



Endeavour Hills Men's
Shed

11th May 2020

Guest Speakers

Men's Activities

Issue 4 # 18

11th May 2020

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ENDEAVOUR HILLS
MEN'S SHED

16 Essex Park Drive

Endeavour Hills

Tuesdays, Wednesdays and

Thursdays

10 am – 3.00pm

**CLOSED due to Covid-19 Virus Threat
Keep isolating and keep safe.**

Our NEW Shed

- Wonderful news the contract for the project has been awarded to the:
More Building Group <https://www.morebg.com.au/>

We have been advised that all our enquiries should be addressed to council and **NOT** the builder.

Taken on the 8th May 2020, work continues despite the rain.

Thanks to John T. and Garrick for the pictures.



Donation from the Rotary Club of Endeavour Hills

Once again, the members of the RCEH have elected to donate \$2,000.00 to our funds.

Thanks to the Rotary Club and our members who assisted with the RC Golf Day.

COVID 19

My suggestions are for everyone to increase their fitness level so that in the event of illness (whatever it might be) their resistance and recovery will be as good as it can be.

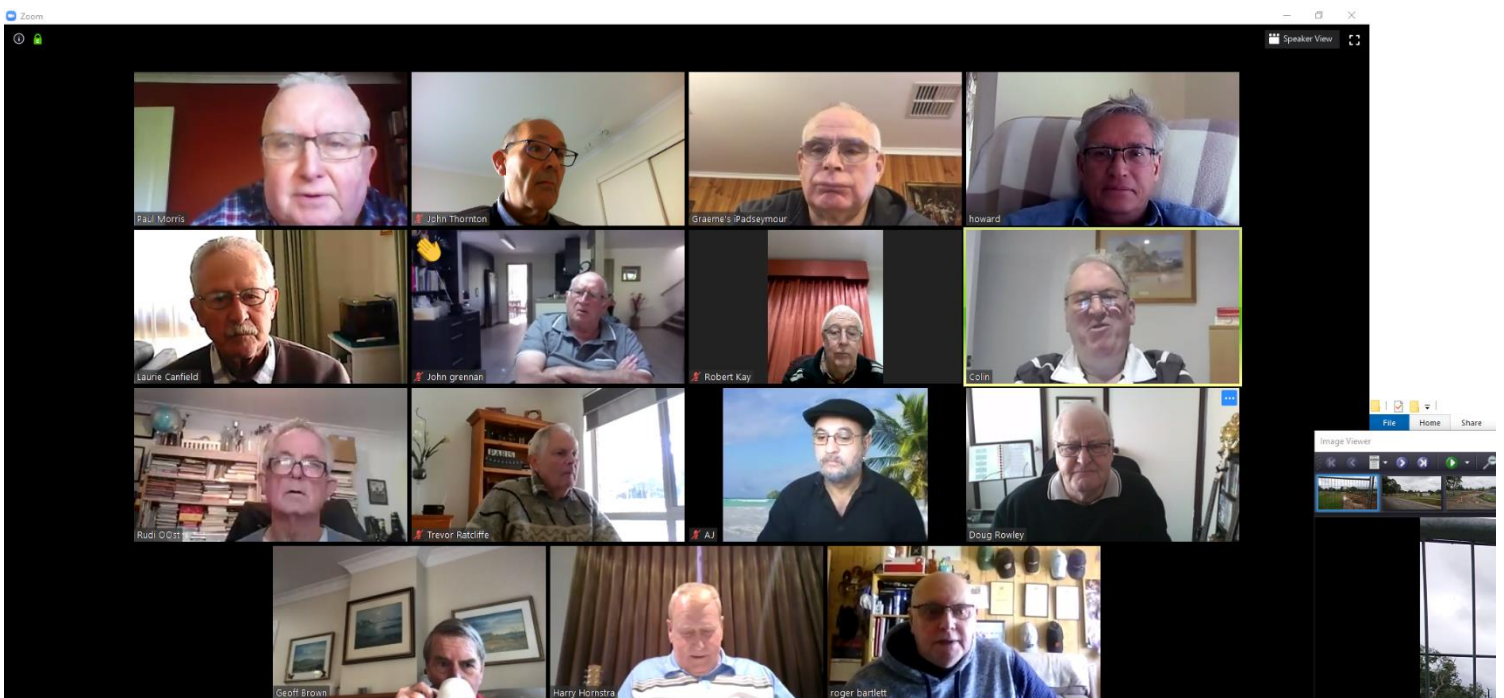
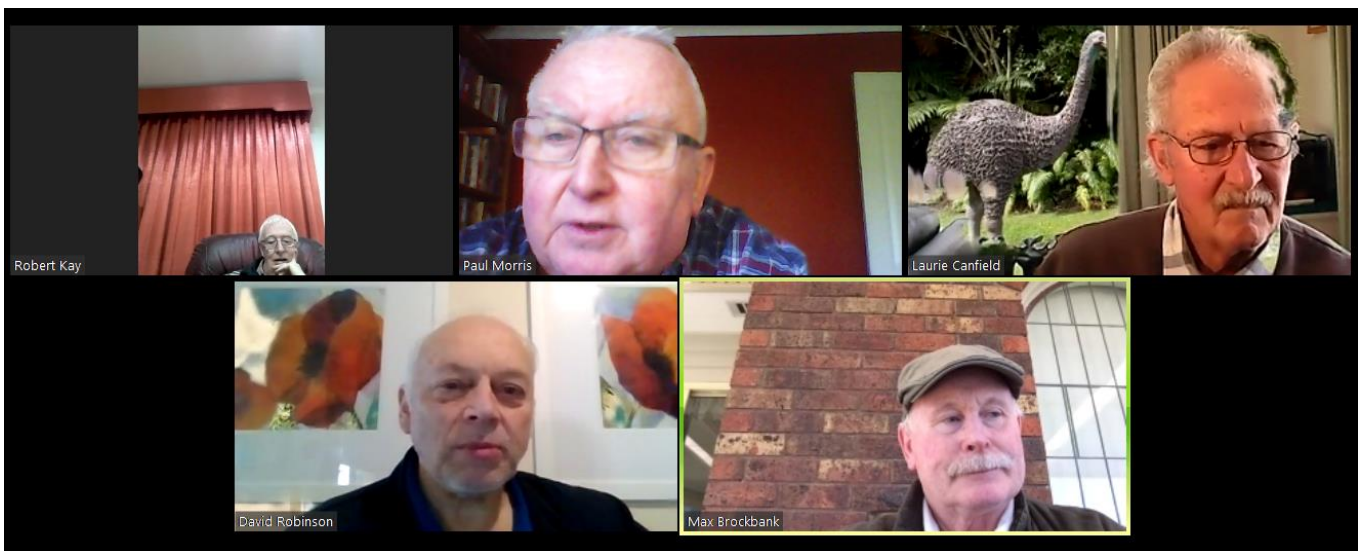
An outcome which is consistent with our Health policy

Trevor

Online meetings

Again, last week we had two online meetings both on Zoom.

On Tuesday we had our normal members meeting with 14 members online.



The meeting went from 10.00am to 11.05 am

Getting online

All members need is a computer with a microphone and webcam or a smartphone.

If anyone needs assistance getting online, please contact me and I will try and get some help for them. Our aim is to have every member able to contribute to the online meeting just as though they were driving to our shed.

Meeting Protocols

Thanks to all for meeting the protocol requirements outlined last week. If we continue with the improvement ongoing, we should not have any further online meeting issues.

We will begin after greetings with President Trevor's report. Followed by an individual reports.



Howard at home converting Disaster Aid Australia Sky Hydrant demonstration tanks to the latest model.



This Photo by Unknown Author is licensed under [CC BY-SA](#)

John Grennan wants to know if anyone has a trumpet, they could donate to a disadvantaged person who John talks to on a regular basis. If you have please contact John directly or the editor.

Joke submitted by John T.

