



Issue 9 # 22

# *Shedding Endeavors*

*1<sup>st</sup> June 2025*

*Shed is open Mon to Sat 10.00am to 3.00pm*

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**Editor *pro tem*:**

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**03 9700-7795**

## May Birthdays

5 Stan Ashley  
9 Ray Stewart  
12 Hans Van Dyk  
15 Viti Occhipinti  
18 Adi Bhimireddy  
19 Brian Oates  
19 Cheong Koo  
24 Bob Daley

## Cleaning Roster

Garrick Williams-Toilets

Tony Rotunno.        3 June  
Vin Wragg

Bruce Latham        10 June  
Bruno

Howard De Zylva    17 June  
Laurens Gordyn

Len Follett            24 June  
Louis Zhararopoulos

Mark Wittman.        01 July  
Peter Wallace

Stan Ashley            08 July  
Tony Brosinsky

## From the May EHMS Committee Meeting

At the May Committee Meeting the following significant issues were discussed;

- The 'Support for individual Members was passed a copy to be posted for view.
- The Executive and Committee Policy was passed. This will hopefully bring some new blood to the administration and clarify who is the "Duty" person on any given day. You will notice the wearing of a high Visibility vest with the "Member on Duty" This policy will also be posted so members can view it.
- In addressing the Casey Council Grant for nutrition training we have purchased a gas fired pizza oven capable of cooking a pizza in 60 seconds! This will be the centerpiece of a training program starting very soon. It will also address a variety of food preparation.
- A new opening roster is in force whilst Carmelo is away.
- We will shortly be circulating a membership survey so that we can see what we need to do in future to make our shed more responsive to your needs.
- President Doug is in touch with Casey Council to re-open our push for storage and signage.
- Federation University Occupational Therapy Trainees will be shortly visiting us to interview members, more details closer to the date.

Wal

## **Good news Chaps (Hopefully for the last time)**

You are cordially invited to attend the King's Birthday Celebration on Monday June 9, 2025 at Bunnings Dandenong. Don't miss out on this once-a-year opportunity to join a handful of carefully selected Shedders. You could celebrate this auspicious event by preparing and serving Hot sausages in bread (with optional onions if requested) and drinks to assist the people of Greater Dandenong and surrounds satisfy their hunger and thirst, while celebrating this milestone event.

Come on! Why not put your name forward by return email, stating your name and whether you would prefer the morning or afternoon session.

S. W. Ashley

0451 099 228

[s\\_ashley1@bigpond.com](mailto:s_ashley1@bigpond.com)

## **Recent Tuesday Topics**

### **1. Office of The Public Advocate**

<https://www.publicadvocate>

### **2. Making an Enduring Power of Attorney.**

<https://www.publicadvocate.vic.gov.au/your-rights/enduring-power-of-attorney/making-a-power-of-attorney>

