should not have any further online meeting issues.

We will begin after greetings with President Trevor's report. Followed by an individual reports.

### **Last week's Meeting**

We again had our Zoom meeting last week.

President TrevorSend said that there was a need to think about a move into the new men shed Harry offered the services of his truck as long as it was on weekends. When the restrictions lift, we also have projects to complete at the police veggie garden and disaster aid Australia. Lori's idea of a time capsule was also floated. We need to consider the lease from council. Treasurer John reported that \$2000 had been received from the Rotary Club of endeavour Hills. Hans said that the Rotary car show was to be on the 28th of March 2021 that was a discussion about whether we would be available to do the barbeque and if so, what the conditions were.

The meeting ended at 11:10 AM.



John Grennan wants to know if anyone has a trumpet, they could donate to a disadvantaged person who John talks to on a regular basis. If you have please contact John directly or the editor.

### Message from our Almoner

#### Roll Call

Checking up making sure everyone is fine.

during these difficult times. I will be sending

out a roll call every week or so to make sure

all our shed members are coping with the times

### Please reply with OK

If things are not progressing as you wish

And would like someone to talk with

Please speak up so I or someone can help.

### Regards Doug

### Covid -19

The Federal Government's Department of Health has a free on-line Covid 19 Symptom Checker which members might fund useful at:

### https://www.healthdirect.gov.au/symptom-checker/tool/basic-details

As we become more 'socially isolated' and as time progresses, we need to ensure that we also care for and maintain healthy relationships with those who share our space. Some timely deep breathing exercises might be a helpful. No evictions are permitted in this 'game'.







## Ten ways to reduce your risk of coronavirus

- WASH hands often with soap and running water, for at least 20 seconds. DRY with paper towel or hand dryer.
- TRY not to touch your eyes, nose or mouth.
- COVER your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- ISOLATE yourself at home if you feel sick. If you take medication ensure you have adequate supplies.



- PHONE your GP first if you need medical attention. They will tell you what to do.
- CONTINUE healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.
- DON'T wear a face mask if you are well.
- BUY an alcohol-based hand sanitiser with over 60 per cent alcohol.
- GET the flu shot (available April).
- **SHAKING HANDS** is optional!

Find out more www.dhhs.vic.gov.au/coronavirus





If you are concerned, call the

## Coronavirus hotline 1800 675 398 (24 hours)

Please keep Triple Zero (000) for emergencies only

#### **ZEN TEACHINGS**

- 1. Do not walk behind me, for I may not lead. Do not walk ahead of me, for I may not follow. Do not walk beside me for the path is narrow. In fact, just piss off and leave me alone.
- 2. Sex is like air. It's not that important unless you aren't getting any.
- 3. No one is listening until you pass wind.

- 4. Always remember you're unique. Just like everyone else.
- 5. Never test the depth of the water with both feet.
- 6. If you think nobody cares whether you're alive or dead, try missing a couple of mortgage payments.
- 7. Before you criticize someone, you should walk a mile in their shoes. That way, when you criticize them, you're a mile away and you have their shoes.
- 8. If at first you don't succeed, skydiving is not for you.
- 9. Give a man a fish and he will eat for a day. Teach him how to fish, and he will sit in a boat and drink beer all day.
- 10. If you lend someone \$20 and never see that person again, it was probably well worth it.
- 11. If you tell the truth, you don't have to remember anything.
- 12. Some days you are the dog, some days you are the tree.
- 13. Don't worry; it only seems kinky the first time.
- 14. Good judgment comes from bad experience ... and most of that comes from bad judgment.
- 15. A closed mouth gathers no foot.
- 16. There are two excellent theories for arguing with women. Neither one works.
- 17. Generally speaking, you aren't learning much when your lips are moving.
- 18. Experience is something you don't get until just after you need it.
- 19. We are born naked, wet and hungry, and get slapped on our backside then things just keep getting worse.
- 20. Never under any circumstances take a sleeping pill and a laxative on the same night.

## **Puns for Educated but Perhaps Warped Minds**

1. The fattest knight at King Arthur's round table was Sir Cumference.

He acquired his girth from too much pi.

- 2. I thought I saw an eye doctor on an Alaskan island, but it turned out to be an optical Aleutian.
- 3. She was only a whiskey maker, but he loved her still.
- **4.** A rubber band pistol was confiscated from an algebra class, because it was a weapon of math disruption.
- **5.** No matter how much you push the envelope, it'll still be stationery.
- **6.** A dog gave birth to puppies near the road and was cited for littering.
- 7. A grenade thrown into a kitchen in France would result in Linoleum Blownapart.
- 8. Two silkworms had a race. They ended up in a tie.
- 9. A hole has been found in the nudist camp wall. The police are looking into it.
- 10. Time flies like an arrow. Fruit flies like a banana.
- **11.** Atheism is a non-prophet organization.
- 12. Two hats were hanging on a hat rack in the hallway. One hat said to the other:

'You stay here; I'll go on a head.'

- 13. I wondered why the baseball kept getting bigger. Then it hit me.
- 14. A sign on the lawn at a drug rehab center said: 'Keep off the Grass.'
- **15.** The midget fortune-teller who escaped from prison was a small medium at large.
- **16.** The soldier who survived mustard gas and pepper spray is now a seasoned veteran.

- 17. A backward poet writes inverse.
- 18. In a democracy it's your vote that counts. In feudalism it's your count that votes.
- **19**. When cannibals ate a missionary, they got a taste of religion.
- **20.** If you jumped off the bridge in Paris, you'd be in Seine.
- **21.** A vulture carrying two dead raccoons boards an airplane. The stewardess looks at him and says, 'I'm sorry, only one carrion allowed per passenger.'
- 22. Two fish swim into a concrete wall. One turns to the other and says, 'Dam!'
- **23.** Two Eskimos sitting in a kayak were chilly, so they lit a fire in the craft. Unsurprisingly it sank, proving once again that you can't have your kayak and heat it too.
- 24. Two hydrogen atoms meet. One says, 'I've lost my electron.' The other says, 'Are you sure?'

The first replies, 'Yes, I'm positive.'

25. Did you hear about the Buddhist who refused Novocain during a root - canal?

His goal: transcend dental medication.

**26.** There was the person who sent ten puns to friends, with the hope that at least one of the puns would make them laugh. No pun in ten did.

### **Endeavour Hills Men's Shed Committees**

Program	BBQ	Management	
Graeme Seymour	Stan Ashley	Trevor Ratcliffe	John Grennan
Andras Jakab	Ivan Stiglic	Doug Rowley	Neil Bennett
Neil Bennett	Graeme Seymour	Paul Morris	Laurie Canfield
John Grennan		John Thornton	Neil Evans
			Robert Kay

### **Working with Children Checks held by:**

Tony Phillips John Grennan Geoff Brown Neil Bennett Doug Rowley Andras Jakab Howard DeZylva **David Taylor** Stan Ashley Brian Ashworth Paul Morris Hans van Dyk **Gordon Harris** Robert Kay Geoff Lacey Will Beattie **Neil Evans David Taylor** David Robinson Harry Hornstra

### **First Aiders**

Trevor Ratcliffe
Paul Morris
Doug Rowley
John Thornton
Brian Ashworth
Neil Bennett
Tony Cannata
Howard De Zylva
Garrick Williams

Stan Ashley

Neil Evans Vin Wragg