A doctor is doing his morning rounds with the ward nurse. They come to the first bed where a man is laying half dead.

“Did you give this man two tablets every eight hours?” asks the doctor.

“Oh, no,” replies the nurse. “I gave him eight tablets every two hours!”

At the next bed the next patient also appears half dead.

“Nurse, did you give this man one tablet every twelve hours?”

“Oops, I gave him twelve tablets every one hour,” replies the nurse.

Unfortunately, at the next bed the patient is well and truly deceased, not an ounce of life.

“Nurse,” asks the doctor. “Did you prick his boil?”

“OH, MY GOODNESS!” replies the nurse.

Disaster Aid Australia Monthly Update

With the COVID 19 pandemic there has been considerable disruption to our activities however in the past month the following has been happening.

- Three SkyHydrants have been installed in Bhutan by the team from the department of Education.
- A SkyHydrant purchased by the Rotary Club of Collie has been installed at a training facility in Mozambique.
- A DAA SkyHydrant stored with Balay Mindanaw was provided to the Army (with training) to provide safe water to displaced people in the Marawi Area.
- After discussion with Balay Mindanaw about the COVID crisis in the Philippines, the Board approved a grant of \$5,000 to buy rice to supplement the small government allocation. This has been distributed to 800 families. Further grants may be made as the crisis continues.
- Web Page and Face book post have been done for all the above items, and for ‘Earth Day 2020’. To find out more check out;
 - www.disasteraidaustralia.org.au and
 - <https://www.facebook.com/disasteraidaustralia/>
- New Power Point presentations have been prepared for use at club presentations (when they resume) and ZOOM Meetings, they are
 - Smart Aid
 - Safe Water for every Child
 - History of Health and Hygiene related to our ActivitiesCopies are available on request

- A video camera has been purchased to improve existing video presentations and create new presentations.
- A Global Grant application for a US\$1,500 project to supply Safe Water to two schools in Cagayan de Oro has been signed.
- Ongoing work on Operational Manual
- Ongoing work on Building Databases.
- We have received a Federal Government COVID-19 payment of **\$10,000**
- Although donations have slowed down, we have received sponsorship for a SkyHydrant and other smaller donations.
- Courtesy of the Ebenezer Foundation we now have Portuguese translations of the Operators manual.
- A Quarterly Newsletter has been produced which will be going out to our emailing list
- We have been reviewing and sorting Drop Box photo files.
- Foundation Scale Grant - The notification date on whether we are through to the 2nd round has been put back again to 18th May. If we are successful, we will have until 20th Sept to make our full submission.
- We now have a supply of DAA wide brimmed hats for DARTS, and DART Sawyer Filter Packs.
- Currently we have 20 SkyHydrants in Storage at Doveton Avenue for Bhutan which we are trying to get shipped. When these go out, we will have delivered 75% of our target of 120 units for Bhutan 2020.

News from Disaster Aid International Partners

- DA USA is currently involved in Tornado relief and COVID assistance
- DA Canada is currently raising money by producing Disaster Preparedness Kits which are being purchased by clubs on behalf of their communities.....I recorded our thanks to DA Canada for their contribution to Australia's Bushfire Crisis.
- DA Malaysia in response to COVID-19 is providing food aid and assisting with utility bills.
- DA UK and Ireland are currently reorganising
- DA Europe has been working with a Local Rotary Club in response to the Albanian Earthquake.

Although the office is closed to visitors I am currently in the office on Tuesdays, Thursdays and most Fridays and Cherie is in the office Mondays and Wednesdays. We will be reviewing how we manage the office as government recommendations may change in the future.

Regards *Brian*

Message from our Almoner

Roll Call

Checking up making sure everyone is fine.
during these difficult times. I will be sending
out a roll call every week or so to make sure
all our shed members are coping with the times

Please reply with OK

If things are not progressing as you wish
And would like someone to talk with
Please speak up so I or someone can help.