### **3. Elder Rights Australia**

Phone: 1800 700 600

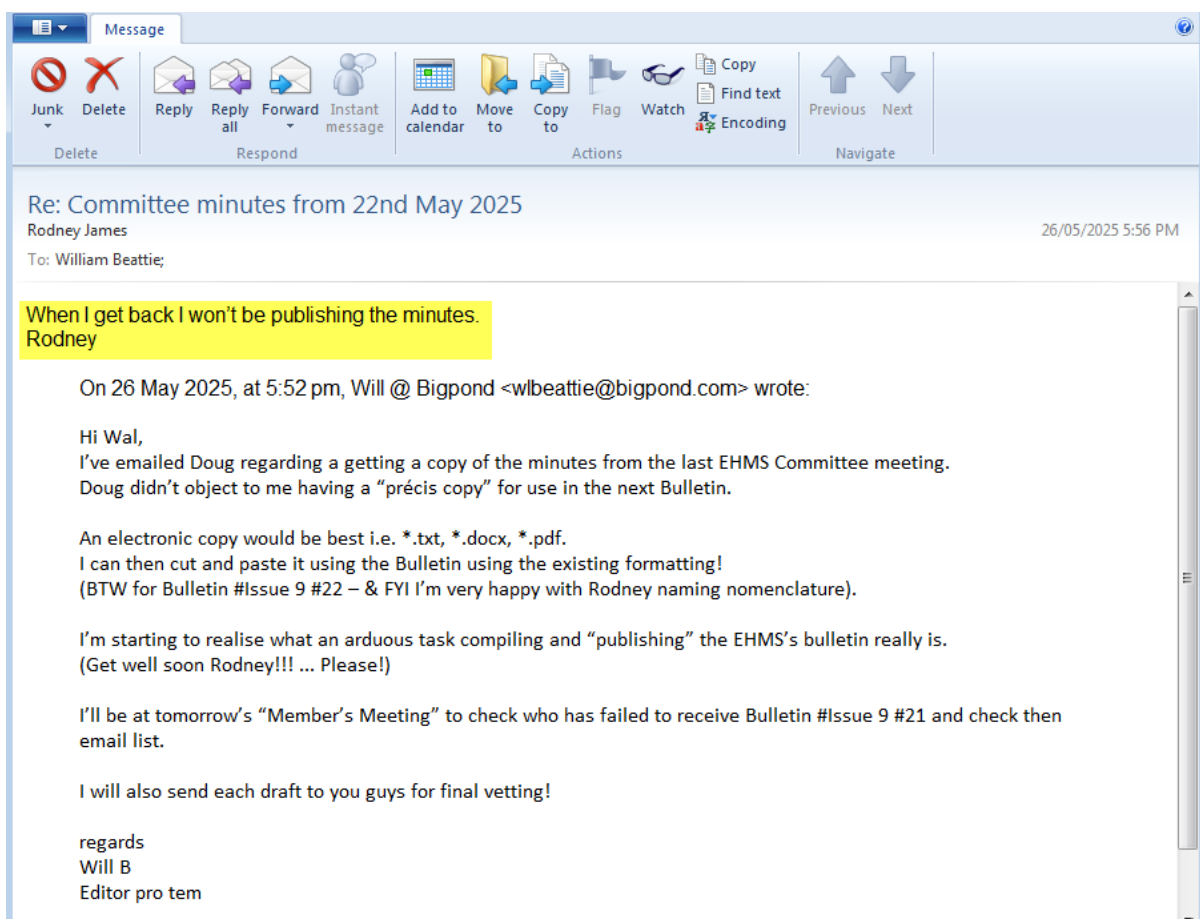
Call TIS: 131 450

<https://www.elderrights.org.au>

## **Breaking News At the EHMS** (according to Will Beattie)

Ron Sterling has pressed Will Beattie into editorship of the Bulletin for the next few weeks as Rodney recovers from chemo. (And Will is not pleased by this. Any Volunteers?)

## **A personal Message from Rodney to me**



## **Ron Sterling writes a “Thursday In the Shed” Update**

Welcome back Rodney who spent time with the boys on Thursday. Picture below shows Rodney in deep conversation with AJ and Roger. Rodney was his usual rude self - Remember Rodney Rude of the 80's? Also Rodney was able to pressure Andrew into being Acting Assistant Treasurer so that little task is now covered. Thanks guys who are covering for Rodney at present, or are dropping in for a chat with Rodney or Bruno. This is the reason we exist - Supporting Mens' Health and Well-being.

Wal has purchased a High Speed Pizza Oven as part of a grant we received to teach men how to look after simple meal and snack preparation for themselves. A program will be run at the shed to demonstrate safe food handling in everyday situations. We will run it ourselves and we would like to include you in this project.

Pizzas anyone??? More information at Tuesday's meeting.

George volunteered to feed us all on Thursday and he (perhaps with some loving help from home) came up with an excellent pumpkin soup and salad roll with choice of ham and fillings. Well done George - the photos speak for themselves.

Following on from George, Tony R, without any prompting, volunteered to provide next week's lunch in place of Bruno who offered before becoming sidelined in hospital. Andrew is going to be Tony's assistant, so Andrew has picked up two assistantships in one day! Not sure what the lunch will be but probably not Chinese.

Thursday was a good day for trying new activities at the shed Dennis King had a go at indoor bowls for the first time and enjoyed the experience. There are no champions in the shed and anyone can have a go. Likewise Glenn was showing Gota the proper techniques necessary in holding the cue for pool.

Terry and Howard came late, but enjoyed themselves.

See you next Thursday

**Ron Sterling**

### **Important Calendar Notice**

**Will now be included as an additional \*.PDF Attachment  
With thanks to AJ**



## Odd Bods/Jobs in & about the Work Shop

Contributions from Howard:





Glenn & George working on another Freebie for ...



