

'Men Make It Happen'

# 16<sup>th</sup> March 2020

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**Secretary - Paul Morris** 

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Treasurer – John Thornton

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VP and Almoner - Doug Rowley

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http://endeavourhillsmensshed.blogspot.com.au/

Open:17 - 19<sup>th</sup> March 2020 10.00 - 3.00pm Endeavour Hills Men's Shed

16<sup>th</sup> March 2020

**Guest Speakers** 

Men's Activities

Issue 4 # 10

ENDEAVOUR HILLS

MEN'S SHED

16 Essex Park Drive

Endeavour Hills

Tuesdays, Wednesdays and

Thursdays

10 am – 3.00pm

## This week at Endeavour Hills Mens Shed

Tuesday – Shed open from 10.00 am to 3.00 pm. Supervisor Neil Bennett

Wednesday - Shed open from 10.00 am to 3.00 pm. Supervisor John Thornton

Thursday - Shed open from 10.00 am to 3.00 pm. Supervisor – Doug Rowley

Please call the nominated supervisor if you need any assistance.

Our lease times are Tuesday, Wednesday and Thursday.

#### This week

- Exercise
- **CORVID -19**
- Presidents Report
- Other business open to the floor.
- Guest Speaker



## Coming up

## **Friday**

31st March – Music Day Share your music along with a brief story.

2<sup>nd</sup> April – Visit to the Sporting shooters range at Springvale.

## **CORVID 19**

My suggestions is for everyone to increase their fitness level so that in the event of illness (whatever it might be) their resistance and recovery will be as good as it can be.

An outcome which is consistent with our Health policy

**Trevor** 







# Ten ways to reduce your risk of coronavirus

- WASH hands often with soap and running water, for at least 20 seconds. DRY with paper towel or hand dryer.
- TRY not to touch your eyes, nose or mouth.
- COVER your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.
- **▼ ISOLATE** yourself at home if you feel sick. If you take medication ensure you have adequate supplies.



- PHONE your GP first if you need medical attention. They will tell you what to do.
- CONTINUE healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.
- DON'T wear a face mask if you are well.
- BUY an alcohol-based hand sanitiser with over 60 per cent alcohol.
- GET the flu shot (available April).
- SHAKING HANDS is optional!

Find out more www.dhhs.vic.gov.au/coronavirus



If you are concerned, call the

Coronavirus hotline 1800 675 398 (24 hours)

Please keep Triple Zero (000) for emergencies only

## Last week

- Our guest speaker did not turn up
- Mark stood in admirably talking about India and Coconuts

## **Rotary Club of Endeavour Hills Golf Day**



The golf day was on Friday 13<sup>th</sup> March 2020 at Settlers Run Golf Club, At the time of going to press I do not have any pictures or reports – this will be reported next week including the raffle winners.

## **DGR status for Men's Sheds**

Our submission in relation to the DGR legislation will appear on Treasury web Site in due course.

#### www.treasury.gov.au

## **Noosa Queensland**





This week's bulletin has been written in Noosa so here are some facts about this wonderful place.

First visited by the editor in 1980 Did he buy property here – No Damn it

Vice President Doug has also been here.

Area of Noosa is 869.90 km², in this year population density was 62.83 p/km². If population growth rate would be same as in period 2016-2017 (+1.36%/yr), Noosa population in 2019 would be **56 148**. [0]

Reference: population.com.au/lga/35740

Noosa, on <u>Queensland</u>'s <u>Sunshine Coast</u>, is surrounded by stunning beaches, lakes, national parks and the lush hinterland of <u>Noosa National Park</u>. If you are looking for adventure, there's plenty to do. Learn to surf or try stand-up paddle boarding; sail the beautiful waters of Laguna Bay; kayak in the <u>Noosa Everglades</u>; join a sunset cruise or go swimming with humpback whales. For those wanting a more relaxed experience, Noosa is home to superb day spas, world-class golf courses, stylish shopping and delicious cuisine.

### Don't miss

- Swim with humpback whales from July to October
- Visit Australia Zoo set up by Steve Irwin, the Crocodile Hunter
- Explore Noosa's dynamic food scene

## **NEW BUILDING**



The new Endeavour Hills Men's Shed at Sydney Pargeter Reserve is on track to open in August 2020. All planning and building permits have been obtained and the contract is being finalised. President Trevor is constantly in contact with Angie the Council Team Leader who is negotiating with the successful tenderer. That's all we know – watch this space.

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## **Endeavour Hills Men's Shed Projects**

- Endeavour Hills Police Veggie Garden Howard De Zylva is the leader assisted by Doug Rowley, project members are John Thornton, Laurie Canfield, Neil Evans, Roger Bartlett and David Robinson.
- Construction of base and installation of Scalextric Racing Set.
- Construction of base and installation of Hornby OO train set.
- Mounting of 23 Barometers
- Woodwork Toys

We have more models to work from i.e.: - Truck, Steam Roller. Please call in on our project days Wednesday & Thursday to help. Sandy has plans for a grader now completed plus truck money box's

Plans are available to commence projects now

Shedders we have the equipment please roll up on Wednesday & Thursdays

to make the most of our project days

Great to see members, making use, of our project days. Airplanes galore

Guys if you are looking for anything in the storerooms. Just ask Neill B he knows where everything is.

## **EHMS Accounts**

Any members with queries should contact Treasurer John Thornton.

## **Endeavour Hills Men's Shed Committees**

Program	BBQ	Management	
Graeme Seymour Andras Jakab Neil Bennett John Grennan	Stan Ashley Ivan Stiglic Graeme Seymour	Trevor Ratcliffe Doug Rowley Paul Morris John Thornton	John Grennan Neil Bennett Laurie Canfield Neil Evans
			Robert Kay

## **Working with Children Checks held by:**

John Grennan	Tony Phillips	
Geoff Brown	Neil Bennett	
Doug Rowley	Andras Jakab	
Howard DeZylva	David Taylor	
Stan Ashley	Brian Ashworth	
Paul Morris	Hans van Dyk	
Gordon Harris	Robert Kay	
Geoff Lacey	Will Beattie	
Neil Evans	<b>David Taylor</b>	
David Robinson		

## **First Aiders**

Trevor Ratcliffe
Paul Morris
Doug Rowley
John Thornton
Brian Ashworth
Neil Bennett
Tony Cannata
Howard De Zylva
Garrick Williams
Stan Ashley
Neil Evans
Vin Wragg