Regards Doug

Covid -19

The Federal Government's Department of Health has a free on-line Covid 19 Symptom Checker which members might find useful at:

<https://www.healthdirect.gov.au/symptom-checker/tool/basic-details>

As we become more 'socially isolated' and as time progresses, we need to ensure that we also care for and maintain healthy relationships with those who share our space. Some timely deep breathing exercises might be helpful. No evictions are permitted in this 'game'.

The Washington Post has published the winning submissions to its yearly neologism contest, in which readers are asked to supply alternative meanings for common words.

The winners are:

1. Coffee (n.), the person upon whom one coughs. (*editorial note. Special significance these days*)

2. Flabbergasted (adj.), appalled over how much weight you have gained.
3. Abdicate (v.), to give up all hope of ever having a flat stomach.
4. Esplanade (v.), to attempt an explanation while drunk.
5. Willy-nilly (adj.), impotent.
6. Negligent (adj.), describes a condition in which you absentmindedly answer the door in your nightgown.
7. Lymph (v.), to walk with a lisp.
8. Gargoyle (n), olive-flavoured mouthwash.
9. Flatulence (n.), emergency vehicle that picks you up after you are run over by a steamroller.
10. Balderdash (n.), a rapidly receding hairline.
11. Testicle (n.), a humorous question on an exam.
12. Rectitude (n.), the formal, dignified bearing adopted by proctologists.
13. Pokemon (n), a Rastafarian proctologist.
14. Oyster (n.), a person who sprinkles his conversation with Yiddishisms.
15. Frisbeetarianism (n.), (back by popular demand): The belief that, when you die, your soul flies up onto the roof and gets stuck there.
16. Circumvent (n.), an opening in the front of boxer shorts worn by Jewish men.

The Washington Post's Style Invitational also asked readers to take any word from the dictionary, alter it by adding, subtracting, or changing one letter, and to supply a new definition.