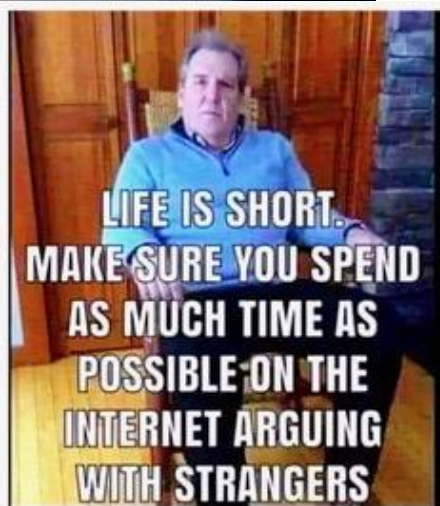


Nice work + Boomer meets a Millennium ?



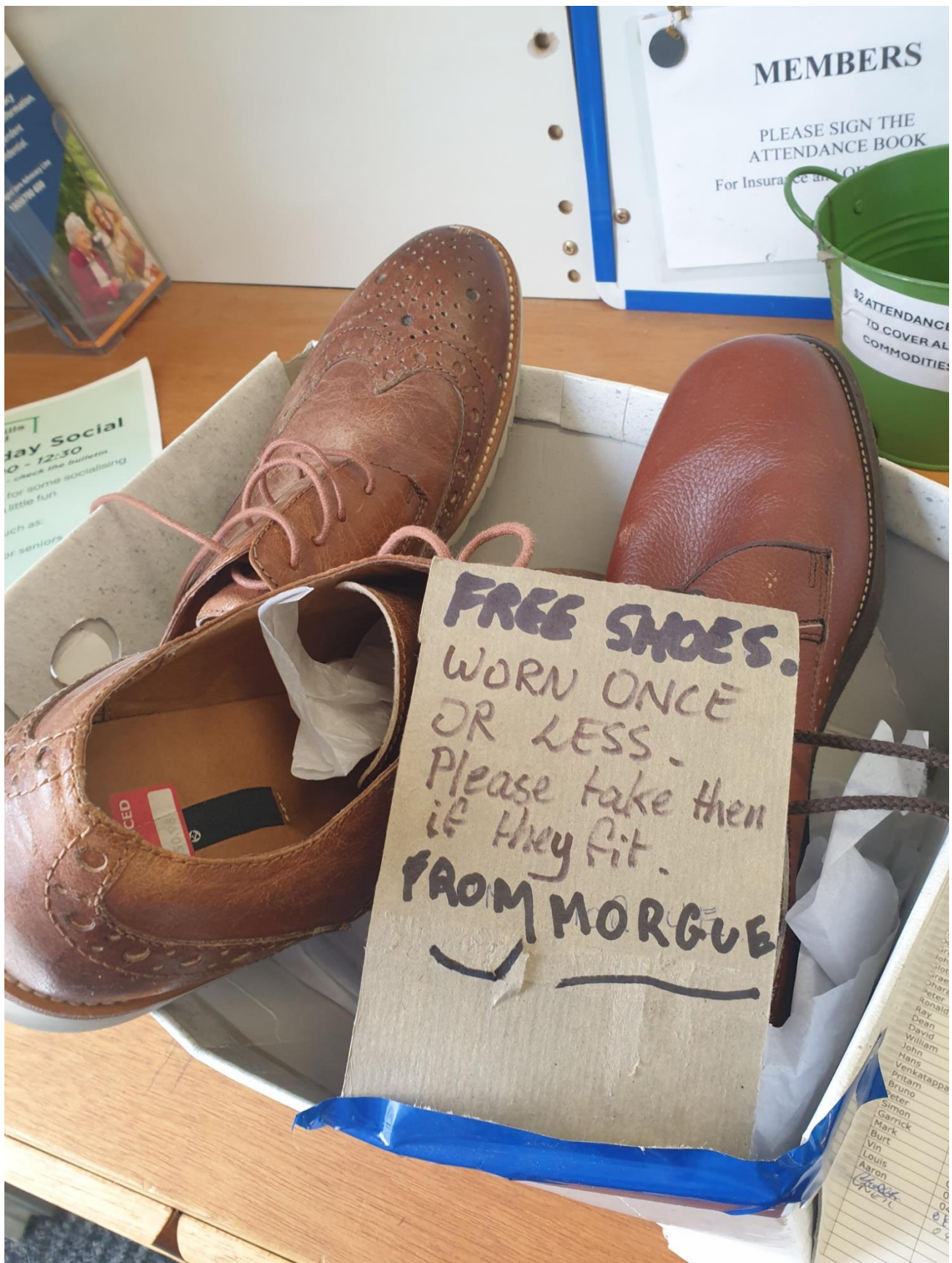
A Rogue's Gallery?