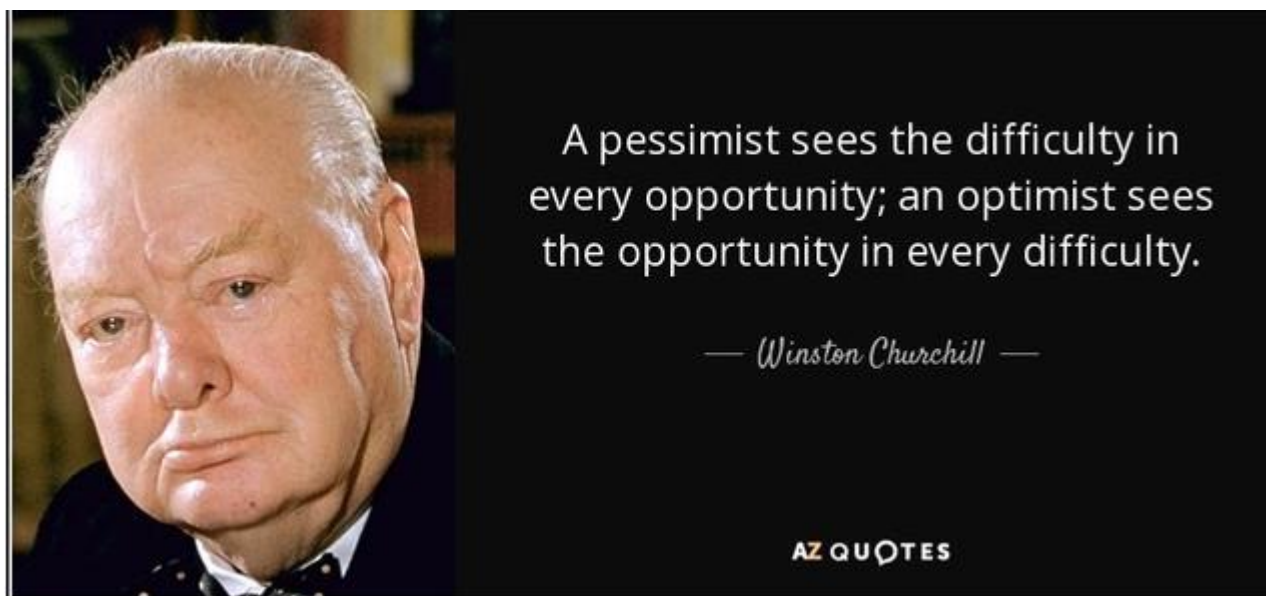
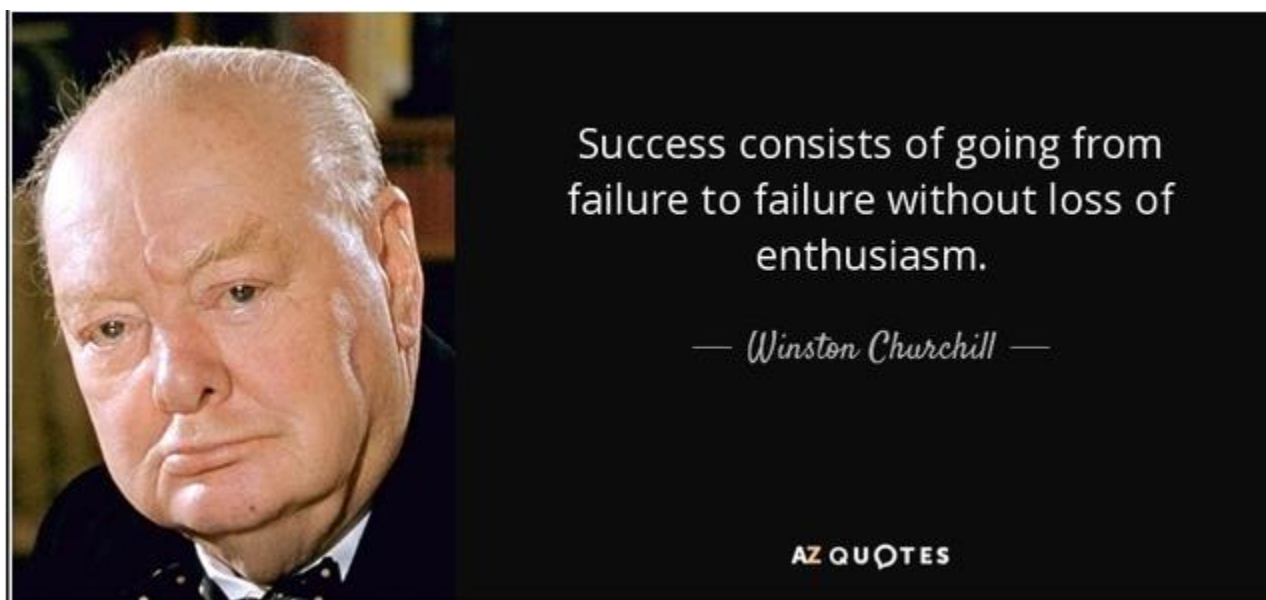
The winners are:

-Bozone (n.): The substance surrounding stupid people that stops bright ideas from penetrating. The bozone layer, unfortunately, shows little sign of breaking down in the near future.

-Cashtration (n.): The act of buying a house, which renders the subject financially impotent for an indefinite period.

-Sarchasm (n): The gulf between the author of sarcastic wit and the person who doesn't get it.

- Inoculatte (v): To take coffee intravenously when you are running late.
 - Osteopornosis (n): A degenerate disease. (This one got extra credit.)
 - Karmageddon (n): It's like, when everybody is sending off all these really bad vibes, right? And then, like, the Earth explodes and it's like a serious bummer.
 - Glibido (v): All talk and no action.
 - Arachnoleptic fit (n.): The frantic dance performed just after you've accidentally walked through a spider web.
 - Caterpallor (n.): The color you turn after finding half a grub in the fruit you're eating.
- And the pick of the literature . . .
- Ignoranus (n): A person who's both stupid and an asshole.





Ten ways to reduce your risk of coronavirus

- ✦ **WASH** hands often with soap and running water, for at least 20 seconds. DRY with paper towel or hand dryer.
- ✦ **TRY** not to touch your eyes, nose or mouth.
- ✦ **COVER** your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- ✦ **ISOLATE** yourself at home if you feel sick. If you take medication ensure you have adequate supplies.



- ✦ **PHONE** your GP first if you need medical attention. They will tell you what to do.
- ✦ **CONTINUE** healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.
- ✦ **DON'T** wear a face mask if you are well.
- ✦ **BUY** an alcohol-based hand sanitiser with over 60 per cent alcohol.
- ✦ **GET** the flu shot (available April).
- ✦ **SHAKING HANDS** is optional!



Find out more
www.dhhs.vic.gov.au/coronavirus

If you are concerned, call the
Coronavirus hotline 1800 675 398 (24 hours)
Please keep Triple Zero (000) for emergencies only

Pam Ayers lockdown poem

I'm normally a social girl

I love to meet my mates
But lately with the virus here
We can't go out the gates.

You see, we are the 'oldies' now
We need to stay inside
If they haven't seen us for a while
They'll think we've upped and died.

They'll never know the things we did
Before we got this old
There wasn't any Facebook
So not everything was told.

We may seem sweet old ladies
Who would never be uncouth
But we grew up in the 60s -
If you only knew the truth!

There was sex and drugs and rock 'n
roll
The pill and miniskirts
We smoked, we drank, we partied
And were quite outrageous flirts.

Then we settled down, got married
And turned into someone's mum,
Somebody's wife, then nana,
Who on earth did we become?

We didn't mind the change of pace
Because our lives were full
But to bury us before we're dead
Is like a red rag to a bull!

So here you find me stuck inside
For 4 weeks, maybe more
I finally found myself again
Then I had to close the door!

It didn't really bother me
I'd while away the hour
I'd bake for all the family
But I've got no flaming flour!

Now Netflix is just wonderful
I like a gutsy thriller
I'm swooning over Idris
Or some random sexy killer.
At least I've got a stash of booze
For when I'm being idle
There's wine and whiskey, even gin
If I'm feeling suicidal!

So let's all drink to lockdown
To recovery and health
And hope this awful virus
Doesn't decimate our wealth.

We'll all get through the crisis
And be back to join our mates
Just hoping I'm not far too wide
To fit through the flaming gates!

This caught my eye, puts a great perspective on life. – John T

"We probably all think that it's a mess out there now. Hard to discern between what's a real threat and what is just simple panic and hysteria. For a small amount of perspective at this moment, imagine you were born in 1900. Many would think that that was a pretty simple time of life. Then on your 14th birthday, World War I starts, and ends on your 18th birthday. 22 million people perish in that war, including many of your friends who volunteered to defend freedom in Europe.

Later in the year, a Spanish Flu epidemic hits the planet and runs until your 20th birthday. 50 million people die from it in those two years. Yes, 50 million. On your 29th birthday, the Great Depression begins. Unemployment hits 25%, the World GDP drops 27%. That runs until you are 38. The country nearly collapses along with the world economy. If you were lucky, you had a job that paid \$300 a year, a dollar a day.

When you turn 39, World War II starts. You aren't even over the hill yet, but don't try to catch your breath. If you lived in London, England or most of continental Europe, bombing of your neighborhood, or invasion of your country by foreign soldiers along with their tank and artillery was a daily event. Thousands of Canadian young men joined the army to defend liberty with their lives. Between your 39th and 45th birthday, 75 million people perish in the war.

At 50, the Korean War starts. 5 million perish. At 55 the Vietnam War begins and doesn't end for 20 years. 4 million people perish in that conflict. On your 62nd birthday there is the Cuban Missile Crisis, a tipping point in the Cold War. Life on our planet, as we know it, could have ended. Sensible leaders prevented that from happening.

In 2020, we have the COVID-19 pandemic. Thousands have died; it feels pretty dangerous; and it is. Now think of everyone on the planet born in 1900. How do you think they survived all of the above? When you were a kid in 1965, you didn't think your 65-year-old grandparents understood how hard school was, and how mean that kid in your class was. Yet they survived through everything listed above. Perspective is an amazing art. Refined as time goes on, and very enlightening. So, let's try and keep things in perspective.