## Ian Cole's contributions makes excellent filler



But I've had enough (Not with Ian's jokes but this bloody Bulletin).

## Tony R's late contribution

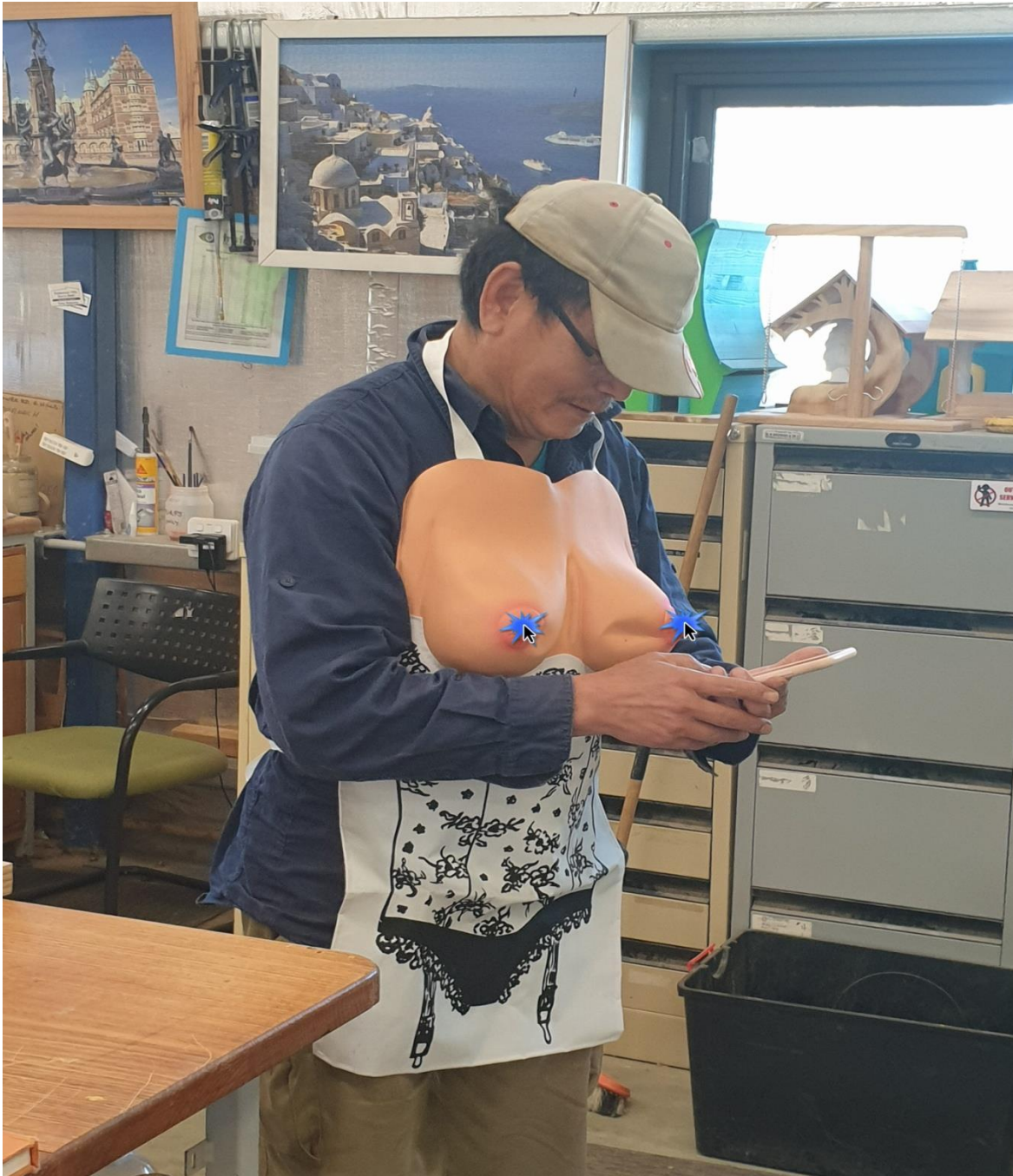


## **Rogue of the Week** (what can I say?)

Tony R. submitted this Rogue of the week photo ...

But I'm not sure if it's a friend of Tony's, an acquaintance of Carmelo's in Asia or Aaron Zhong ...

or is it a part of the EHMS's **Diversity, Equity& Inclusion** promotion...



As Len previously said ..

***"A man's gotta' do what a man's gotta' do!"***

(But WTF?)