Let's be smart, we are all in this together. Let's help each other out, and we will get through all of this.

Barry Evans, Villager and columnist for Villages-News.com"

John.

English lockdown lingo - are you fully conversant with the new terminology?

- *Coronacoaster*** The ups and downs of your mood during the pandemic. You're loving lockdown one minute but suddenly weepy with anxiety the next. It truly is "an emotional coronacoaster".
- *Quarantinis*** Experimental cocktails mixed from whatever random ingredients you have left in the house. The boozy equivalent of a store cupboard supper. Southern Comfort and Ribena quarantini with a glacé cherry garnish, anyone? These are sipped at "locktail hour", ie. wine o'clock during lockdown, which seems to be creeping earlier with each passing week.
- *Blue Skype thinking*** A work brainstorming session which takes place over a videoconferencing app. Such meetings might also be termed a "Zoomposium". Naturally, they are to be avoided if at all possible.
- *Le Creuset wrist*** It's the new "avocado hand" - an aching arm after taking one's best saucepan outside to bang during the weekly 'Clap For Carers.' It might be heavy but you're keen to impress the neighbours with your high-quality kitchenware.
- *Coronials*** As opposed to millennials, this refers to the future generation of babies conceived or born during coronavirus quarantine. They might also become known as "Generation C" or, more spookily, "Children of the Quarn".
- *Furlough Merlot*** Wine consumed in an attempt to relieve the frustration of not working. Also known as "bored-eaux" or "cabernet tedium".
- *Coronadose*** An overdose of bad news from consuming too much media during a time of crisis. Can result in a panicdemic.
- *The elephant in the Zoom*** The glaring issue during a videoconferencing call that nobody feels able to mention. E.g. one participant has dramatically put on weight, suddenly sprouted terrible facial hair or has a worryingly messy house visible in the background.
- *Quentin Quarantino*** An attention-seeker using their time in lockdown to make amateur films which they're convinced are funnier and cleverer than they actually are.
- *Covidiot* or *Wuhan-ker*** One who ignores public health advice or behaves with reckless disregard for the safety of others can be said to display "covidioy" or be "covidiotic". Also called a "lockclown" or even a "Wuhan-ker".
- *Goutbreak*** The sudden fear that you've consumed so much wine, cheese, home-made cake and Easter chocolate in lockdown that your ankles are

swelling up like a medieval king's.

Antisocial distancing - Using health precautions as an excuse for snubbing neighbours and generally ignoring people you find irritating.

Coughin' dodger Someone so alarmed by an innocuous splutter or throat-clear that they back away in terror.

Mask-ara Extra make-up applied to "make one's eyes pop" before venturing out in public wearing a face mask.

Covid-10 The 10lbs in weight that we're all gaining from comfort-eating and comfort-drinking. Also known as "fattening the curve".

Endeavour Hills Men's Shed Committees

Program

Graeme Seymour
Andras Jakab
Neil Bennett
John Grennan

BBQ

Stan Ashley
Ivan Stiglic
Graeme Seymour

Management

Trevor Ratcliffe John Grennan
Doug Rowley Neil Bennett
Paul Morris Laurie Canfield
John Thornton Neil Evans
 Robert Kay

Working with Children Checks held by:

John Grennan
Geoff Brown
Doug Rowley
Howard DeZylva
Stan Ashley
Paul Morris
Gordon Harris
Geoff Lacey
Neil Evans
David Robinson

Tony Phillips
Neil Bennett
Andras Jakab
David Taylor
Brian Ashworth
Hans van Dyk
Robert Kay
Will Beattie
David Taylor

First Aiders

Trevor Ratcliffe
Paul Morris
Doug Rowley
John Thornton
Brian Ashworth
Neil Bennett
Tony Cannata
Howard De Zylva
Garrick Williams
Stan Ashley
Neil Evans
Vin Wragg